

**woman's
Trust**

*Recovery from
Domestic Abuse*

ANNUAL REPORT

and Financial
Statements

2025/26



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I have not been able to afford counselling since I escaped from an abusive relationship. Being able to have a regular slot with a counsellor who helped me to open up about my trauma, without having to constantly worry about the costs, was very healing. I received such good care and I am so grateful.

Woman supported, September 2025



Charity Registration Number 1143513
Company Registration Number 06886781 (England and Wales)
More about Woman's Trust
www.womanstrust.org.uk

Chair and CEO Message



Niki Scordi, Chair



Alice Piller-Roner, CEO

I am honoured to be joining Woman's Trust at such an important moment in its history. For 30 years, the organisation has had a vital role in supporting women and children whose mental health has been impacted by domestic abuse. I look forward to working with the team, trustees and partners to build on this work, so that more survivors can access the support they need to recover and rebuild their lives.

This year, women and children have continued to face worsening abuse and mental health. With 1 in 2 women seeking mental health support doing so due to domestic abuse, 9 out of 10 women continue to report counselling and mental health support as their priority needs and domestic abuse-related suicides overtook domestic homicides for another year.

Woman's Trust **faced increasing demand for our services**, once again; this year we were only able to provide direct therapeutic support to two thirds of those contacting us. Without our support, women are left with nowhere to turn to, as the NHS Mental Health Services continued to report waiting lists and London's statutory services, including social care and housing, were also overwhelmed.

Woman's Trust campaigned during the year, following its launch of the **"Living without Hope"** report, to improve the mental health response for survivors of domestic abuse. We wrote an open letter to ministers, calling for mental health response to domestic abuse to be made a priority by the new Government. We met with Home Office and Department of Health ministers and responded to government consultations, in order to influence government policy for improved mental health outcomes.

In line with our Strategy, we continued to **develop innovative services and partnerships** across the whole system. We worked together with our committed funders and statutory agencies, to provide high-quality trauma-informed services across London and beyond. We built on our partnerships with other specialist women's charities, to reach those facing multiple disadvantages and diverse groups. We developed innovative peer-led mental health services and specialist mother and child groups, building on our specialist young women and girls mental health responses for those affected by domestic abuse.

Towards the end of the year, **Heidi Riedel stepped down as Chief Executive**, after over a decade in post. Her leadership and commitment enabled Woman's Trust to become the leading expert service at the intersection of domestic abuse and mental health. The new CEO, Alice Piller-Roner, joined in April 2026, sharing our commitment to build national responses and partnerships, as we develop our new Strategy.

We are privileged to work with passionate, committed and expert staff, both our counsellors and front-line colleagues, and the wider Woman's Trust team.

As we prepare to mark 30 years since the founding of Woman's Trust in 2026, we thank all our supporters, funders, partners and colleagues; we cannot do this without you.

woman's
trust

Vision, Mission & Approach

Woman's Trust is a women-only organisation, rooted in the lived experiences of the women and the communities we serve for almost thirty years.

Our vision

is a world where women and children have the resources to prevent domestic abuse damaging their futures.

Our mission

is to help women and children affected by domestic abuse to overcome the mental and emotional harm and rebuild their life, by providing women-only, client-led counselling and mental health support services.

Woman's Trust is the leading specialist service provider

of pioneering, free and confidential mental health responses for survivors of domestic abuse. Our work is centred on specialist 'person-centred' counselling and therapeutic services; a trauma-informed approach; and expertise in understanding the dynamics of domestic abuse and its long-term effects on women's and their children's lives.

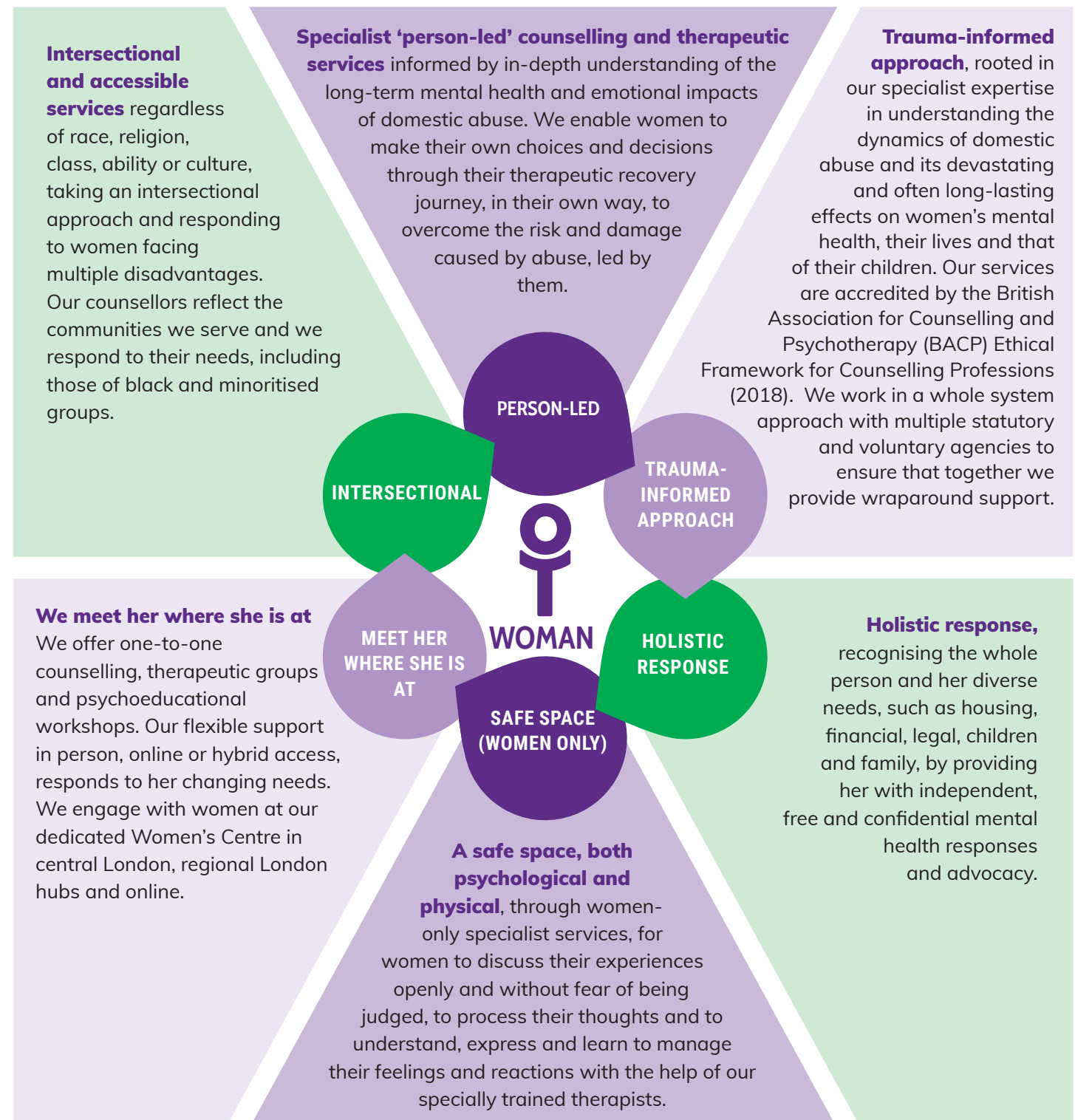
We provide a safe environment for women to talk about their experiences openly and without fear of being judged, supported by our specially trained therapists. We work with women at our dedicated Women's Centre in central London, regional hubs and online, to meet women where they are at.

Healing starts
with
being heard

Our approach

The Woman's Trust Person-led therapeutic Model

Our approach is centred on principles rooted in women's lived experience of violence and abuse they have experienced because they are women:



Working in partnership: A whole system approach

We also work in a whole system approach to raise awareness and improve understanding of the impact of domestic abuse and VAWG on women’s and girls’ mental health, aiming to deliver systems change and improve outcomes for survivors.

- We engage with voluntary and statutory sector partners, **working in partnership to develop frameworks and responses** to meet the needs of women and girls. We are part of the award-winning Angelou Partnership, the London VAWG Consortium, and Whole Housing Approach Partnership, partnering with over 30 specialist charities.
- We provide **awareness raising workshops and training for professionals and front-line workers**, both voluntary and statutory partners, on mental health, suicidal ideation and improving responses and mental health outcomes for women and girls survivors of DA.
- We carry out **research and share practice-based evidence**, based on our almost 30 years of experience. We amplify the voices of women who are experts by lived experience. Our best practice approaches and publishing briefings to influence commissioners and policymakers across local and national government level.



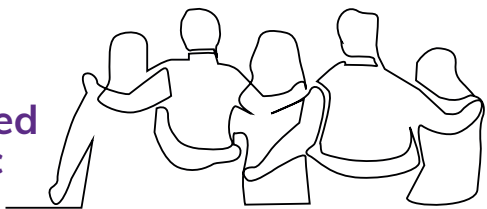
Our impact at a glance

1,518

women referred
to our services

818

women offered
therapeutic
support



700

received triage
advice and
support



Engagement in our services

430

women received
Counselling



124

women offered **therapeutic
support**

34

young women and girls (under 26yrs)
received **Counselling**

32

young women and girls (under 26yrs)
in **Groups Programmes**

121

women received **Workshops**

98

women received **Peer-Led
Support Groups**

Outcomes of our services

Counselling



74%

reduced suicidal
thoughts and ideation

60%

reduced self-harm

93%

reduced feelings of
anxiety and stress

89%

had more control
of their future

89%

improved relationship
with children

Therapeutic Support Groups



91%

felt less isolated

100%

improved confidence

96%

reduced feelings of
anxiety and stress

91%

had more control
of their future

100%

having more
knowledge about
their own rights

Self- development workshops



85%

feeling better
equipped to cope

97%

improved self-
esteem

100%

improved inter-
personal interaction

91%

better equipped
to cope with the
experience of
domestic abuse

Counselling and Mental Health Services provision



Domestic abuse affects one in four women in the UK. The emotional and psychological impact of abuse can be profound and long-lasting, affecting women's mental health, confidence, relationships, parenting, and overall wellbeing long after the abuse has ended. One in five children are also affected, both as witnesses and victims themselves.

