



Annual Report and Unaudited Financial Statements
31st March 2020

Company Registration Number 06886781 (England and Wales)

Charity Registration Number 1143513

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The following page does not form part of the financial statements:

Detailed analysis of income and expenditure

The Trustees present their statutory report together with the financial statements of Woman's Trust for the year ended 31 March 2020.

This report has been prepared in accordance with Part 8 of the Charities Act 2011 and constitutes a directors' report for the purposes of company legislation.

Woman's Trust is constituted as a charity registered for charitable purposes with the Charity Commission (Charity Registration Number 1143513) and a company limited by guarantee (Company Registration Number 06886781).

Reference and administrative information

<p>Directors (Corporate Trustees) (at date of approval of the financial statements)</p>	<p>Sally Field (Chair) Helen Hayes (Vice Chair) Maya Rodriguez (Treasurer) Anthonia Ifeanyi-Okoro (Board Secretary) Amy Provan Cheryl Andani Debbie Hartley Linda McHugh Nicola Peers Nadia Mahmud Sharon Citrone</p>
<p>Chief Executive Officer</p>	<p>Heidi Riedel</p>
<p>Principal office</p>	<p>West End House 37 Chapel Street London NW1 5DP</p>
<p>Company registration number</p>	<p>06886781 (England and Wales)</p>
<p>Charity registration number</p>	<p>1143513</p>
<p>Accountant</p>	<p>Moore Kingston Smith LLP Devonshire House 60 Goswell Road London EC1M 7AD</p>
<p>Bankers</p>	<p>CAF Bank Limited 25 Kings Hill Avenue King's Hill West Malling Kent ME19 4TA</p>

Chair's foreword

Our vision

I am pleased to present our latest Woman's Trust Annual Report.

We started 2019 with a great deal of optimism, with Woman's Trust continuing to provide much-needed therapeutic services to women experiencing domestic abuse, who live or work in London.

The challenges of fundraising remained, but we were delighted with the number of individuals and organisations who came forward to support us. Donations both great and small helped us to help more women.

2019 ended on a sad note, as our much-loved Patron Tazeen Ahmad passed away. A true supporter to the end, she asked her mourners to donate to Woman's Trust. We pay tribute to her life and work, and we miss her warmth and generous spirit.

We could not have foreseen how 2020 would start. This report will detail how we responded to the Covid-19 pandemic: how we changed our service delivery, responded with new ways of working, and above all continued to support the women who need us.

A huge thank you to all our staff, trustees, patrons, ambassadors, volunteers, funders and our army of supporters. Without all of you, none of this would be possible.



Sally Field
Chair

4 November 2020

Our vision and outcomes

Domestic abuse has or will affect one in ten women in the UK. The psychological and physical consequences of abuse, if not addressed, can have a severe and lasting impact on the health and well-being of women and their families.

The services we provide

We aim to reduce the physical and psychological damage caused by abuse, by providing appropriate, timely, and safe support services. Our services include: individual therapy, group therapy, and support groups.

Trustee Report

Our Vision

A world where women have the resources to prevent domestic violence damaging their futures.

Our Mission

To help any woman in London affected by domestic violence to overcome the mental and emotional harm and rebuild her life, by providing women-only, client-led counselling and support services.

Charitable object

Woman's Trust's charitable object is:

To relieve women and children who are being, or have been, affected by domestic abuse, through the provision of a counselling and support service.

Woman's Trust is special because we

- ◆ offer 'person-centred' counselling and therapeutic services, addressing the long-term mental health and emotional impact of domestic abuse
- ◆ enable women to make their own choices and decisions, in their own way, in overcoming the risk and damage caused by domestic abuse
- ◆ provide accessible services regardless of race, religion, class or culture; and
- ◆ are expert in understanding the dynamics of domestic violence and abuse and its effects on women's lives.

Woman's Trust is a women-only organisation. It is led by members of the community it was developed to serve women who live or work in London.

Overall aims and outcomes

Domestic abuse has or will affect one in four women in the UK. The psychological and emotional consequences of abuse, if left unaddressed, can last a lifetime. The primary aim of our service is to enable women to rebuild their lives.

The services that we provide

We aim to tackle the emotional and psychological damage caused by abuse, by providing appropriate mental health services: specialist person-centred one-to-one counselling therapeutic support groups (both BACP accredited services), self-development workshops, and crisis-counselling.

Our Clients' Journey

*Women can choose to access one or more services either simultaneously or one after the other

Referral

Deciding on suitability for our services, and sign-posting to a range of other services to give women the support they need

Crisis Counselling

Up to three sessions to help women in urgent need to cope while they wait for counselling

Long Term Counselling

Up to 18 weekly 50-minute one-to-one person-centred counselling sessions with a professional volunteer counsellor, trained to understand the specific dynamics and issues associated with domestic abuse

Therapeutic Support Groups

Eight, weekly sessions of 2 hours, where women share their stories with other women to support each other in their recovery

Self-Development Workshops

Up to six, weekly, one day sessions designed to help women with the practical and emotional fall-out from domestic abuse, and move on with their lives

Mother & Child Art Therapy Workshops

For mothers already engaged with counselling or support groups, weekly art therapy sessions during weekends and school holidays for themselves and their children

Overall service delivery in 2019/20

The Covid-19 pandemic of course had some impact on the delivery of our services in 2019/20, but this was at the end of our reporting year. The most significant impact was the difficulty in recruiting volunteer counsellors in 2019. A lot of work went into reaching out to colleges during the year, which meant we secured more applications, did more training and recruited more counsellors, especially in East London. Some time lag from recruitment to seeing clients lay in the difficulty of finding suitable venues, which was hampering our ability to deliver the service we had funding for.

In our regular strategic reviews, we had previously considered the extent to which we should start directly employing counsellors to provide a permanent pool available to take referrals as they came to us. In 2019 we started to tackle this issue by using more sessional counsellors, with a view to developing this pool into employed staff. At the end of the year, we had recruited 7 employed counsellors.

Our response to Covid19

Early in February 2020, it became apparent that an epidemic, if not a pandemic was highly likely to be on its way to us. We looked carefully at our business continuity plan and considered the actions we would need to take. Woman's Trust has a small office, but all of our services were delivered face to face: whether in our office or in other rented safe spaces.

It was initially necessary to suspend our services. We contacted all our clients who were at that point of receiving services; and promised to stay in touch with those who desperately needed our support even if that was just a reassuring phone call or text.

We immediately arranged remote access to our IT systems; and discussed and decided how we could safely deliver our services by telephone and conference calls. We purchased laptops, phones and headsets for our staff and volunteers.