At Woman's Trust, we support women to recover from the trauma of domestic abuse and rebuild their lives through specialist mental health and wellbeing services. Our services are trauma-informed, women-centred, and designed to provide safe spaces for healing, empowerment, and recovery. Our support includes:

- Specialist one-to-one counselling delivered by qualified specialist counsellors
- Therapeutic support groups, providing connection and emotional support
- Dedicated services for mothers with children, and young women and girls aged 16 to 24
- Peer led support groups providing support by women with lived experience
- Educational and self-development workshops focused on recovery, confidence-building, emotional wellbeing and resilience
- Webinars and online resources accessible to women seeking information

Our counselling and support group services are accredited by the British Association for Counselling and Psychotherapy (BACP), reflecting our commitment to delivering safe, ethical and high-quality therapeutic support.

"I feel so grateful for giving me 16 weeks' sessions with my counsellor. Before I had my counselling, I was in a mess inside. Although I had counselling in the past, the fact that I was allocated enough time to unburden any negative emotional charge I had been keeping helped tremendously in my healing journey. In the past, I could not talk about my experience without tearing up. I withheld so many things about me, but through counselling I've been able to be myself: open, receptive and genuine."

Women access our services directly or through a referral from diverse pathways, including statutory and voluntary partners. Women can choose to access one or more services simultaneously or one after the other, as each woman's journey is tailored to her needs. Through our work, we aim not only to reduce distress and isolation, but also to help women regain confidence, strengthen resilience, and move towards safer, healthier and more independent futures.

Referral and Assessment Helpline

Assessment for direct support or triage advice and signposting to a range of alternative services



Long-Term Counselling

Up to 18 one-to-one person-centred counselling sessions with a professional specialist counsellor, with domestic abuse expertise.



Therapeutic Support Groups

Up to 8 sessions, led by a specialist counsellor, empowering women to share experiences and support each other



Young Women and Girls

Young People 16-25 years specialist workshops and 1-2-1 therapeutic support



Psycho-educational Webinars

Videos of psycho-educational workshops on a range of issues, and information available on our website



Self-Development Workshops

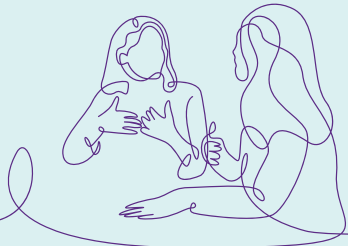
Online and in person sessions designed to help women with the practical and emotional impact of domestic abuse, to support their recovery



Peer-Led Support Groups

Peer to Peer led and run support groups which enable survivors to connect with a community of women who share similar lived experiences whilst reducing isolation

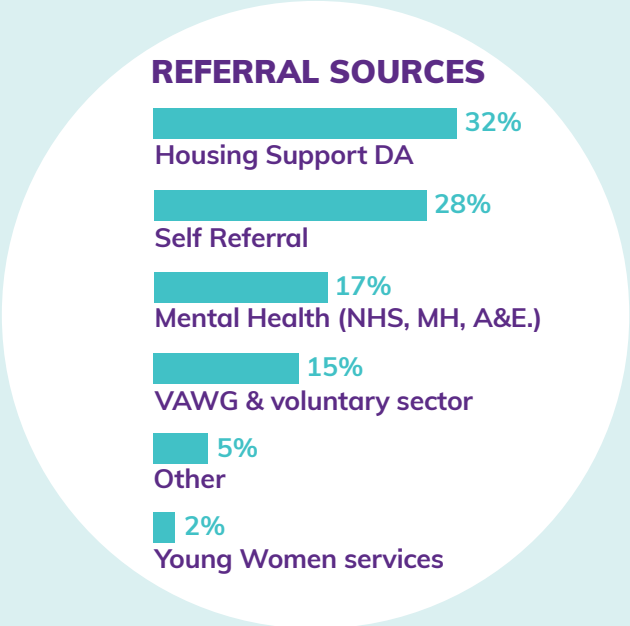
Our reach: referred to and engaged with our services



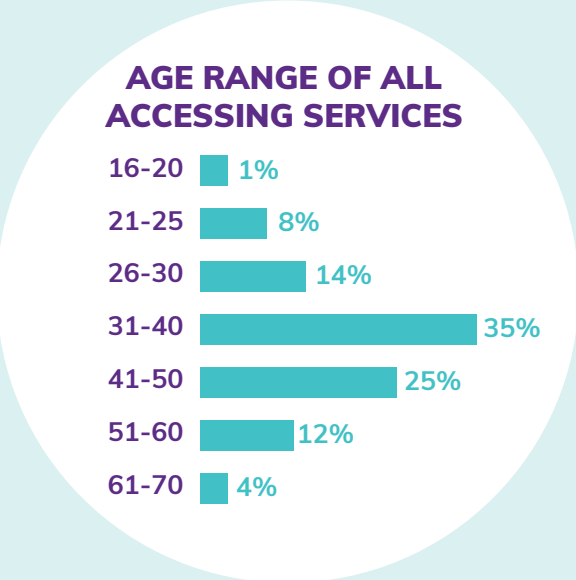
Throughout the year 2025/26, Woman's Trust **received 1,518 referrals** (1,289 in 2024/25) from a variety of sources, **with 818 women offered ongoing therapeutic services** (833 in 2024/25). In addition, 700 women were provided with triage support and sign posted to alternative non-specialist services for further support, as unfortunately we were already at capacity and once again, need exceeded resources.

Our main referrals continue to be:

- 32% from our partnerships with London Whole Housing Partnership (LWHSP) and Floating Support Service (PLFSS) housing programs
- 28% self-referrals directly from women survivors who reach out to us,
- 17% from Mental Health organisations including the NHS
- 15% referrals from VAWG organisations through our networks and partnerships.



At Woman's Trust, 50% of women and girls who accessed and engaged with counselling, support groups, and workshops came from global majority (including Black, African, Asian, dual-heritage and racialised) groups, compared to 47% of London's demographic profile (Census, 2021).



Our services are offered to girls and women aged 16 years old and above.

Women aged 31 to 50 represent 61% of those engaged with our services, although demand for services to girls and young women is increasing.

Young women and girls from 16 years old to 25 years old now represent 9% of all clients.

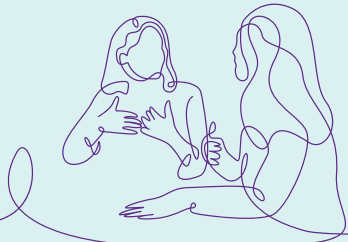
Since the launch of the specialist service to 16 to 25 years old, in partnership with London's Violence Reduction Unit in 2022, we have been delivering one-to-one therapeutic counselling and awareness and self-development workshops across 6 London boroughs.



"I feel so much better in myself and have finally been able to live in the now and not in the past. I have never spoken to anyone about what I've been through until I was contacted by Woman's Trust. Without them I would still be in a dark place feeling low and alone and I know there is a lot of women out there who feel the same. We need Woman's Trust to help us get back to being ourselves."

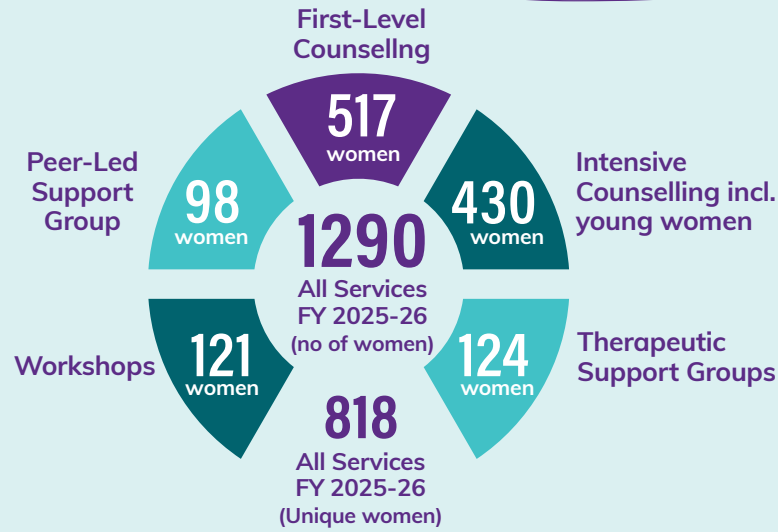
Woman supported, October 2025

Services provided and impact through outcomes achieved



Our goal is to offer a variety of services tailored to address the diverse needs of our clients and aid them in overcoming the trauma of domestic abuse. We supported 1,518 women that were referred, of which 700 had triage service and **818 women and girls were provided at least one of our specialised services.**

* a unique woman is counted once irrespective of the number of services she attends



1. Referral and Assessment Helpline

A total of 1,518 women were referred to our services, and 700 were provided information and immediate support where necessary. 818 women were eligible and offered further counselling and mental health support.

Due to limited resources, 512 women eligible for service were turned away through the year and were unable to be supported as at 31 March 2026.

2. Counselling Service



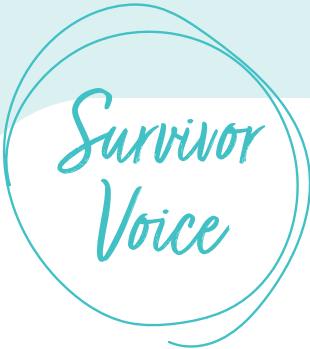
A total of **517** had the first-level counselling (i.e. initial sessions) and **430 received ongoing counselling support**, with 5,099 total counselling sessions delivered in the FY 2025/26 of which 76% (3,876) were attended.

We ensure the effectiveness and impact of our services on women’s lives, through the Clinical Outcomes in Routine Evaluation (CORE) for counselling and entry and exit questionnaires (EQ) for all our services. Women engaging with counselling services reported an improvement in their mental health and well-being, and reduction in suicidal ideation, as well as more able to make life choices and have better relationships and connections.

Women told us that our support helped with their recovery from domestic abuse and improved their mental health:

- 93%** reduced feeling stress and anxiety
- 74%** reduced suicidal thoughts and ideation
- 60%** reduced self-harm
- 89%** improved their self esteem
- 87%** were more confident

- 89%** had more control of their future
- 89%** had improved their relationships with their children, of those with children
- 92%** had improved their interpersonal and family relationships
- 91%** had knowledge of how to access services for support



** Katrina received counselling*

After years of abuse, one Woman’s Trust client found herself facing the breakdown of her relationship and a deeply uncertain future.

Having spent many years raising her family, she was left financially vulnerable and struggling to rebuild her independence. Her former partner had controlled the family finances, leaving her facing significant financial uncertainty and concerns about her home and her children’s future.

Alongside the practical challenges and the pressure of having to find a new job, the emotional toll of abuse and the separation had been enormous. She described feeling exhausted, overwhelmed and unsure how long she could continue dealing with the pressures ahead.

With support from Woman’s Trust, she began to find the strength to keep going and to face the challenges in front of her.

“The emotional, financial and physical toll has been enormous, and it will take me a long time to recover. And we’re not even near the end yet. I can’t see the finish line. I don’t know how much longer I can keep tying these knots for.

“Some days, that breaks me. The tears come and I struggle to stop them.

“Thanks to the support from Woman’s Trust, I carry on. Somehow, a strength appears.

“Broken or not, I’m still their Mum.”

* The name has been changed to protect the identity of the woman.





“I was so grateful to receive therapy from a highly skilled counsellor who was experienced in discussing the patterns and behaviours involved in domestic abuse and unhealthy relationships, as well as with working with women in similar positions. I think it’s so important that the Woman’s Trust be supported because so many women, of all ages, financial backgrounds, ethnicities and sexualities experience DV and there aren’t a lot of places we can turn.

Woman supported, October 2025



3. Therapeutic Support Groups



Our specialist and trained counsellors facilitated a total of 23 Therapeutic Support Groups cycles throughout the year, with each group comprising 8 sessions – a total of 184 therapeutic group sessions. For support group programmes ending in FY2025/26, these garnered a significant attendance of 703 attendances, with 124 unique women benefiting from the service.

The impact of the Therapeutic Support Groups was overwhelmingly positive, as women reported:

- 93% experienced a reduction in stress and anxiety levels.
- 91% felt less isolated.
- 100% of participants reported an improvement in their confidence.
- 91% felt a greater sense of control over their future.
- 100% reported improved ability to participate in group discussions.
- 100% indicated an enhanced understanding of their rights.

“All in all, a positive experience. I felt heard and connected to other women. I didn’t feel alone anymore. It helped me socialize, it gave me routine and an opportunity to go out of my house, change scenery.”

Woman supported, Feb 2026

“Sharing our stories and the support we gave each other to do this. I did not know how well that would work in an online environment, but it worked quite well.”

Woman supported, Feb 2026

4. Self-Development Workshops



Our Self-development workshops were accessed by 121 women, with 87 workshop sessions attended and a total of 340 attendances reported improved ability to participate in group discussions.

Groups include:

- Workshops focused on empowering women with knowledge and awareness of the effects that domestic abuse may be having on them and others, and helping to rebuild their self-esteem and confidence in a safe, supportive environment amongst peers, funded by City Women Network and the RBKC Serious Violence Unit,
- Thrive Futures Theatre workshops- partnership project aimed at providing a space for women to express themselves by connecting with other women through creative activities, and for them to rediscover and explore skills and talents.

4. Self-Development Workshops contd

Women reported positive outcomes and impact of the workshops:

“Thank you for allowing me to participate and thank you for such a positive experience this has definitely encouraged me to try other forms of groups/therapies and workshops.”

Woman supported, June 2025

“Always a lifeboat and a life saver. Woman’s Trust and [my Groupworker] are the single most vital factor that have helped in my recovery. I hope I can give back one day. Thank you.”

Woman supported, June 2025

- 98% improved understanding of domestic abuse
- 95% of the women experienced an improvement in their self-esteem
- 100% reported improved interpersonal interactions
- 92% felt an increase in their overall confidence
- 85% increased willingness to take positive steps towards changing their lives
- 85% felt better equipped to cope with their experiences of domestic abuse
- 85% felt workshops improved their skillset

The outcomes and women’s feedback demonstrate the effectiveness of our Self-Development Workshops in empowering women, enhancing their well-being, and enabling them to overcome the challenges associated with domestic abuse.

Specialist groups provided based on needs, such as housing or for young women and girls, include:

• **Women and children with housing needs**

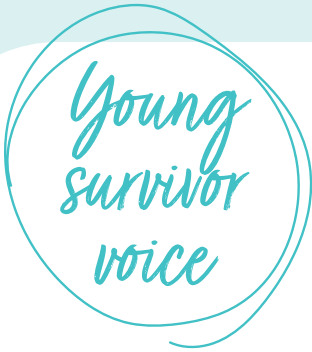
Workshops were delivered specifically aimed at supporting women and their children with housing needs, including those leaving refuges and based in the community. This is part of the Domestic Abuse Safe Accommodation provision part of the GLA-funded Floating Support (PLFSS) programme in partnership with the London VAWG Consortium and Refuge, as well as a programme in partnership with Advance and other partners.

• **Young women and girls**

Workshops for young women aged 16 to 25 experiencing domestic abuse and additional needs including care leavers, school exclusions and at risk of exploitation and offending. This is a specialist young women and girls approach developed by Woman’s Trust and currently delivered part of the Maia programme, in partnership with Advance and London’s Violence Reduction Unit.

Young women and girls reported a positive impact of the service;

- 100% improved understanding of domestic abuse
- 90% improvement in self esteem
- 100% reported feeling less isolated
- 100% reported improved interpersonal interactions
- 88% increased willingness to take positive steps towards changing their lives
- 88% felt better equipped to cope with their experiences of domestic abuse
- 100% felt workshops improved their skillset



* *Samantha*

Samantha describes her abuser of creating a world of restriction and fear, with a pattern of escalating control: extreme jealousy, isolation from friends, and strict rules over her behaviour.

The woman was in a relationship with her abuser throughout her teenage years.

“I wasn’t allowed to go out unless I was with him,” she said. “He monitored how I spent money. There was emotional abuse and then it became physical. It became a habit.”

After being referred through the NHS, Samantha says Woman’s Trust has been central to her recovery.

“It was empowering,” she said. “If I have a bad day now, I know that’s okay. I don’t know how I would have got through it without that support.”

She believes her experience highlights the importance of early intervention and support, particularly for young women.

“Being young and going through that - you can’t imagine it,” she said. “You often want to give second chances. I was a people pleaser.”

Her advice to others is clear:

“The hardest thing is telling someone. But you know the signs when you see them. You are not alone, even though it feels like you are.

“Knowing I’m safe, knowing I have support, that changed everything,” she said. “Abuse is isolating. Now I can trust people again. I can go out, live my life, and not be afraid.”

* The name has been changed to protect the identity of the woman.



5. Peer-Led Groups



The Peer-led sessions were facilitated by women volunteers with lived experience of domestic abuse, who had previously benefitted from Woman's Trust support services. The women are trained and supported by a qualified specialist counsellor, enabling them to build on their own skills and gain work experience, as they move forward with their lives.

Our experienced group workers supported 8 volunteer peer facilitators to provide 21 Peer-led support group sessions. The Peer-led Support Group garnered a significant attendance of 222 attendances, with 56 unique women attending the service.

The impact of the Therapeutic Support Groups was positive:

- 99%

felt positive impact on their mental health and wellbeing
- 100%

of the women experienced an improvement in their self-esteem
- 91%

felt better equipped to cope with their experiences of domestic abuse
- 99%

of participants reported an improvement in their confidence
- 97%

reported improved interpersonal interactions
- 97%

felt the peer-led support groups improved their skillset

"I can't thank [Peer facilitator 1] for this workshop. She delivered it so professionally with confidence. She gave us all confidence and has a lot of wisdom. [Peer Facilitator 2] is really good and supportive too in assisting. I thank you all at Woman's Trust for how you're continuing to help me and us all. Without your support I wouldn't be here."

Woman supported, June 2025

The volunteer peer facilitators reported significant improvements in key areas of their lives:

- 99%

felt positive impact on their mental health and wellbeing
- 100%

reported an improvement in confidence
- 100%

felt ready to take positive steps to change their lives
- 75%

felt better equipped to return to or further their employment
- 100%

reported improved social skills and community connections
- 100%

reported feeling less isolated
- 100%

felt facilitating the sessions improved their skillset



"I loved working with peers in a non-judgmental space and witnessing each client use their creative powers to express themselves and have an impactful voice for change. I am impressed that Woman's Trust cares about the long-term welfare and wellbeing of the women they support by offering this life changing opportunity to rebuild self-esteem, confidence and improve ongoing personal and professional development and job opportunities for those who find facilitating as a passion. I also enjoyed the safe and peaceful space during each session and the opportunity to be vulnerable and feel comfortable with it."

Peer Facilitator, December 2025



Influencing for systems change

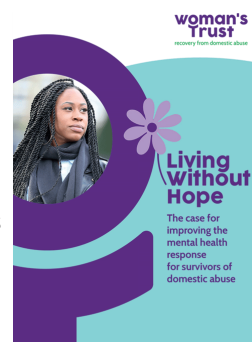


Woman's Trust has played a prominent role in the national conversation on domestic abuse and mental health, amplifying survivors' voices and shaping national conversations

We work in a whole system approach to raise awareness and improve understanding of the impact of domestic abuse and VAWG on women's and girls' mental health, aiming to deliver systems change and improve outcomes for survivors. This year, we stepped up our campaigning and stakeholder engagement work once again.

"Give Survivors Hope" Campaign

Following the launch of our "Living without hope" report in March 2025, we shared our findings and recommendations through continued engagement with NHS commissioners and local authorities, the Greater London Authority (GLA), the Mayor's Office for Policing and Crime (MOPAC), the Domestic Abuse Commissioner's office and London Victims' Commissioner.



In May 2025, we launched our new Campaign "Give Survivors Hope". In an open letter to Ministers, signed by 100 partners and charities, we called on government to take immediate action:

- Make the mental health of domestic abuse survivors, particularly women and children, a key priority and focus of both the Mental Health and VAWG Strategies, planned to be launched by the Department of Health and the Home Office in 2025.
- Provide funding of at least £27.5m per year to deliver specialist counselling and therapeutic support in the community, for women and girls affected by domestic abuse, in the Spending Review in 2025.