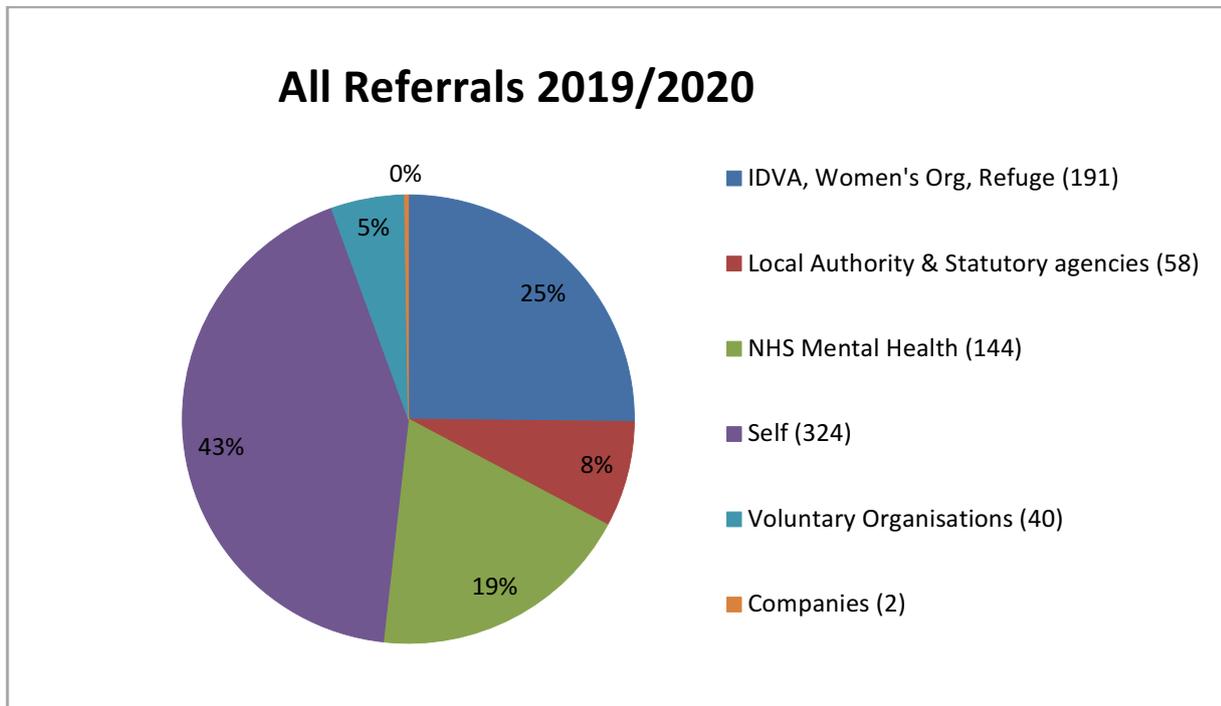
By 21st March, we were able to restart the one-to-one counselling by telephone. For many clients, being able to have a private space for phone calls was a significant challenge – most especially those still living with their perpetrator and those with children at home who should not have to see or hear the very private conversations. Some clients took their calls while their children were looked after by other family members; others used their car as their safe space.

We have set up frequent check-ins for those women for whom it is unsafe to take up services, and who we are concerned about taking up telephone and online working. Using remote video facilities, by April we were able to re-start the support groups, and workshops restarted on 30th June.

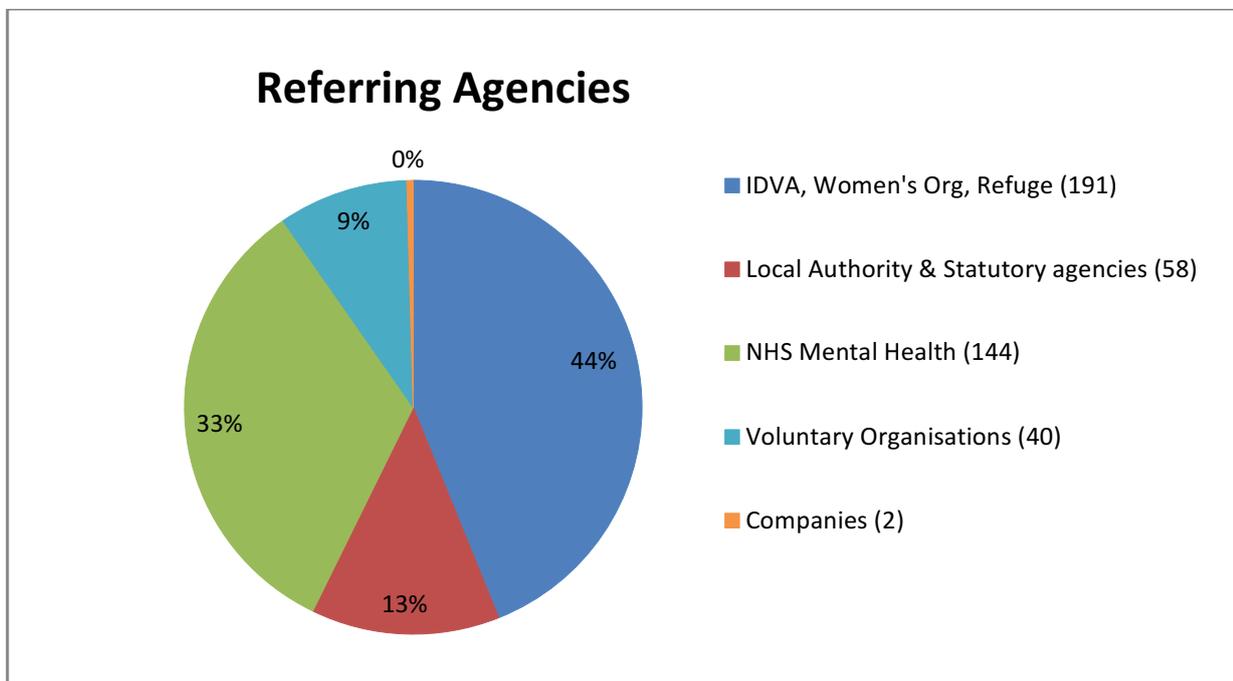
Our staff and volunteers worked tirelessly to change their working methods and showed a great deal of resilience. We did not furlough any staff.

Our reach

During 2019/20, Woman's Trust received 757 client referrals from a wide variety of sources.

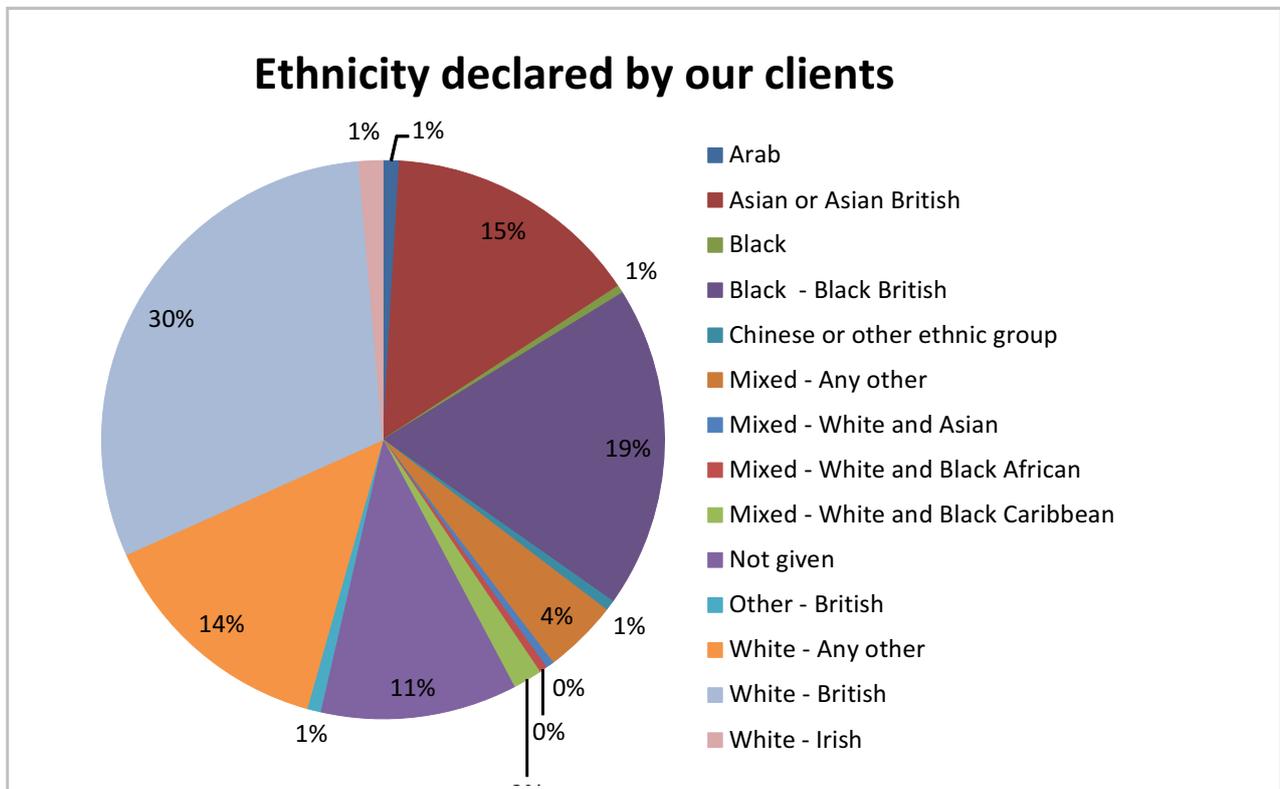


Working closely with other organisations providing services to women is a significant source of referrals from agencies.