Read our Open Letter to Ministers
<https://womanstrust.org.uk/wp-content/uploads/2025/05/Letter-to-secretaries-of-state-and-ministers-12-May-2025-1.pdf>



Niki Scordi, Chair with Jess Phillips MP

We took our campaign to the heart of Government. We welcomed the opportunity to meet with Jess Phillips MP, Minister for Safeguarding and VAWG at the Home Office, and Baroness Gillian Merron, Minister for Mental Health and Women's Health at the Department of Health and Social Care, to discuss how we can work together to improve mental health outcomes for women and girls' survivors.

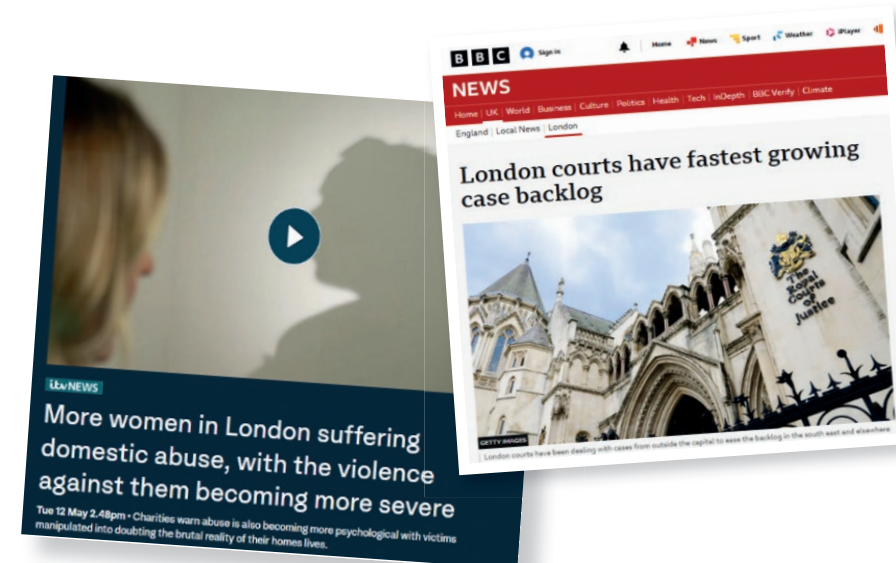
We continued to share our expertise, practice-based evidence and outcomes, to inform local and central government policies and approaches, in roundtable discussions and consultations. We also collaborate with partners to develop whole system approaches that centre the experiences of women and children survivors.

Our campaigns in the press

Our expertise and insights were featured across major media outlets, including BBC news, ITV, Sky News, The Independent and Metro, and were sought for expert commentary, as well as appearing in leading professional publications such as Therapy Today, Centre for Mental Health, and Social Care Today.

At the heart of our coverage were the courageous voices of Woman's Trust clients, who shared their experiences to highlight the lasting impact of domestic abuse on women's mental health.

Through their stories, they shone a light on the challenges survivors face, while demonstrating the transformative role that specialist support can play in helping women rebuild their lives. Together, these stories have helped raise awareness, influence public discourse and strengthen the case for policy and systemic change.



"The Woman's Trust, which provides specialist mental health support for women affected by domestic abuse, said long court delays were discouraging some victims from continuing with cases, even though charges had been brought... all women going through the court process should be automatically offered emotional and therapeutic support throughout their case."

BBC

"Natalie says real support came when she reached Woman's Trust, a specialist mental health charity that provides free counselling and therapy for women who have experienced domestic abuse."

"They have given me my identity back," Natalie remarks. "Woman's Trust help you on a more personal level and that's exactly what I needed. The worst had happened and I felt valued again. When I first started using the service, they had to put a pie chart on the wall to explain what had happened to me."

Social Care Today



Organisational Structure and Risk Management



Organisational Structure

Woman’s Trust’s ultimate decision-making body is its Trustees, working collectively as a Board. The Trustees are the Directors of the company and are responsible for the charity’s overall governance, strategic direction and stewardship of resources. The Board is supported by its three Committees, which provide additional oversight and scrutiny across key areas of governance, including ethics, practice and safeguarding; finance, operations and people; and fundraising and communications.

Day-to-day management of Woman’s Trust is delegated to the employed Chief Executive Officer. The Chief Executive Officer is responsible for leading the organisation, implementing the strategy agreed with the Board, and delegating work to staff and volunteers through the senior leadership structure. The Chief Executive Officer works with the Senior Management Team leading therapeutic services, fundraising and development, communications, finance, and people and operations, to ensure that Woman’s Trust’s services, partnerships, fundraising, systems and organisational culture support the delivery of its mission.

Woman’s Trust maintains a core staff team recruited for specific skills and experience. All our staff are women, dedicated to the ethos of Woman’s Trust and determined to provide women in London with the specialist, trauma-informed support they need. Woman’s Trust counsellors include fully qualified employed counsellors and volunteer counsellors, some of whom are still undertaking their training. This mixed model enables Woman’s Trust to combine specialist clinical expertise with supported placement and volunteer routes, while maintaining appropriate supervision, safeguarding and service quality arrangements.

The Board conducts periodic skills audits to identify the skills, knowledge and experience needed to support Woman’s Trust’s governance and strategic priorities. Board vacancies are advertised according to identified gaps, including the need for expertise relevant to the charity’s service quality, safeguarding, finance, fundraising, communications, people and organisational development responsibilities. Candidates are interviewed by the Chair and other Board members and, once shortlisted, are invited to observe at least one Board meeting before appointment by the Board.

On appointment, each Trustee is given information about Woman’s Trust’s services, strategy, governance arrangements and key organisational policies. Trustees receive an induction to the work of the service and key organisational aspects, including meeting members of staff who introduce their areas of work. The charity provides opportunities for Trustees to attend internal specialised domestic abuse training and external training, including governance and charity finance. Trustees are also encouraged to undertake further training relevant to their Committee responsibilities and to the charity’s strategic priorities.

Risk Management

The Trustees have assessed the major risks to which the charity is exposed in line with the risk management policy. The Trustees and Chief Executive Officer undertake regular risk assessments, including an annual risk analysis which forms part of the charity’s strategic planning process and the individual risk assessments of proposed new projects or developments.

The Board receives regular reports through its Committees, including on service quality and safeguarding, finance and operations, people matters, fundraising and communications.

Where major risks are identified, the Trustees take appropriate action to ensure that these are mitigated.

Major risks and mitigation responses are identified below.

Risk identified	Response to Risk
Sustained demand for specialist therapeutic support exceeds available capacity. Woman’s Trust continues to experience significant demand for its services, with need exceeding available resources.	We continue to manage referrals through assessment, triage, signposting and allocation processes. We are reviewing referral pathways, waiting list management and caseload processes to support timely access to services. We continue to use a mix of online, hub-based and face-to-face delivery to improve access and make best use of available capacity. We use service data, client feedback and outcomes reporting to inform service planning, funding applications and Board oversight. We continue to develop partnerships and funding opportunities that support the strategic ambition to reach more women.
Trust, foundation and statutory funding remain very competitive and uncertain, while the cost of delivering services continues to increase. Short-term and restricted funding can limit the organisation’s ability to plan services and core infrastructure over the longer term.	We continue to diversify income across trusts and foundations, statutory funding, corporate partnerships, individual giving and community fundraising. We monitor funding pipelines and renewal timetables so that bids to renew or secure funding are planned in advance. We build the annual budget based on secured funding and an identified funding gap, which becomes the fundraising target for the year. We continue to develop stronger cases for support, project budgets and partnership opportunities linked to our strategic priorities. We maintain reserves and contingency plans to manage funding gaps and any necessary service changes.
Loss of key staff, recruitment challenges and pressure on staff wellbeing could affect organisational resilience and service delivery. Specialist roles can be difficult to replace quickly, particularly in London and in a competitive employment market.	We continue to review the organisational structure, roles and responsibilities to ensure that staff and volunteers are deployed effectively. We have introduced longer notice periods for key positions. We continue to document systems, job descriptions, responsibilities, meetings and plans so that organisational knowledge is not held by one person. We review salary scales where possible and invest in training, supervision, professional development, flexible working and wellbeing support. We continue to develop our people and culture work in line with the strategy, and Board oversight through the relevant Committee.
Insufficient qualified counsellor capacity could affect Woman’s Trust’s ability to deliver a safe and effective therapeutic service.	We continue to maintain a mixed counselling model of qualified employed counsellors and a small number of appropriately supported volunteer or placement counsellors. We continue to use volunteer placement counsellors as part of a supervised pathway and as a potential future pool of employed counsellors. We maintain clinical supervision, safeguarding oversight, service quality reporting and compliance with relevant counselling and community service standards.
Systems, data and reporting may not be sufficient to support service planning, fundraising, governance and evidence of impact.	We continue to strengthen internal reporting so that the senior team and Board can make informed decisions based on activity, outcomes, risk and financial information. We use outcomes data and client feedback to evidence the impact of Woman’s Trust’s services and to support fundraising, influencing and commissioning conversations. We review the systems used for service delivery, fundraising and management information so that they support effective oversight and decision-making.
Failure to maintain and grow strategic partnerships and influencing activity could limit Woman’s Trust’s ability to achieve wider systems change.	We continue to work through existing partnerships and sector networks to improve awareness, referral pathways and responses for women and girls affected by domestic abuse. We continue to engage with voluntary and statutory partners, commissioners, funders and policymakers to make the case for specialist mental health support. We use research, service evidence, client voice and communications activity to raise awareness of domestic abuse, trauma and mental health, and to support our ambition to improve access to specialist support.

Financial overview, Reserves and Fundraising

Financial Activities Overview

Woman’s Trust received £1,215,542 in total income in the year to March 2026, 14.6% increase on the previous year. Unrestricted income of £382,407 made up to a third of Woman’s Trust total income. Of that sum, unrestricted donations and gifts were £90,063. Restricted income totalled £833,135.