Who accessed our services?

Across London, the Black Asian and Minority Ethnic (BAME) population is 40% (Census 2011) of the total population. Woman's Trust clients who accessed counselling, support groups and workshops reflect this diversity with 42% of our clients declaring their ethnicity as BAME.



Services provided

We enable women to overcome the trauma of domestic abuse by providing a range of services to cater for the different needs of our clients.

Counselling gives the client an opportunity to work with a trained counsellor.

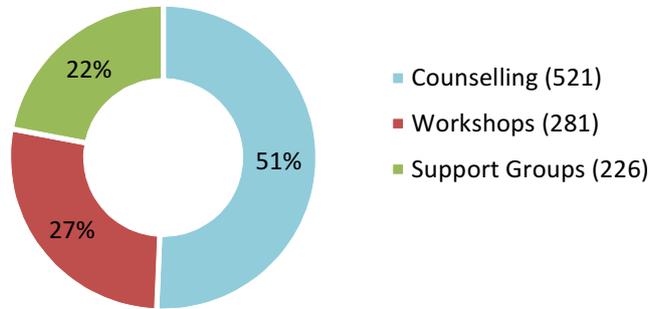
Workshops are psychoeducational, providing women with information and tools to help understand their experiences and improve the management of their well-being.

Mother and Child workshops, supporting women and children re-bond through creating artwork together; develop good communication strategies to strengthen their relationship; and mothers to better support their child.

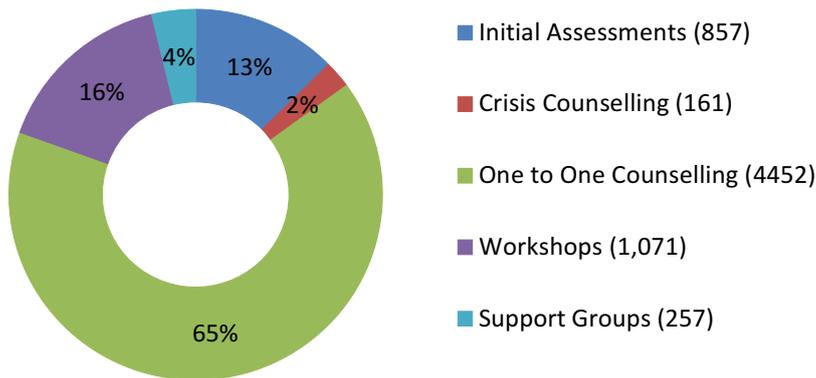
Support Groups provide an invaluable opportunity for women to share their experiences and reduce their isolation.

More than half of our clients were referred for one to one counselling. Some women asked for more than one service.

Services Women asked for

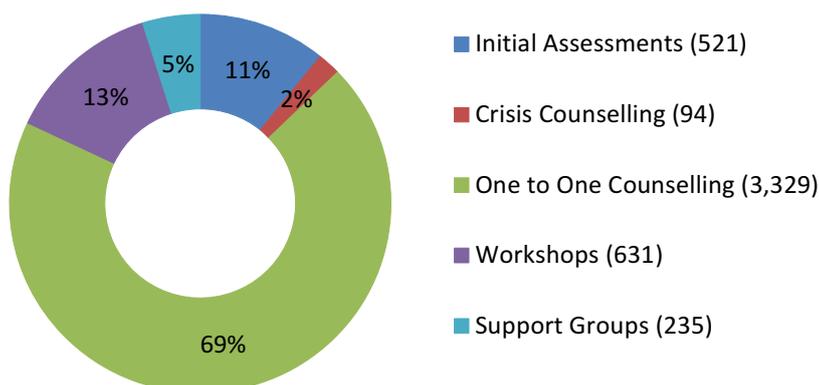


Service sessions we provided



395 women attended 3,329 one to one counselling; 55 women attended 94 Crisis counselling sessions; 130 women attended 235 support group sessions; and 211 women attended 631 workshop sessions including the mother and child workshops.

Service sessions attended by clients



Outcomes

Woman’s Trust uses two main evaluation systems to measure the efficacy of our services: Clinical Outcomes in Routine Evaluation (CORE) for counselling; and Woman’s Trust’s own entrance and exit questionnaires (EQ) for all our services. These measures help us see the positive difference we make to women’s lives.

Counselling – 395 women attended

Measures of health and well-being improved by Woman’s Trust services

		EQ	CORE
		% Improvement	
Healthier Lives	Trauma (PTSD)	N/A	61%
	Stress/Anxiety	96%	58%
	Depression	N/A	55%
	Self-esteem	95%	61%
	Isolation	96%	61%
	Suicidal	N/A	59%
	Self-Harming	N/A	56%
More Autonomy and Life Choices	Control over future	96%	57%
	Confidence	96%	56%
	Knowledge of own rights	89%	N/A
	Knowledge of other support	94%	N/A
Ability to function	Relationship with children	94%	N/A
	Interpersonal relationships	84%	55%
	Self-Care	95%	N/A

“When I first came, I lacked confidence, I was feeling alone and worthless and trying to isolate myself because of that. Coming to the sessions every week, it made me realise that I have my own space, that was for me to express my feelings and not to worry about anything and it was like the clock can stop for 50 minutes and just to say it’s ok and not to have to worry about any criticism or anything.

Now, after the sessions are over, I feel like a different person, more confident with lots of hopes and I’m one step closer to a better me. Thank you Woman’s Trust for this opportunity”

Crisis counselling – 55 women attended, 94 sessions

After using this short, urgent service:

- ◆ 62% of women felt they were less at risk
- ◆ 87% of women felt safer
- ◆ 65% of women felt less overwhelmed
- ◆ 78% of women felt less isolated

“I have been given so much hope” (Crisis Counselling client)

Therapeutic Support Groups – 30 groups, 235 attendances by 130 unique women

Women were overwhelmingly positive about the impact of this service.

- ◆ 81% had improved knowledge of their rights,
- ◆ 87% felt more in control of their future
- ◆ 96% felt improvement in stress and anxiety level
- ◆ 98% felt improvement in confidence
- ◆ 74% reported better relationships with their children

“I have gained a sense of self-worth and am now able to look positively at my future through having the confidence I never had when I started.”

Self-Development Workshops – 56 workshops 604 attendances attended by 207 unique women, many of whom attended several workshops

As a result of their attendance, 99% women reported an improvement in their level of self-esteem, in interaction with others and confidence. There was also a 99% improvement in their readiness to take positive steps to change their lives.

- ◆ 98% of women said they had a reduced feeling of isolation
- ◆ 97% of women felt they could cope better with their experience of domestic abuse

“Such a valuable resource. The practical steps about how to respond to emotions have been really helpful - knowing that these feelings are valid and there's a way to deal with them. Thank you.”

Mother and Child Art Therapy – 14 workshops, 27 attendances by mothers and 32 attendances by children

As a result of their attendance, 100% of mothers reported they felt:

- ◆ less isolated;
- ◆ more able to interact with others
- ◆ more ready to take positive steps to change their lives

Children also reported 100% positive impact as a result of the therapy, they felt:

- ◆ confident
- ◆ proud; and
- ◆ happy

“Wonderful to spend two hours together doing crafts- we would never do this at home- my daughter loved the attention and I loved giving it without distractions at home.”

Resources

1. Executive and administrative Staff

All our staff are women, dedicated to the ethos of Woman's Trust and determined to provide women in London with the service they so desperately need.