In the year to March 2026, expenditure was £1,161,903 increased by 8.7% compared to the previous year. Service provision costs increased, both staff and project activities costs. The labour market tightened further in the year, and it was necessary to use specialist agencies and some sessional staff during the year, increasing staffing expenditure.

The cash position at the end of the year was £538,678, an increase on last year’s cash at £476,580. Restricted funds carried forward were £51,146, reflecting the fact that project funding is rarely aligned with financial years. The unrestricted funds stood at £531,435 at the end of the year, and this similarly includes designated funds of £60,000 set aside to cover core and projects. This leaves reserves funds of £471,435, an increase of £49,929 over last year.

Reserves Policy

The Trustees review the Reserves Policy annually and the calculation of the required level of reserves is an integral part of the organisation's planning and budgeting. It takes account of the risks associated with each stream of income and expenditure being different from that budgeted, the organisation’s commitments and the planned activity level.

The reserves policy requires free reserves (i.e., unrestricted funds excluding designated and Assets) to be maintained at a level which ensures that the organisation's core activity could continue during a period of unforeseen difficulty such as:

- a funding gap, possibly whilst waiting for the result of an application;
- funding short term deficits in a cash budget, when paid in arrears;
- covering unforeseen day-to-day operational costs, such as paying temporary staff in the absence of permanent staff;
- covering unforeseen emergency costs.

The Trustees believe that it is prudent for the financial reserve to be at least three months’ running costs to meet the above obligations. Our long-term objective is to move to a six months’ reserve policy. We increased our reserves excluding designated funds in 2025/26 to £471,435 (2024/25: £421,506) in line with our increased core costs, and plan to maintain this level in 2026/27.

Going concern

The investment we made in partnership working produced several new strands of multi-year statutory funding. In addition, we have secured several other multi-year funding grants and donations from trusts and foundations, corporate funders and donations. Our current position is sufficiently secure, supported by reserves, to give assurance that Woman’s Trust remains a going concern for the following reasons:

- budget and cash flow forecasts prepared show that Woman’s Trust has sufficient funds to meet its obligations for the next nine months and we have a fundraising plan, and fundraising resource, in place to raise funding beyond that time; and
- management information systems enable timely decision making.

Fundraising Overview

Woman’s Trust complies with the Fundraising Code of Practice and is registered with the Fundraising Regulator. Woman’s Trust does not use any professional fundraiser or commercial participator to raise funds on our behalf. No complaints have been received about our fundraising activities.

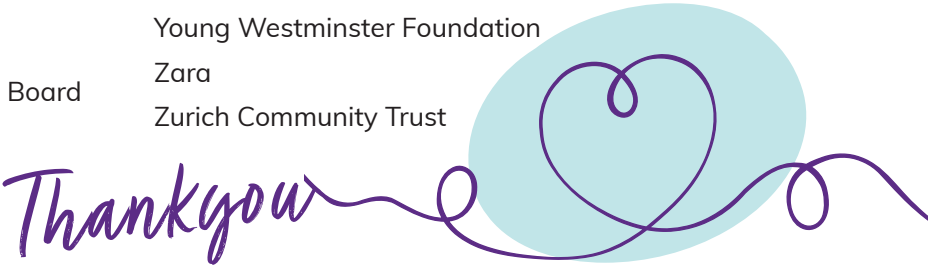
Charitable trusts and foundations, and statutory funders such as the NHS, Local Authorities and central government represent our main fundraising activities. In 2025-26, 47% of our income came from trusts and foundations (£514,312) and 41% from statutory bodies (£476,357), including partnership grants with Advance, Refuge and Women and Girls Network. 7% of our income came from major donors (£82,500).

We have also increased our income from donations by community fundraising and building relationships with corporate and individual donors. Donations received as a result of active fundraising are dedicated to the purpose for which they were raised for. Our community fundraising increased to £43,599 (3%), and our corporate income increased to £17,490 (1%). These continue to be focused areas of growth going forward.

Woman’s Trust wants to thank our funders and donors for their new and continued support, including:

City Bridge Foundation
City of London Solicitors' Company
Dr Edwards and Bishop King's Fulham Charity
Dudley and Geoffrey Cox Charitable Trust
Everest Trust
Garfield Weston Foundation
Gowling WLG (UK) Charitable Trust
Greater London Authority
Greenwich Peninsula Community Fund
Hackney Parochial Charities
Hammersmith United Charities
Henry Smith Charity
Impact London Collective
Julia Rausing Trust
Bruno Schroder Trust
London Borough of Richmond
London Borough of Wandsworth
London Councils
London CRS (Ministry of Justice/ Major's Office for Policing and Crime/ NHS)
London Freemasons' Charity
London Violence Reduction Unit
Marston Holdings
Masonic Charitable Foundation
Merchant Taylor's Foundation
NHS North West London Integrated Care Board
North Paddington Community Chest

Norton Rose Fulbright Charitable Foundation
Pathways Housing Trust
Peter Stebbings Memorial Trust
Royal Borough of Kensington and Chelsea
Royal Lancaster Hotel
Sir Jules Thorn Charitable Trust
Souter Charitable Trust
The Daisy Trust
The Dentons UK and Middle East LLP Charitable Trust
The Health Lottery Foundation
The Kensington and Chelsea Foundation
The Steel Charitable Trust
The Vandervell Foundation
The Westminster Almshouses Foundation
Volatility
West Hackney Parochial Charity
Westminster Amalgamated Charity
Westminster City Council Community Priorities Programme
Westway Trust
Worshipful Company of Chartered Secretaries and Administrators Charitable Trust
Worshipful Company of Cutlers
Young Westminster Foundation
Zara
Zurich Community Trust



Future Plans and Strategy 2022-2027



Future Plans and Strategy 2022 to 2027

We have concluded the fourth year of our 5-year strategy and have delivered in-line with our strategic aims of:

- 1** Offering high quality and effective counselling and mental health services to women and children survivors of domestic abuse
- 2** Sustaining existing funds and growing our income to expand our offer to meet the increasing number and needs of women and their children
- 3** Raising awareness about Woman's Trust work and influencing the debate about domestic abuse and mental health in London and nationally
- 4** Ensure that we have the staff with the right skills, in the right place, at the right time

Our goals for the year ahead

- Deliver high-quality trauma-informed mental health services and contribute to the improvement of specialist services offered to women affected by domestic abuse nationally;
- Increase capacity of services to respond to the unmet demand for counselling and therapeutic support;
- Support the development of integrated approaches at the intersection of mental health and domestic abuse that include the impact on children and mothers, young women and girls, and the criminal justice system response;
- Publish evidence and research, and share key findings on suicide and self-harm, mental health, the criminal justice system and mental health, and young people and mental health and our interventions to influence commissioning and delivery, policy makers and government at London and National level and improve mental health and social justice outcomes;
- Further build on partnerships with voluntary, statutory and organisations to influence on key strategies and action plans on the Mental Health of Women and Girls Survivors of domestic abuse;
- Ensure the organisation is on a robust and sustainable footing, by continuing our fundraising effectiveness and maintaining our reserves in-line with our reserves policy.



In 2026/27 we will be marking **30 years of Woman's Trust** since its establishment in 1996. This will be an opportunity to reflect on our impact and work over the years.

Building on this strong foundation, we will be developing our new strategy, together with our new Chief Executive Officer, our partners, colleagues and the women and communities we support.

Governance and Administrative Information

Administrative Information

Charity Registration number
1143513

Company Registration Number
06886781
(England & Wales)

Incorporation, Memorandum and Articles of Association
24 April 2009

Registered office
West End House
37 Chapel Street
London NW1 5DP

Bankers
CAF Bank Limited
25 Kings Hill Avenue
Kings Hill West Mallings
Kent ME19 4AT

Auditors
R E Jones & Co
132, Burnt Ash Road
Lee
London SE12 8PU

The Trustees present their statutory report together with the financial statements of Woman’s Trust for the year ended 31 March 2026.

This report has been prepared in accordance with Part 8 of the Charities Act 2011 and constitutes a directors’ report for the purposes of company legislation.

Woman’s Trust is constituted as a charity registered for charitable purposes with the Charity Commission (Charity Registration Number 1143513) and a company limited by guarantee (Company Registration Number 06886781).

Board of Trustees

(at date of approval of financial statements, except where noted)

Niki Scordi	Chair
Debbie Hartley	
Laura McCarthy	Chair - Ethics, Practice & Safeguarding Committee
Linda McHugh	Chair - Finance, Operations & People Committee
Maya Rodriguez	Treasurer
Nicola Peers	Chair - Income, Communications & Policy Committee
Althea Cribb	
Deborah Freeman	Resigned 31 March 2026
Elizabeth Muir	
Florence Acquah	
Jaswinder Rehal	
Rebecca Williams	
Shivangi Medhi	
Vyara Stoycheva	

Heidi Riedel Chief Executive Officer
Resigned 9 January 2026

Alice Piller-Roner Chief Executive Officer
Appointed 7 April 2026

Public Benefit Statement

Trustees have referred to the Charity Commission’s general guidance on public benefit in reviewing the aims and objectives of the charity, in planning future activities and, in particular, how planned activities will contribute to those aims and objectives.

Woman’s Trust’s charitable objects are to relieve women and children who are or have been affected by domestic abuse, by providing counselling and support services.

Woman’s Trust’s services have the following benefits:

- Improving the mental health of women affected by domestic violence, reducing the likelihood that they will suffer from depression, post-traumatic stress syndrome, suicidal ideation, or any of the other mental health conditions associated with domestic abuse;
- Empowering women affected by domestic violence to function better and to make better choices, enabling them to live fuller lives through, for example, better relationships with other family members and people outside the home, improved ability to work, to control their own finances and to take an active role in society;
- Contributing towards the safety and emotional health of children whose families are affected by domestic violence;
- Enabling women in abusive relationships to build their knowledge of support services, social networks and personal strength so that they can mitigate risk, plan for a safer future, and understand what services are available to them.

These benefits relate directly or indirectly to several charitable purposes including the advancement of health (primarily mental health), the advancement of human rights and citizenship, the relief of poverty and of those in need. In extreme cases, this can extend to saving lives as women are empowered to overcome the danger and damage caused by domestic violence.