Woman's Trust maintains a small core staff, recruited for specific skills and experience.

2. Therapeutic Staff

Earlier in this report we explained the changes we made to our service delivery staff of using fewer volunteer counsellors, and more sessional workers. Many of these volunteers moved on to become fully employed with Woman's Trust.

3. Office Volunteers

Our office team is enhanced by many similarly dedicated volunteers. Volunteers come to us for many reasons, including: for work experience; to learn about domestic abuse; to use their skills to help us help our clients; and to raise funds. We are reliant on a steady stream of these wonderful volunteers. Many go on to paid work in other charities, and some we are able to recruit into our own job vacancies. All give very positive feedback about their experience with Woman's Trust.

4. Volunteer Counsellors

Woman's Trust's volunteer counsellors are a mix of fully qualified counsellors and counsellors in training. For those in training, a counsellor placement with Woman's Trust provides the required number of client-contact hours to become fully qualified. All Woman's Trust counsellors are provided with: specialist induction training in domestic abuse issues; CPD training; and specialist clinical supervision. During the year, we worked with a total of 37 volunteer counsellors and 7 paid counsellors.

Partnerships

The trusts and foundations who support us are looking for more joined-up services. Woman's Trust is a member of the London Violence Against Women and Girls consortium and the Angelou Partnership in West London. Our partnership projects include:

- ◆ Everyone's Business, funded by the Home Office Tampon Tax fund – working with Hestia, the Employers Initiative on Domestic Abuse, the Corporate Alliance Against Domestic Abuse, and other corporate sponsors; and
- ◆ Meeting Survivors Where They Are, funded by the Transformation Fund – working with the partnership Angelou
- ◆ We formed a new partnership "Citrine" with 3 other women's charities working with women who are often overlooked by services supporting domestic abuse and will be exploring ways of taking our work forward collaboratively.

Governance, Structure and Management

Governance

Organisational structure

Woman's Trust's ultimate decision-making body is its Trustees, working collectively as a Board. The Trustees are the Directors of the company.

Day-to-day management of Woman's Trust is delegated to an employed Chief Executive, who is in turn responsible for delegating work to staff and volunteers.

Trustees

The following Trustees served throughout the year 1 April 2019 to 31 March 2020, except where shown.

Trustees	Appointed/resigned
1. Sally Field (Chair)	
2. Helen Hayes (Vice Chair)	
3. Maya Rodriguez (Treasurer)	
4. Anthonia Ifeanyi-Okoro (Secretary)	
5. Sharon Citrone	
6. Linda McHugh	
7. Debbie Hartley	
8. Mariam Kemple-Hardy	Resigned April 2019
9. Nicola Peers	
10. Amy Provan	
11. Cheryl Andani	
12. Nadia Mahmud	Appointed November 2019

Brief biographical details of the Directors (Corporate Trustees) at the date of signing these accounts are given below.

Sally Field - Chair

A retired senior civil servant and NHS non-executive, formerly head of Family Law & Justice at the Ministry of Justice. Sally is a Director and Company Secretary of several companies.

Helen Hayes – Vice Chair

Helen Hayes is a BACP Senior Accredited Counsellor and UKCP Registered Psychotherapist, with over twenty years' experience of working therapeutically with people in distress.

Maya Rodriguez – Treasurer

Founder and managing partner of AZR Capital Ltd, with over ten years' experience of working in the asset management industry.

Anthonia Ifeanyi-Okoro - Secretary

An experienced programme and project manager with the City of London Corporation.

Sharon Citrone

Head of HR at the Medical Research Council London Institute of Medical Sciences, with extensive knowledge and experience of HR practice and policy.

Linda McHugh

A Parole Commissioner for Northern Ireland, a former member of the audit committee of The Law Society, and a Board Member or Trustee of a number of bodies including Providence Row, the homelessness charity.

Debbie Hartley

A senior executive in the finance industry with over 20 years in banking and investment management.

Nicola Peers

An experienced Marketing and Procurement Director, and Non-Exec Director. She is on the Board of a local political party, and a charity for the preservation of Blackheath.

Amy Provan

A Parliamentary Assistant to a Shadow Minister and a political campaigner, with extensive knowledge of the refugee and asylum communities' experience of accessing domestic abuse services.

Cheryl Andani

Cheryl has 16 years of experience in local government. She is an experienced capital project and programme manager responsible for the delivery of major building programmes at Brent Borough Council.

Nadia Mahmud

Nadia has a background helping organisations across the commercial, public, and not-for-profit sectors to improve their reputation and connect with their stakeholders on issues that matter. Through working in criminal justice, education, and housing, Nadia understands the intersectional elements of domestic abuse.

Trustee Recruitment, Induction and Training

The Board runs a formal skills audit every 2 years. Board vacancies are advertised according to identified gaps. Candidates are interviewed by the Chair and one other Board member and, once shortlisted, invited to observe at least one Board meeting before appointment by the Board.

On appointment each Trustee is given a welcome pack which includes information about all Woman's Trust services, the annual financial statements, job descriptions, roles and responsibilities of Trustees, the constitution and the strategic plan.

Trustees are given an induction to the work of the service at the charity's office, spending time with members of staff who introduce the work to them. The charity provides opportunities for Trustees to attend internal specialised domestic abuse training and external training, including governance, planning and finance.

Statement of Trustees' Responsibilities

The Trustees (who are also directors of Woman's Trust for the purposes of company law) are responsible for preparing the Trustees' report and financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

Company law requires the Trustees prepare financial statements for each financial year which give a true and fair view of the state of affairs of the charitable company and of the income and expenditure of the charitable company for that period.

In preparing these financial statements, the Trustees are required to:

- ◆ select suitable accounting policies and then apply them consistently;
- ◆ observe the methods and principles in Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable to the United Kingdom and Republic of Ireland (FRS 102);
- ◆ make judgements and estimates that are reasonable and prudent;
- ◆ state whether applicable United Kingdom Accounting Standards have been followed, subject to any material departures disclosed and explained in the financial statements;
- ◆ prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charitable company will continue in operation.

The Trustees are responsible for keeping proper accounting records that disclose with reasonable accuracy at any time the financial position of the charitable company and enable them to ensure that the financial statements comply with the Companies Act 2006. They are also responsible for safeguarding the assets of the charitable company and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

The Trustees are responsible for the maintenance and integrity of the corporate and financial information included on the charitable company's website. Legislation in the United Kingdom governing the preparation and dissemination of financial statements may differ from legislation in other jurisdictions.

Risk Management

The Trustees have assessed the major risks to which the charity is exposed in line with the risk management policy. The policy involves an annual risk analysis which forms part of the charity's strategic planning process and the individual risk assessments of proposed new projects or developments. Annual monitoring is supplemented by update reports throughout the financial year. Where major risks are identified, the Trustees will take the appropriate action to ensure that these are mitigated. Three of the major risks are identified below.

1. Financial risk

The failure of policy makers and commissioners to understand the mental health impact of domestic abuse has left it underfunded, leaving us heavily reliant on Trust & Foundation income which provides approximately 75% of our annual income. Around 40% of this comes from multiple small, single year funding, which means that most years we open with a deficit, which we need to close in-year. The impact of austerity and cuts to public sector funding means that we have faced increased competition for Trust & Foundation income. Whilst we have been lucky to have been able to sustain much of our services in the short to medium term with heavy reliance on a single stream of funding, we will be increasing investment in fundraising to further diversify our income stream, so we can plan longer term. Funding shortfalls represent risks to the scale and scope of our work, but not to the organisation as a whole. If a major funding source is not renewed, Woman's Trust has contingency plans to make the necessary service changes should this risk materialise.

Our work is most often funded by the joining together of multiple short term funds that cover different services and different geographical areas, supported by unrestricted funding from individual and Corporate donors. Woman's Trust:

- ◆ maintains logs of all funding streams so that we know exactly when a funding stream ends;
- ◆ understands the bidding process timetables, so bids to renew funds or obtain new funding are made well in advance;
- ◆ builds our annual budget based on secured funding and identify any funding gap which becomes our fundraising target for the year; and
- ◆ maintains a diversity of funding streams (38 funders this year).

2. Resource risk

Woman's Trust retains a very small paid workforce. Trustees recognise that a significant risk is the loss of one or two key staff, who would be difficult to replace, or replace quickly. We have introduced some longer notice periods, and have documented systems, job handbooks, meetings and plans to ensure staff and volunteers can access the knowledge they would need to undertake new tasks.

Where possible, we flex the staffing levels, increasing hours for more experienced staff, and reshaping responsibilities to make best use of the staff and volunteers we have available.

It is also becoming challenging to recruit staff with an increasing number of individuals leaving the sector for higher wages and benefits in other sectors and areas of work. Individuals are also leaving London due to unaffordable living costs and conditions.

3. Operational risk

The nature of our service, undertaking sensitive work with vulnerable clients, means that we have to manage operational risk carefully. Recruiting sufficient volunteer counsellors has been a significant challenge and earlier in this report we have set out the changes we have made. Woman's Trust has:

- ◆ reduced our dependence on volunteer counsellors;
- ◆ recruited sessional counsellors;
- ◆ directly employed a core of employed counsellors.

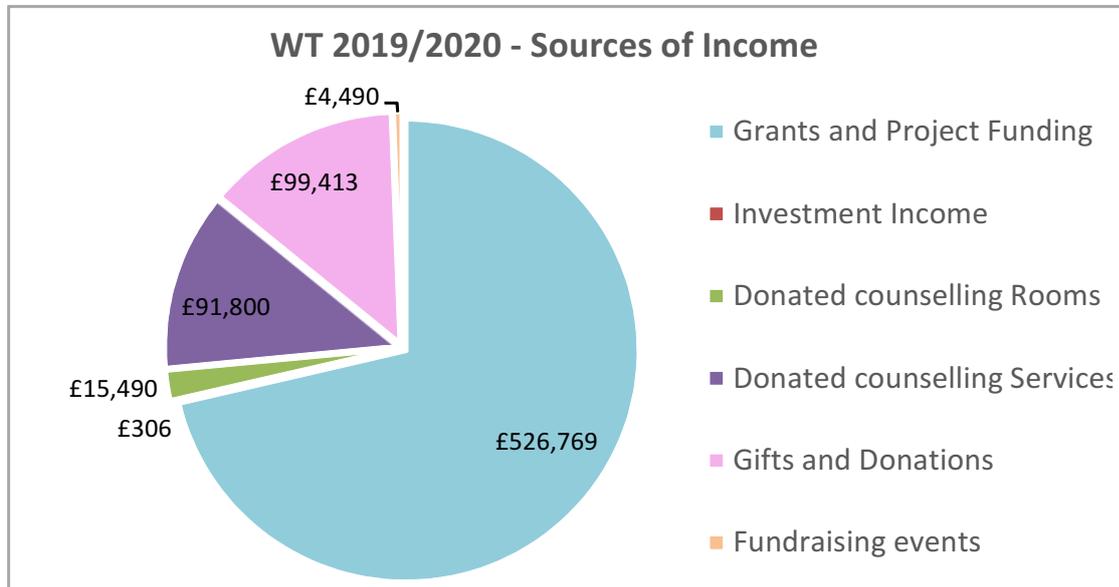
Financial review

Financial position

- ◆ We are pleased to have met our fundraising target for another year and have improved the efficiency of our counselling service by using employed counsellors.
- ◆ Increased costs have mostly come from having paid assessors and counsellors. Our funding models increasingly include these costs in grant applications.
- ◆ There was a corresponding reduction in the donated counselling time.
- ◆ We have maintained our free reserves, supporting the sustainability of Woman's Trust at current expenditure and activity levels whilst providing a modest cushion for new projects

Income

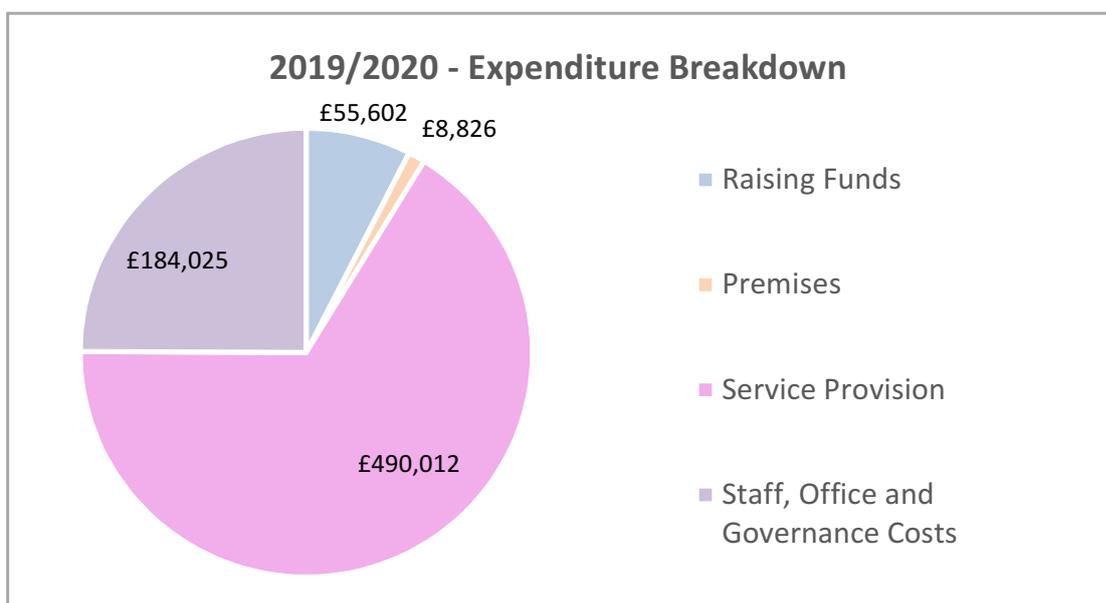
Woman’s Trust received £738,268 in total income in the year to March 2020; a reduction of 5% on last year. Restricted income of £379,661 made up more than half of Woman’s Trust total income. Unrestricted income totalled about £358,000 including over £100,000 from gifts, donations and fundraising events.



Expenditure

In the year to March 2020, expenditure came to about £738,465 an increase of 3% on last year. Expenditure spent on raising funds reduced slightly, totalling about 8% of total expenditure this year.

All remaining funds have been spent on charitable undertakings. Woman’s Trust has had to increase our use of paid counsellors due to the lack of volunteers across London. Trustees are happy that costs have been managed tightly by the charity CEO.



Financial position at the end of the year

The cash position at the end of the year was £357,707. Restricted funds carried forward were £92,208, reflecting the fact that project funding is rarely aligned with financial years. The unrestricted funds stood at £241,963 at the end of the year, and this similarly includes designated funds of £60,000 set aside to cover project and core costs during 2020/2021. This leaves free reserves of £181,963, an increase of £10,000 over last year and in line with the reserves policy.

Reserves policy

The Trustees review the reserves policy annually and the calculation of the required level of reserves is an integral part of the organisation's planning and budgeting. It takes account of the risks associated with each stream of income and expenditure being different from that budgeted, the organisation's commitments and the planned activity level.

The reserves policy requires free reserves (i.e. unrestricted and non-designated reserves) to be maintained at a level which ensures that the organisation's core activity could continue during a period of unforeseen difficulty such as:

- ◆ a funding gap, possibly whilst waiting for the result of an application;
- ◆ funding short term deficits in a cash budget, when paid in arrears;
- ◆ covering unforeseen day to day operational costs, such as paying temporary staff in the absence of permanent staff;
- ◆ covering unforeseen emergency costs.