Woman’s Trust’s services are sex-based and offered to women and children who are or have been affected by domestic abuse but are not otherwise restricted in principle. In practice, there are certain restrictions:

- where our funding is restricted to particular local authority or other geographical areas, beneficiaries must come from those areas. This restriction varies from time to time as funders change;
- counselling is available only in certain languages;
- the needs of people with childcare (or other caring) responsibilities cannot always be met.

Woman’s Trust seeks to overcome these restrictions where funding is available. All services are currently free to users and there is no exclusion due to simple inability to pay.

All private benefits – to our staff, suppliers and volunteers – contribute directly to achieving Woman’s Trust’s aims.

For these reasons, the Trustees are confident that Woman’s Trust meets the public benefit requirements for charities.

Statement of Trustees’ Responsibilities

For the year ended 31 March 2026

Company Law requires the Trustees prepare financial statements for each financial year which give a true and fair view of the state of affairs of the charitable company and of the income and expenditure of the charitable company for that period.

In preparing these financial statements, the Trustees are required to:

- Select suitable accounting policies and then apply them consistently;
- Observe the methods and principles in Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable to the United Kingdom and Republic of Ireland (FRS 102);
- Make judgements and estimates that are reasonable and prudent;
- Material departures disclosed and explained in the financial statements; and
- Prepare the financial statements on a going concern basis unless it is inappropriate to presume that the charitable company will continue in operation.

The Trustees are responsible for keeping proper accounting records that disclose with reasonable accuracy at any time the financial position of the charitable company and enable them to ensure that the financial statements comply with the Companies Act 2006. They are also responsible for safeguarding the assets of the charitable company and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

The Trustees are responsible for the maintenance and integrity of the corporate and financial information included on the charitable company’s website. Legislation in the United Kingdom governing the preparation and dissemination of financial statements may differ from legislation in other jurisdictions.

The above report has been prepared in accordance with the special provisions of Part 15 of the Companies Act 2006 relating to small companies.

Signed on behalf of the Trustees:

N Scordi

Niki Scordi, Chair
Approved by the Trustees on 6th Oct 2026

Independent Auditors’ Report
to the Trustees

For the year ended 31 March 2026

Opinion

We have audited the financial statements of Woman’s Trust (the ‘charitable company’) for the year ended 31 March 2026, which comprise the Statement of Financial Activities, Balance Sheet, Statement of Cash Flows, and Notes to the Financial Statements, including a summary of significant accounting policies. The financial reporting framework that has been applied in their preparation is United Kingdom Accounting Standards, comprising Charities SORP - FRS 102 ‘The Financial Reporting Standard applicable in the UK and Republic of Ireland’ and applicable law (United Kingdom Generally Accepted Accounting Practice).

In our opinion the financial statements:

- give a true and fair view of the state of the charity’s affairs as at 31 March 2026 and of its results for the year then ended;
- have been properly prepared in accordance with United Kingdom Generally Accepted Accounting Practice; and
- have been prepared in accordance with the requirements of the Charities Act 2011.

Basis for opinion

We conducted our audit in accordance with International Standards on Auditing (UK) (ISAs (UK)) and applicable law. Our responsibilities under those standards are further described in the Auditor’s responsibilities for the audit of the financial statements section of our report. We are independent of the charity in accordance with the ethical requirements that are relevant to our audit of the financial statements in the UK, including the FRC’s Ethical Standard, and we have fulfilled our other ethical responsibilities in accordance with these requirements. We believe that the audit evidence we have obtained is sufficient and appropriate to provide a basis for our opinion.

Conclusions relating to going concern

In auditing the financial statements, we have concluded that the Trustee’s use of the going concern basis of accounting in the preparation of the financial statements is appropriate.

Based on the work we have performed, we have not identified any material uncertainties relating to events or conditions that, individually or collectively, may cast significant doubt on the Charity’s ability to continue as a going concern for a period of at least twelve months from when the financial statements are authorised for issue.

Our responsibilities and the responsibilities of the Trustee with respect to going concern are described in the relevant sections of this report.

Other information

The Trustees are responsible for the other information. The other information comprises the information included in the annual report, other than the financial statements and our auditor’s report thereon. Our opinion on the financial statements does not cover the other information and, except to the extent otherwise explicitly stated in our report, we do not express any form of assurance conclusion thereon.

Our responsibility is to read the other information and, in doing so, consider whether the other information is materially inconsistent with the financial statements or our knowledge obtained in the audit or otherwise appears to be materially misstated. If we identify such material inconsistencies or apparent material misstatements, we are required to determine whether there is a material misstatement in the financial statements or a material misstatement of the other information. If, based on the work we have performed, we conclude that there is a material misstatement of this other information, we are required to report that fact.

We have nothing to report in this regard.

Independent Auditors' Report to the Trustees

For the year ended 31 March 2026

Opinion on other matters prescribed by the Companies Act 2006

In our opinion, based on the work undertaken in the course of the audit:

- the information given in the Trustees' Report for the financial year for which the financial statements are prepared is consistent with the financial statements; and
- the Trustees' Report has been prepared in accordance with applicable legal requirements.

Matters on which we are required to report by exception

In the light of our knowledge and understanding of the company and its environment obtained in the course of the audit, we have not identified material misstatements in the Trustees' Report.

We have nothing to report in respect of the following matters where the Companies Act 2006 requires us to report to you if, in our opinion:

- adequate accounting records have not been kept, or returns adequate for our audit have not been received from branches not visited by us; or
- the financial statements are not in agreement with the accounting records and returns; or
- certain disclosures of Trustees' remuneration specified by law are not made; or
- we have not received all the information and explanations we require for our audit; or
- the Trustees were not entitled to prepare the financial statements in accordance with the small

Companies regime and take advantage of the small companies' exemptions in preparing the Trustees' report and from the requirement to prepare a Strategic report.

Responsibilities of Trustees

As explained more fully in the Statement of Trustees' Responsibilities, the Trustees are responsible for the preparation of the financial statements and for being satisfied that they give a

true and fair view, and for such internal control as the Trustees determine is necessary to enable the preparation of financial statements that are free from material misstatement, whether due to fraud or error.

In preparing the financial statements, the Trustees are responsible for assessing the charity's ability to continue as a going concern, disclosing, as applicable, matters related to going concern and using the going concern basis of accounting unless the Trustees either intend to liquidate the charity or to cease operations, or have no realistic alternative but to do so.

Auditor's responsibilities for the audit of the financial statements

Our objectives are to obtain reasonable assurance about whether the financial statements as a whole are free from material misstatement, whether due to fraud or error, and to issue an auditor's report that includes our opinion. Reasonable assurance is a high level of assurance, but is not a guarantee that an audit conducted in accordance with ISAs (UK) will always detect a material misstatement when it exists. Misstatements can arise from fraud or error and are considered material if, individually or in the aggregate, they could reasonably be expected to influence the economic decisions of users taken on the basis of these financial statements

Irregularities, including fraud, are instances of non-compliance with laws and regulations. We design procedures in line with our responsibilities, outlined above, to detect material misstatements in respect of irregularities, including fraud. The extent to which our procedures are capable of detecting irregularities, including fraud is detailed below:

Capability of the audit in detecting irregularities, including fraud

The objectives of our audit are to identify and assess the risks of material misstatement of the financial statements due to fraud or error; to obtain sufficient appropriate audit evidence regarding the assessed risks of material misstatement due to fraud or error; and to respond appropriately to those risks.

Independent Auditors' Report to the Trustees (contd)

For the year ended 31 March 2026

Based on our understanding of the charitable sector generally, and through discussion with the Trustees and other management (as required by auditing standards), we identified that the principal risks of non-compliance with laws and regulations related to health and safety, anti-bribery and employment law. We considered the extent to which non-compliance might have a material effect on the financial statements. We also considered those laws and regulations that have a direct impact on the preparation of the financial statements such as the Companies Act 2006, taxation and pension legislation. We communicated identified laws and regulations throughout our team and remained alert to any indications of non-compliance throughout the audit. We evaluated management's incentives and opportunities for fraudulent manipulation of the financial statements (including the risk of override of controls), and determined that the principal risks were related to posting inappropriate journal entries to increase revenue or reduce expenditure and management bias in accounting estimates and judgemental areas of the financial statements. Audit procedures performed by the engagement team included:

- Discussions with Trustees and assessment of known or suspected instances of non-compliance with laws and regulations (including health and safety) and fraud; and
- Assessment of identified fraud risk factors; and
- Identifying and assessing the design effectiveness of controls that management has in place to prevent and detect fraud; and
- Challenging assumptions and judgements made by management in its significant accounting estimates; and
- Performing analytical procedures to identify any unusual or unexpected relationships, including related party transactions, that may indicate risks of material misstatement due to fraud; and
- Confirmation of related parties with management, and review of transactions throughout the period to identify any previously

undisclosed transactions with related parties outside the normal course of business; and

- Reading minutes of meetings of those charged with governance; and
- Review of internal controls and physical inspection of tangible assets susceptible to fraud or irregularity; and
- Review of significant and unusual transactions and evaluation of the underlying financial rationale supporting the transactions; and
- Identifying and testing journal entries, in particular any manual entries made at the year end for financial statement preparation.

Due to the inherent limitations of an audit, there is a risk that we will not detect all irregularities, including those leading to a material misstatement in the financial statements or non-compliance with regulation. This risk increases the more that compliance with a law or regulation is removed from the events and transactions reflected in the financial statements, as we will be less likely to become aware of instances of non-compliance. The risk also greater regarding irregularities occurring due to fraud rather than error, as fraud involves intentional concealment, forgery, collusion, omission or misrepresentation.

As part of an audit in accordance with ISAs (UK), we exercise professional judgement and maintain professional skepticism throughout the audit. We also:

- Identify and assess the risks of material misstatement of the financial statements, whether due to fraud or error, design and perform audit procedures responsive to those risks, and obtain audit evidence that is sufficient and appropriate to provide a basis for our opinion. The risk of not detecting a material misstatement resulting from fraud is higher than for one resulting from error, as fraud may involve collusion, forgery, intentional omissions, misrepresentations, or the override of internal control.
- Obtain an understanding of internal control relevant to the audit in order to design

Independent Auditors' Report to the Trustees

For the year ended 31 March 2026

- audit procedures that are appropriate in the circumstances, but not for the purpose of expressing an opinion on the effectiveness of the charity's internal control.
- Evaluate the appropriateness of accounting policies used and the reasonableness of accounting estimates and related disclosures made by the Trustees.
 - Conclude on the appropriateness of the Trustees' use of the going concern basis of accounting and, based on the audit evidence obtained, whether a material uncertainty exists related to events or conditions that may cast significant doubt on the charity's ability to continue as a going concern. If we conclude that a material uncertainty exists, we are required to draw attention in our auditor's report to the related disclosures in the financial statements or, if such disclosures are inadequate, to modify our opinion. Our conclusions are based on the audit evidence obtained up to the date of our auditor's report. However, future events or conditions may cause the charity to cease to continue as a going concern.
 - Evaluate the overall presentation, structure and content of the financial statements, including the disclosures, and whether the financial statements represent the underlying transactions and events in a manner that achieves fair presentation.

We communicate with those charged with governance regarding, among other matters, the planned scope and timing of the audit and significant audit findings, including any significant deficiencies in internal control that we identify during our audit.

Use of our report

This report is made solely to the charitable company's Trustees, as a body, in accordance with Chapter 3 of Part 8 of the Charities Act 2011. Our audit work has been undertaken so that we might state to the charity's Trustees those matters we are required to state to them in an auditor's report and for no other purpose. To the fullest extent permitted by law, we do not accept or assume responsibility to anyone other than the charitable company and its Trustees as a body, for our audit work, for this report, or for the opinions we have formed.



DARREN SMART
(Senior Statutory Auditor)

For and on behalf of
R.E. JONES & CO
Chartered Accountants and Statutory Auditors
132 Burnt Ash Road Lee, London SE12 8PU

7th Oct 2026
Date.....

Financial statements

For the year ended 31 March 2026

2025
-2026

Statement of Financial Activities
(incorporating the Income Expenditure Account)

For the year ended 31 March 2026

	Notes	Unrestricted Funds 2026 £	Restricted Funds 2026 £	2026 Total Funds £	Note 19 Totals Funds 2025 £
Income and endowments from:					
Donations & legacies	2	90,063	78,073	168,136	184,146
Charitable activities					
Grants and project funding	3	286,290	755,062	1,041,352	868,598
Investment income	4	6,054	-	6,054	8,023
Total incoming resources		382,407	833,135	1,215,542	1,060,767
Expenditure on:					
Raising funds					
Fundraising costs					
Charitable expenditure	5	115,166	16,162	131,328	98,998
Provision of counselling and support services	6	237,312	793,263	1,030,575	969,765
Total resources expended		352,478	809,425	1,161,903	1,068,762
Net income and movement in funds	8	29,929	23,710	53,639	(7,995)
Reconciliation of funds:					
Fund balances at 1 April 2025		501,506	27,436	528,942	536,938
Fund balances at 31 March 2026	15	531,435	51,146	582,581	528,942

The statement of financial activities includes all gains and losses recognised in the year. All income and expenditure derived from continuing activities.

Balance Sheet
For the year ended 31 March 2026

	Notes	2026 £	2026 £	2025 £	2025 £
Fixed Assets					
Tangible assets	11		4,795		10,711
Current Assets					
Debtors	12	141,481	-	90,990	-
Cash in hand and at bank		538,678		476,580	
		680,159	-	567,570	-
Creditors: Amounts falling due within one year	13	(102,373)		(49,339)	
Net Current Assets			577,786		518,231
Net Assets					
			582,581		528,942
Funds:					
Restricted funds	14		51,146		27,436
Unrestricted funds	15				
- Designated funds			60,000		80,000
- General reserves			471,435		421,506
Total Funds			582,581		528,942

The statement of financial activities incThe directors acknowledge their responsibilities for complying with the requirements of the Companies Act 2006 with respect to accounting records and the preparation of financial statements.

These financial statements have been prepared in accordance with the provisions applicable to companies subject to the small companies' regime.

The notes on pages 39 to 47 form part of the financial statements.

Approved by the Trustees on 6th Oct 2026
and signed on their behalf by:

N Scordi

Chair - Niki Scordi

Statement of Cash Flow

For the year ended 31 March 2026

	Notes	2026 £	2025 £
Net Cash Inflow/(Outflow) from Operating Activities	A	56,044	(10,873)
Investment income		6,054	8,023
Purchase of tangible fixed assets		-	-
Net Cash Inflow/(Outflow) provided by investing activities (bank int & fixed assets)		6,054	8,023
Change in cash and cash equivalents in the year		62,098	(2,851)
Cash and cash equivalents at 1 April 2025		476,580	479,431
Cash and cash equivalents at 31 March 2026	B	538,678	476,580

Notes to the statements of cash flows for the year to 31 March 2026

A. Reconciliations of net movement in funds to net cash provided by (used in) operating activities

	2026 £	2025 £
Net movement in funds	53,639	(7,995)
Adjustments for:		
Depreciation	5,916	9,975
Investment income	(6,054)	(8,023)
(Increase)/decrease in debtors	(50,491)	(17,536)
Increase/(decrease) in creditors	53,034	12,705
Net cash (used in) provided by operating activities	56,044	(10,873)

B. Analysis of cash and cash equivalents

	2026 £	2025 £
Total cash and cash equivalents: cash at bank and in hand	538,678	476,580

Notes to the Financial Statements

For the year ended 31 March 2026

1. Accounting Policies

Accounting Convention

The financial statements have been prepared under the historical cost convention and in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102). The company is a public benefit entity for the purposes of FRS102 and a registered charity established as a company limited by guarantee and therefore has also prepared its financial statements in accordance with the Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (The FRS 102 Charities SORP), the Companies Act 2006 and Charities Act 2011. The financial statements are prepared in sterling, which is the functional currency of the charity. Amounts presented are rounded to the nearest pound.

Going Concern

The trustees have assessed whether the use of going concern is appropriate and have considered possible events or conditions that might cast significant doubt on the ability of the charitable company to continue as a going concern. The trustees have made this assessment for a period of at least one year from the date of the approval of these financial statements. In particular, the trustees have considered the charitable company's forecasts and projections and have taken account of pressures on income. After making enquiries, the trustees have concluded that there is a reasonable expectation that the charitable company has adequate resources to continue in operational existence for the foreseeable future. The charitable company therefore continues to adopt the going concern basis in preparing its financial statements.

Critical accounting estimates and areas of judgement

Preparation of the accounts requires the Trustees to make significant judgements and estimates. The items in the accounts where these

judgements and estimates have been made are in estimating the useful economic life of tangible fixed assets.

Income

Income is recognised in the period in which the charity is entitled to receipt and the amount can be measured with reasonable certainty and it is probable that the income will be received. Grants from government and other agencies have been included as income from charitable activities where these amount to a contract for services, but as donations where the money is given in response to an appeal or with greater freedom of use, for example monies for core funding. Donated services comprise time donated to the charity by various counsellors, and the value of these services is estimated based on the number of sessions attended. Donated rooms comprise rooms donated to the charity by various providers, and the value is estimated based on the number of hours the rooms are reserved to provide counselling services.

Resources Expended

Expenditure is included in the statement of financial activities when incurred and includes any attributable vat which cannot be recovered. Charitable expenditure comprises expenditure on the charity's primary charitable purposes i.e. providing counselling and other services for women who have been subject to domestic violence.

Tangible Fixed Assets and Depreciation

Tangible fixed assets are stated at cost less depreciation. Depreciation is provided at rates calculated to write off the cost less estimated residual value of each asset as follows: Furniture & Equipment 25% straight line Assets are depreciated for a whole year in the year of acquisition and not at all in the year of disposal. Items costing less than £500 are not treated as fixed assets but instead are charged as expenses in the year in which they are purchased.

Notes to the Financial Statements

For the year ended 31 March 2026

Financial Instruments

Cash and cash equivalents

Cash and cash equivalents include cash at banks and in hand and short-term deposits with a maturity date of three months or less.

Debtors and other receivables

Debtors are recognised at their settlement amount, less any provision for non-recoverability. Prepayments are valued at the amount prepaid. They have been discounted to the present value of the future cash receipt where such discounting is material.

Creditors and provisions

Creditors and provisions are recognised when there is an obligation at the balance sheet date as a result of a past event, it is probable that a transfer of economic benefit will be required in settlement, and the amount of the settlement can be estimated reliably. Creditors and provisions are recognised at the amount the charity anticipates it will pay to settle the debt. They have been discounted to the present value of the future cash payments where such discounting is material.

Fund Accounting

The unrestricted general funds comprise the monies which may be used towards meeting the charitable objectives of the charity and which may be applied at the discretion of the Trustees. Within unrestricted funds, certain funds have been designated by the Trustees for specific purposes. Details of these are given in note 15 to the financial statements. Restricted funds comprise monies raised for, or their use restricted to, a specific purpose, or contributions subject to donor-imposed restrictions.

Operating Leases

Rentals applicable to operating leases where substantially all of the benefits and risks of ownership remain with the lessor are charged to the statement of financial activities as incurred.

Pension Costs

Contributions to employees' personal pension plans and to stakeholder schemes are recognised in the statement of financial activities when payable.

Notes to the Financial Statements

For the year ended 31 March 2026

2. Donations and Legacies

	Unrestricted 2026 £	Restricted 2026 £	Total 2026 £	Total 2026 £
The donations and legacies are as follows:				
General donations	40,063	44,713	84,776	82,417
Donated services	-	33,360	33,360	26,729
Legacies	50,000	-	50,000	75,000
Total	90,063	78,073	168,136	184,146

Donated services comprise:
Donations of counsellors' time and spaces for services.
Time and spaces donated by volunteer counsellors and other partners during the year were £33,360 (2025: £26,729)

3 Charitable Activities

Charitable activities are made up of Unrestricted and Restricted grants and project funding as follows:

	2026 £	2025 £
NHS North West London ICB	28,000	27,908
Bruno Schroder Trust	40,000	50,000
Childwick Trust	-	10,000
Dudley & Geoffrey Cox Charitable Trust	6,500	6,250
The Henry Smith Foundation	73,290	70,000
The Julia Rausing Trust	100,000	-
Impact London Collective	12,500	-
Peter Stebbings Memorial Charity	10,000	10,000
Souter Charitable Trust	5,000	5,000
The Society of the Holy Child Jesus CIO	-	10,000
Other funders	11,000	9,200
Unrestricted grants	286,290	198,358

Other funders include The Worshipful Company of Cutlers, Sir Jules Thorn Charitable Trust, The Everest Trust and Dentons. Woman's Trust is grateful for the support of all its donors and funders.