The Trustees believe that it is prudent for the financial reserve to be at least three months running costs to meet the above obligations. Our medium-term objective is to move to a six months reserve policy. In the upcoming year, increasing our fundraising capacity and updating our IT systems to modern platforms will be our priority to maintain current service levels before we embark on adding to the reserves

The Trustees primarily look at free reserves to calculate the level of reserves required, but if there are restricted reserves carried forward within on-going projects these may be included within the calculation. At planned levels of expenditure, the target level of free reserves for 2021/22 is between £175,000 and £200,000 (depending on our success in maintaining/ growing project funding).

Going concern

Earlier in his report, we explained the changes we made to our services in response to the COVID-19 pandemic. In common with most other charities, a significant number of fundraising events did not take place, which also had a significant effect on our Corporate donor income in 2020.

However, the Government and Trusts and Foundations responded with new funds, in some cases with fewer restrictions on how we spend the grants. Moving services in line has contributed to a reduction in expenditure on premises, and some of the equipment needed has also been funded by these grants.

The net effect is that, whilst we still have a budget gap to full, we believe our position is secure enough to give assurance that Woman's Trust remains a going concern for the following reasons:

- ◆ budget and cash flow forecasts prepared show that Woman's Trust has sufficient funds to meet its obligations for the next 12 months and we have a fundraising plan, and fundraising resource, in place to raise funding beyond that time; and
- ◆ management information systems enable timely decision making.

Future plans

Our medium-term goals remain:

- ◆ To ensure the organisation is on a robust and sustainable footing, by continuing our fundraising effectiveness and maintaining our reserves at a level in line with our reserves policy;
- ◆ To play a significant part in the provision and improvement of person-centred services to women affected by domestic abuse across London;
- ◆ To raise the awareness to funders and providers of the prevalence of domestic abuse, its impact on women's mental health, and the benefit of the person-centred approach in addressing that impact;
- ◆ Recognising that domestic abuse is part of a larger picture which includes sexual violence and child welfare, building on our expertise to support integrated approaches to these overlapping issues.

Public benefit statement

Trustees have referred to the Charity Commission's general guidance on public benefit in reviewing the aims and objectives of the charity, in planning future activities and, in particular, how planned activities will contribute to those aims and objectives

Woman's Trust's charitable objects are to relieve women and children who are or have been affected by domestic abuse, by providing counselling and support services.

Woman's Trust's services have the following benefits:

- ◆ improving the mental health of women affected by domestic violence, reducing the likelihood that they will suffer from depression, post-traumatic stress syndrome, suicidal ideation, or any of the other mental health conditions associated with domestic abuse;
- ◆ empowering women affected by domestic violence to function better and to make better choices, enabling them to live fuller lives through, for example, better relationships with other family members and people outside the home, improved ability to work, to control their own finances and to take an active role in society;
- ◆ contributing towards the safety and emotional health of children whose families are affected by domestic violence;

- ◆ enabling women in abusive relationships to build their knowledge of support services, social networks and personal strength so that they can mitigate risk, plan for a safer future, and understand what services are available to them.

These benefits relate directly or indirectly to several charitable purposes including the advancement of health (primarily mental health), the advancement of human rights and citizenship, the relief of poverty and of those in need. In extreme cases, this can extend to saving lives as women are empowered to overcome the danger and damage caused by domestic violence.

Woman's Trust's services are only for women who are or have been affected by domestic abuse, but are not otherwise restricted in principle. In practice, there are certain restrictions:

- ◆ beneficiaries must be able to reach our offices or points of service delivery;
- ◆ where our funding is restricted to particular local authority or other geographical areas, beneficiaries must come from those areas. This restriction varies from time to time as funders change;
- ◆ counselling is available only in certain languages (including English);
- ◆ the needs of people with childcare (or other caring) responsibilities cannot always be met.

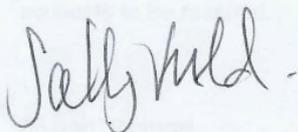
Woman's Trust seeks to overcome these restrictions where funding is available. All services are currently free to users and therefore there is no exclusion due to simple inability to pay.

All private benefits – to our staff, suppliers and volunteers – contribute directly to achieving Woman's Trust's aims.

For these reasons, the Trustees are confident that Woman's Trust meets the public benefit requirements for charities.

The above report has been prepared in accordance with the special provisions of Part 15 of the Companies Act 2006 relating to small companies.

Signed on behalf of the Trustees:



Sally Field

Chair

Approved by the Trustees on 4 November 2020

Independent Examiner's Report to the Trustees of Woman's Trust

I report to the charity trustees on my examination of the accounts of the Company for the year ended 31 March 2020.

Responsibilities and basis of report

As the charity's trustees of the Company (and also its directors for the purposes of company law) you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ('the 2006 Act').

Having satisfied myself that the accounts of the Company are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of your charity's accounts as carried out under section 145 of the Charities Act 2011 ('the 2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under section 145(5) (b) of the 2011 Act.

Independent Examiner's Statement

Since the Company's gross income exceeded £250,000 your examiner must be a member of a body listed in section 145 of the 2011 Act. I confirm that I am qualified to undertake the examination because I am a member of the ICAEW, which is one of the listed bodies.

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe:

- 1) accounting records were not kept in respect of the Company as required by section 386 of the 2006 Act; or
- 2) the accounts do not accord with those records; or
- 3) the accounts do not comply with the accounting requirements of section 396 of the 2006 Act other than any requirement that the accounts give a 'true and fair view which is not a matter considered as part of an independent examination; or
- 4) the accounts have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Moore Kingston Smith LLP

Shivani Kothari
(FCCA, DChA)

For and on behalf of Moore Kingston Smith LLP
Chartered Accountants

Devonshire House
60 Goswell Road
London EC1M 7AD

Date: 4 November 2020

Woman's Trust
Statement of Financial Activities
(incorporating the Income Expenditure Account)
For the year ended 31st March 2020

	Note	Unrestricted Funds £	Restricted Funds £	2020 Total Funds £	Note 20 2019 Total Funds £
Income and endowments from:					
Donations	2	211,193	-	211,193	219,630
Charitable activities					
. Grants and project funding	3	147,108	379,661	526,769	554,931
Other Income	4	-	-	-	3,934
Investment income	5	306	-	306	209
Total income		<u>358,607</u>	<u>379,661</u>	<u>738,268</u>	<u>778,704</u>
Expenditure on:					
Raising funds					
. Fundraising costs	6	55,602	-	55,602	59,198
Charitable expenditure					
.Provision of counselling and support services	7	292,838	390,025	682,863	659,463
Total Expenditure		<u>348,440</u>	<u>390,025</u>	<u>738,465</u>	<u>718,661</u>
Net Income/(Expenditure)	9	10,167	(10,364)	(197)	60,043
Transfers between funds				-	-
Net Income/(Expenditure) for the Year		<u>10,167</u>	<u>(10,364)</u>	<u>(197)</u>	<u>60,043</u>
Total Funds as at 1st April		<u>231,796</u>	<u>102,572</u>	<u>334,368</u>	<u>274,325</u>
Total Funds as at 31st March	15,16	<u>241,963</u>	<u>92,208</u>	<u>334,172</u>	<u>334,368</u>

**Woman's Trust
Balance Sheet
As at 31st March 2020**

	Note	2020 £	2020 £	2019 £	2019 £
Fixed Assets					
Tangible assets	12		6,395		6,622
Current Assets					
Debtors	13	562		18,345	
Cash in hand and at bank		<u>357,707</u>		<u>384,054</u>	
		358,269		402,399	
Creditors: Amounts falling due within one year	14	<u>(30,492)</u>		<u>(74,653)</u>	
Net Current Assets			<u>327,777</u>		<u>327,746</u>
Net Assets			<u>334,172</u>		<u>334,368</u>
 Funds					
Restricted funds	15		92,208		102,572
Unrestricted funds					
- Designated funds	16		60,000		60,000
- General fund			<u>181,964</u>		<u>171,796</u>
Total Funds			<u>334,172</u>		<u>334,368</u>

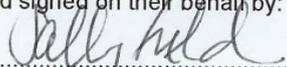
For the year ended 31 March 2020 the company was entitled to exemption from audit under section 477 of the Companies Act ("The Act") relating to small companies.

The members have not required the company to obtain an audit of its financial statements for the financial year in question in accordance with section 476 of the Act.

The directors acknowledge their responsibilities for complying with the requirements of the Companies Act 2006 with respect to accounting records and the preparation of financial statements.

These financial statements have been prepared in accordance with the provisions applicable to companies subject to the small companies' regime.
The notes on pages 27 to 40 form part of the financial statements.

Approved by the Trustees on 4 November 2020
and signed on their behalf by:


.....
Chair - Sally Field

Company Registration Number: 06886781 (England and Wales)

Woman's Trust
Statement of Cash Flows
For the year ended 31st March 2020

	Note	2020 £	2019 £
Net Cash Inflow/(Outflow) from Operating Activities	A	<u>(24,053)</u>	<u>19,068</u>
Investment income		306	209
Purchase of tangible fixed assets		(2,601)	(5,603)
Net Cash Inflow/(Outflow) from Returns on Investment Activities		<u>(2,295)</u>	<u>(5,394)</u>
Change in cash and cash equivalents in the year		(26,348)	13,674
Cash and cash equivalents at 1 April 2019		384,054	370,380
Cash and cash equivalents at 31 March 2020	B	<u><u>357,707</u></u>	<u><u>384,054</u></u>

Notes to the statements of cash flows for the year to 31 March 2020

A Reconciliations of net movement in funds to net cash provided by (used in) operating activities

	2020 £	2019 £
Net movement in funds	(197)	60,043
Adjustments for:		
Depreciation	2,828	2,567
Investment income	(306)	(209)
(Increase)/decrease in debtors	17,783	(14,080)
Increase/(decrease) in creditors	(44,161)	(29,253)
Net cash (used in) provided by operating activities	<u><u>(24,053)</u></u>	<u><u>19,068</u></u>

B Analysis of cash and cash equivalents

	2020 £	2019 £
Total cash and cash equivalents: cash at bank and in hand	<u><u>357,707</u></u>	<u><u>384,054</u></u>

Woman's Trust
Notes to the Financial Statements
For the year ended 31st March 2020

1 Accounting Policies

Accounting Convention

The financial statements have been prepared under the historical cost convention and in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102). The company is a public benefit entity for the purposes of FRS 102 and a registered charity established as a company limited by guarantee and therefore has also prepared its financial statements in accordance with the Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (The FRS 102 Charities SORP), the Companies Act 2006 and Charities Act 2011. The financial statements are prepared in sterling, which is the functional currency of the charity. Amounts presented are rounded to the nearest pound.

Going Concern

The trustees have assessed whether the use of going concern is appropriate and have considered possible events or conditions that might cast significant doubt on the ability of the charitable company to continue as a going concern. The trustees have made this assessment for a period of at least one year from the date of the approval of these financial statements. In particular, the trustees have considered the charitable company's forecasts and projections and have taken account of pressures on income. After making enquiries, the trustees have concluded that there is a reasonable expectation that the charitable company has adequate resources to continue in operational existence for the foreseeable future. The charitable company therefore continues to adopt the going concern basis in preparing its financial statements. The trustees have considered the impact of Covid-19.

Critical accounting estimates and areas of judgement

Preparation of the accounts requires the Trustees to make significant judgements and estimates.

The items in the accounts where these judgements and estimates have been made are in estimating the useful economic life of tangible fixed assets.

Income

Income is recognised in the period in which the charity is entitled to receipt and the amount can be measured with reasonable certainty and it is probable that the income will be received.

Grants from government and other agencies have been included as income from charitable activities where these amount to a contract for services, but as donations where the money is given in response to an appeal or with greater freedom of use, for example monies for core funding.

Donated services comprise time donated to the charity by various counsellors, and the value of these services is estimated based on the number of sessions attended.

Donated rooms comprise rooms donated to the charity by various providers, and the value is estimated based on the number of hours the rooms are reserved to provide counselling services.

Resources Expended

Expenditure is included in the statement of financial activities when incurred and includes any attributable vat which cannot be recovered.

Charitable expenditure comprises expenditure on the charity's primary charitable purposes i.e. providing counselling and other services for women who have been subject to domestic violence.

Tangible Fixed Assets and Depreciation

Tangible fixed assets are stated at cost less depreciation. Depreciation is provided at rates calculated to write off the cost less estimated residual value of each asset as follows:

Furniture & Equipment 25% straight line

Assets are depreciated for a whole year in the year of acquisition and not at all in the year of disposal. Items costing less than £500 are not treated as fixed assets but instead are charged as expenses in the year in which they are purchased.

Financial Instruments

Cash and cash equivalents

Cash and cash equivalents include cash at banks and in hand and short term deposits with a maturity date of three months or less.

Woman's Trust
Notes to the Financial Statements
For the year ended 31st March 2020

1 Accounting Policies (continued)

Debtors and other receivables

Debtors are recognised at their settlement amount, less any provision for non-recoverability. Prepayments are valued at the amount prepaid. They have been discounted to the present value of the future cash receipt where such discounting is material.

Creditors and provisions

Creditors and provisions are recognised when there is an obligation at the balance sheet date as a result of a past event, it is probable that a transfer of economic benefit will be required in settlement, and the amount of the settlement can be estimated reliably. Creditors and provisions are recognised at the amount the charity anticipates it will pay to settle the debt. They have been discounted to the present value of the future cash payments where such discounting is material.

Fund Accounting

The unrestricted general funds comprise the monies which may be used towards meeting the charitable objectives of the charity and which may be applied at the discretion of the Trustees. Within unrestricted funds, certain funds have been designated by the Trustees for specific purposes. Details of these are given in note 15 to the financial statements.

Restricted funds comprise monies raised for, or their use restricted to, a specific purpose, or contributions subject to donor imposed restrictions.

Operating Leases

Rentals applicable to operating leases where substantially all of the benefits and risks of ownership remain with the lessor are charged to the statement of financial activities as incurred.

Pension Costs

Contributions to employees' personal pension plans and to stakeholder schemes are recognised in the statement of financial activities when payable.

Woman's Trust
Notes to the Financial Statements
For the year ended 31st March 2020

2 Donations	Unrestricted 2020 £	Unrestricted 2019 £
The donations are made up as follows:		
General donations	103,903	82,590
Donated services		
- Counselling rooms	15,490	20,490
- Counselling services	91,800	116,550
Total	211,193	219,630

Donated services comprise:

- Time donated to the charity by various counsellors, the value estimated based on the number of sessions attended at £30 per session.
- Rooms donated to the charity by various providers, the value estimated based on the numbers of hours (£10 per hour) for which the rooms are reserved to provide counselling services.