Notes to the Financial Statements

For the year ended 31 March 2026

Charitable Activities (continued)	2026 £	2025 £
Greater London Authority (Advance charity)	120,960	120,960
Greater London Authority (Refuge)	125,488	125,488
London Borough Hammersmith and Fulham	-	14,500
RBKC Community Safety Team - Serious Violence	10,000	5,000
London Councils - Ascent (Women & Girls Network)	43,457	42,605
London Violence Reduction Unit	32,736	43,406
London Borough Richmond	30,000	-
London Borough Wandsworth	30,000	-
Westminster City Council North Paddington Community	20,000	-
Westminster City Council Community Priorities Programme	12,000	6,000
London CRS (Ministry of Justice/MOPAC)	20,000	5,000
Cadogan Charity	-	5,000
Charles S French	-	5,000
Charles Hayward Foundation	-	25,000
City Bridge Foundation	43,235	48,935
East End Community Foundation	-	10,000
Dr Edwards & Bishop King's Fulham Charity	-	7,650
The Fishmongers' Company's Charitable Trust	-	21,000
Garfield Weston Foundation	40,000	40,000
Greenwich Peninsula Community fund	20,000	-
Govia Thameslink	-	9,933
Hammersmith United Charities	15,000	-
Hackney Parochial Charities	15,000	-
Kensington & Chelsea Foundation	24,265	-
Hyde Park Place Estate Charity	6,000	-
The Health Lottery Foundation	20,000	-
London Freemasons' Charity	-	10,500
Masonic Charitable Foundation	19,022	-
Merchant Taylors' Foundation	5,000	5,000
Pathways Housing Trust	10,000	-
Steel Charity Trust	9,900	-
Strand Parishes Trust	-	7,000
Wakefield and Tetley Trust	-	12,000
West Hackney Parochial Charities	-	10,755
Westminster Amalgamated Charity	10,000	8,000
Westminster Almshouses Foundation	10,000	10,000
The Worshipful Company of Cutlers	15,000	25,000
Young Westminster Foundation	5,000	-
Zurich Community Trust	36,000	36,000
*Other funders	7,000	10,509
Restricted grants	755,062	670,240
Total grants received	1,041,352	868,598

Other funders include Vandervell Foundation, The Worshipful Company of Chartered Secretaries and The Daisy Trust.

Notes to the Financial Statements

For the year ended 31 March 2026

4 Investment Income

	Restricted 2026 £	Unrestricted 2026 £	Unrestricted 2025 £
Bank interest received	-	6,054	8,023

5 Raising funds

	Restricted 2026 £	Unrestricted 2026 £	Unrestricted 2025 £
Staff costs (note 9)	16,162	112,434	96,728
Other costs	-	2,732	2,270
	16,162	115,166	98,998

6 Charitable Expenditure

Charitable expenditure comprises costs associated with the provision of counselling and support services and are classified below.

	Unrestricted Funds £	Restricted Funds £	2026 £	Unrestricted Funds £	Funds £	2026 £
Direct Costs:						
Staff costs (note 9)	119,486	573,454	692,940	81,747	563,359	645,106
Childcare and client hardship Counselling supervisors, volunteers	-	1,421	1,421	5,268	545	5,813
Training and expenses	513	22,888	23,400	951	23,424	24,375
Paid IS assessor	6,054	-	-	-	6,450	6,450
Room and equipment hire	-	1,220	1,220	-	-	-
Volunteer training and expenses	-	1,236	1,236	-	3,481	3,481
Workshop and assessors' expenses	-	1,800	1,800	-	6,540	6,540
Donated counselling services (note 2)	-	33,360	33,360	-	26,729	26,729
Other direct costs	337	17,084	17,421	133	14,440	14,573
	120,336	652,462	772,798	88,099	644,968	733,066
Premises Costs:						
Rent and rates	7,690	8,480	16,170	7,086	8,084	15,170
Administrative costs:						
Staff costs (note 9)	89,428	39,701	129,129	64,137	42,700	106,837
Central overheads	3,026	92,620	95,646	36,169	63,317	99,486
Governance costs	16,832	-	16,832	15,206	-	15,206
Total	237,312	793,263	1,030,575	210,696	759,069	969,765

Notes to the Financial Statements

For the year ended 31 March 2026

7 Governance Costs

	Unrestricted 2026 £	Unrestricted 2025 £
Accountancy	5,400	4,800
Staff costs (note 9)	11,432	10,406
Total	16,832	15,206

8 Net Movement in Funds

This is stated after charging:

	2026 £	2025 £
Staff costs (note 9)	950,666	870,962
Audit fees (including VAT)	5,400	4,800
Depreciation	5,916	9,975
Operating lease rentals and business rates	16,170	15,464

9 Staff Costs

	2026 £	2025 £
Staff costs during the year were as follows:		
Wages and salaries	744,194	743,093
Social security costs	71,908	48,080
Employer's pension contributions	21,985	21,010
	838,087	812,184
Self-employed staff	86,180	40,150
Other staff related costs (training, supervision, and travel)	3,871	5,082
Staff recruitment	22,528	13,547
	950,666	870,962

	2026 £	2025 £
Staff costs by function were as follows:		
Fundraising	128,596	96,728
Marketing/Comms/social media	47,675	31,196
Provision of counselling and support services	536,269	554,999
Administration	226,694	177,633
Governance	11,432	10,406
	950,666	870,962

Notes to the Financial Statements

For the year ended 31 March 2026

9 Staff Costs (continued)

There was one employee with benefits (including employer's pension contribution and national insurance) between £60,001 and £70,000 per annum during the year (2025: 1).

Key Management Personnel:

Salary	No. of Employee	
	2026	2025
£60,001 - £70,000	1	1

The key management personnel of the charity in charge of directing and controlling, running and operating the charity on a day-to-day basis comprise the Trustees, Chief Executive, Head of Fundraising, Head of Therapeutic Services, Head of Peoples & Operations and Finance Manager. The total remuneration including employer's pension and national insurance of the key management personnel for the year was £208,537 (2025: £236,901).

No Trustee received any remuneration in respect of their services as trustee during the year (2025: none). Expenses reimbursed to Trustees during the year £34 (2025: none).

10 Taxation

Woman's Trust is a registered charity and therefore is not liable to income tax or corporation tax on income derived from its charitable activities, as it falls within the various exemptions available to registered charities.

11 Tangible Fixed Assets

	Furniture & Equipment
Cost	
At 1 April 2025	61,304
Additions	-
At 31 March 2026	61,304
Depreciation	
At 1 April 2025	50,593
Charge for the year	5,916
At 31 March 2026	56,509
Net Book Value	
At 31 March 2025	10,711
At 31 March 2026	4,795

12 Debtors

	2026 £	2025 £
Debtors and prepayments	1,425	2,299
Accounts receivable	77,657	-
Accrued income	62,399	88,691
Total	141,481	90,990

Notes to the Financial Statements

For the year ended 31 March 2026

13 Creditors: amounts falling due within one year

	2026 £	2025 £
Creditors and accruals	17,906	11,495
Tax and social security	20,327	13,540
Other creditors	64,140	24,304
Total	102,373	49,339

14 Restricted Funds

	At 1 April 2025 £	Income £	Expenditure £	At 31 March 2026 £
Total funds	27,436	833,135	809,425	51,146

Purposes of Restricted Funds

The restricted resources comprise donations and grants from individuals or organisations to be expended for the continuation of counselling projects and support groups.

15 General funds

The general funds of the charity include the following designated funds which have been set aside out of unrestricted funds by the Trustees for specific purposes:

	At 1 April 2025 £	Income £	Expenditure £	At 31 March 2026 £
Designated Funds:				
Provision of counselling services and advocacy	50,000	40,000	50,000	40,000
Operational costs	30,000	20,000	30,000	20,000
	80,000	60,000	80,000	60,000
General Funds	421,506	444,166	394,237	471,435
Total funds	501,506	504,166	474,237	531,435

All designated funds will be spent within 12 months.

Unrestricted General funds split	
Designated funds	£60,000
General reserves	£471,435

Notes to the Financial Statements

For the year ended 31 March 2026

16 Analysis of net assets between funds

	General Funds £	Restricted Funds £	Total 2026 £
Fixed assets	4,795	-	4,795
Current assets	580,840	99,319	680,159
Creditors: amounts falling due within one year	(54,199)	(48,174)	(102,373)
	531,436	51,146	582,581

17 Lease commitments

At 31 March 2026, Woman's Trust's office premises were occupied under a tenancy at will arrangement terminable on one month's notice. Accordingly, Woman's Trust had no operating lease commitments beyond the notice period.

18 Related Party Transactions

There were no related party transactions in the financial year (2025: none)

Prior Year Statement of Financial Activities

		Unrestricted Funds £	Restricted Funds £	2025 Total Funds £
Notes				
Income and endowments from:				
Fixed assets	2	157,417	26,729	184,146
Current assets	3	198,358	670,240	868,598
Investment income	4	8,023	-	8,023
Total income		363,798	696,969	1,060,767
Expenditure on:				
Raising Funds	5	157,417	26,729	184,146
Charitable Expenditure	6	198,358	670,240	868,598
Total Expenditure		363,798	696,969	1,060,767
Net Income/(Expenditure)		54,104	(62,100)	(7,995)
Net Income/(Expenditure) for the Year	8	54,104	(62,100)	(7,995)
Total Funds as at 1st April		447,402	89,536	536,938
Total Funds as at 31st March	15	501,506	27,436	528,942

There are no recognised gains and losses other than those passing through the statement of financial activities account. All incoming resources and resources expended derived from continuing activities

**woman's
Trust**

recovery from domestic abuse

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Woman's Trust

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