3 Charitable Activities

Charitable activities are made up of grants and project funding as follows:

	2020 £	2019 £
Leathersellers' Company Charitable	10,000	-
Garfield Weston Foundation	-	15,000
Spear Charitable Trust	5,000	-
Lloyds Bank Foundation, England and Wales	45,000	-
London Catalyst Samaritan Grant	-	1,000
NHS West London CCG	27,908	27,361
Peter Stebbings Memorial Charity	-	15,000
RBKC - Children and Families	26,500	26,500
The Everest Trust	2,500	7,000
The Henry Smith Charity	-	30,000
Lancaster Hotel	-	4,545
William Allen Young	2,000	-
Treebeard Trust	25,000	25,000
W F Southhall Trust		1,869
Persula Foundation	1,000	-
Steven Prevezer Charitable Trust	100	-
Sir Jules Thorne Trust	-	1,000
Blakemore Foundation	100	-
Souter Charitable	2,000	-
Unrestricted funds	147,108	154,275

Woman's Trust
Notes to the Financial Statements
For the year ended 31st March 2020

3 Charitable Activities (continued)	2020	2019
	£	£
Home Office Transformation Fund	-	35,000
London Borough of Barking & Dagenham	-	20,000
The National Lottery Community Fund - Counselling	104,644	102,315
The National Lottery Community Fund - Support Groups	98,624	95,873
Charles Hayward Foundation	35,000	5,000
Charles S French Charitable Trust	2,000	2,000
City of London Solicitors	1,500	-
Daisy Trust	2,000	2,008
Didymus Charity	-	4,000
Dudley & Geoffrey Cox Charitable Trust	14,790	4,930
East End Community Foundation - The Tampon Tax Fund	-	7,771
Dr Edwards & Bishop Kings Fulham Charity	3,514	5,663
Gowling WLG	1,000	1,000
Hackney Parochial Charities	-	10,000
Tower Hamlets Local Community Fund	9,640	-
Hammersmith United Charity	-	8,000
Hyde Park Place Estate Charity	10,000	-
Lyles	1,268	-
Axis Foundation	3,351	-
London Borough of Hammersmith and Fulham	3,500	5,000
London Catalyst	2,000	3,000
The Living Communities Fund	-	3,840
The Marylebone Hotel	2,000	-
The Shanly Foundation	1,000	-
Matrix Causes Fund	-	2,520
Merchant Taylors' Consolidated Charities	20,080	10,159
Mills & Reeve Charitable Trust	-	500
John Lewis	1,000	-
The Seed Fund for Newham	-	4,472
Strand Parishes Trust	5,500	5,470
Standing Together	-	10,000
HM Treasury Tampon Tax	24,000	24,000
London Community Foundation Tampon Tax	5,000	5,000
Wakefield and Tetley Trust	-	8,000
Westminster Dept for Communities and Local Government	-	2,635
Lady Balogh Trust	3,000	-
Westminster Amalgamated Charity	-	10,000
Westway Trust	2,500	2,500
Dentons	1,000	-
Transformation fund - Angelou	21,750	-
Restricted funds	379,661	400,656
Total	526,769	554,931
4 Other Income	Unrestricted	Unrestricted
	2020	2019
	£	£
Other income is made up as follows:		
Non-refundable counsellors' deposits	-	-
Other miscellaneous income (room hire and compensation for business disruption)	-	3,934
Total	-	3,934

Woman's Trust
Notes to the Financial Statements
For the year ended 31st March 2020

5 Investment Income	Unrestricted 2020 £	Unrestricted 2019 £
Bank interest received	<u>306</u>	<u>209</u>
6 Raising funds	Unrestricted 2020 £	Unrestricted 2019 £
Staff costs (note 10)	53,509	56,233
Other costs	2,093	2,965
	<u>55,602</u>	<u>59,198</u>

Woman's Trust
Notes to the Financial Statements
For the year ended 31st March 2020

7 Charitable Expenditure

Charitable expenditure comprises costs associated with the provision of counselling and support services, and are classified below.

	2020		2019	
	Unrestricted Funds	Restricted Funds	Unrestricted Funds	Restricted Funds
	£	£	£	£
Direct Costs:				
Staff costs (note 10)	53,483	186,033	37,741	148,815
Childcare and client hardship	118	3,285	1,280	3,030
Counselling supervisors and training	4,453	21,293	4,512	25,951
Paid counsellor's fees	10,250	8,944	-	16,275
Room and equipment hire	4,679	45,171	4,874	37,665
Volunteer training and expenses	653	6,478	1,553	7,464
Workshop expenses	2,000	17,174	2,267	11,540
Donated counselling services (note 2)	91,800	-	116,550	-
Donated counselling rooms (note 2)	15,490	-	20,490	-
Paid assessor's fees	2,000	5,151	6,050	4,345
Other direct costs	1,087	10,470	862	7,973
	186,013	303,999	196,179	263,058
Premises Costs:				
Rent and rates	8,826	-	9,056	-
		8,826		9,056
Administrative costs:				
Staff costs (note 10)	86,163	41,635	99,859	41,635
Office overheads	-	44,391	-	39,699
Governance costs	11,836	-	9,977	-
	292,838	390,025	315,071	344,392
Total		682,863		659,463

Woman's Trust
Notes to the Financial Statements
For the year ended 31st March 2020

8 Governance Costs	Unrestricted 2020 £	Unrestricted 2019 £
Accountancy	4,200	3,402
Staff costs (note 10)	7,636	6,575
Total	<u><u>11,836</u></u>	<u><u>9,977</u></u>

9 Net Movement in Funds

This is stated after charging:

	2020 £	2019 £
Staff costs (note 10)	432,658	384,283
Independent examiner's fees (including VAT)	4,200	3,402
Depreciation	2,828	2,567
Operating lease rentals and business rates	<u>21,854</u>	<u>23,090</u>

The full office rent is £51,000 but offset with the internal room hire charges hence the low amount shown

10 Staff Costs

	2020 £	2019 £
Staff costs during the year were as follows:		
Wages and salaries	372,491	335,719
Social security costs	25,444	23,022
Employer's pension contributions	11,815	11,060
	<u>409,750</u>	<u>369,801</u>
Self employed staff	4,047	4,054
Agency staff cost	6,893	-
Other staff related costs (training, supervision, and travel)	7,248	5,620
Staff recruitment	4,720	4,808
	<u><u>432,658</u></u>	<u><u>384,283</u></u>
	2020 £	2019 £

Staff costs by function were as follows:

Fundraising	53,509	56,233
Marketing/Social Media	3,815	8,010
Provision of counselling and support services	229,940	191,716
Administration	137,758	121,749
Governance	7,636	6,575
	<u><u>432,658</u></u>	<u><u>384,283</u></u>

Woman's Trust
Notes to the Financial Statements
For the year ended 31st March 2020

10 Staff Costs (continued)

No employee earned £60,000 per annum or more (including benefits) during the year (2019: none).

The average number of employees during the year was 20 (2019: 18).

The key management personnel of the charity in charge of directing and controlling, running and operating the charity on a day to day basis comprise the Trustees, the Chief Executive, the Fundraising and Development Manager, Therapeutic Services Manager and the Finance Manager. The total remuneration (including taxable benefits) of the key management personnel for the year was £151,353 (2019: £135,256).

No Trustee received any remuneration in respect of their services as as trustee during the year (2019: none). No expenses were reimbursed to Trustees during the year (2019: none).

11 Taxation

Woman's Trust is a registered charity and therefore is not liable to income tax or corporation tax on income derived from its charitable activities, as it falls within the various exemptions available to registered charities.

12 Tangible Fixed Assets

	Furniture & Equipment
Cost	
At 1 April 2019	72,043
Additions	2,601
At 31 March 2020	74,644
Depreciation	
At 1 April 2019	65,421
Charge for the year	2,828
At 31 March 2020	68,249
Net Book Value	
At 31 March 2019	6,622
At 31 March 2020	6,395

13 Debtors

	2020	2019
	£	£
Debtors and prepayments	562	1,481
Accrued income	-	16,864
	562	18,345

Woman's Trust
Notes to the Financial Statements
For the year ended 31st March 2020

14 Creditors: amounts falling due within one year

	2020	2019
	£	£
Creditors and accruals	4,855	4,999
Deferred income	10,000	49,138
Tax and social security	7,808	6,480
Other creditors	7,829	14,036
Total	<u>30,492</u>	<u>74,653</u>

	2020	2019
	£	£
Amount brought forward	49,138	75,143
Released in year	(49,138)	(75,143)
Deferred in year	10,000	49,138
Amount carried forward	<u>10,000</u>	<u>49,138</u>

Woman's Trust
Notes to the Financial Statements
For the year ended 31st March 2020

15 Restricted Funds

	At 1 April 2019	Income	Expenditure	At 31 March 2020
	£	£	£	£
The National Community Fund – Counselling	22,969	104,644	110,671	16,942
The National Community Fund – Support Groups	14,971	98,624	95,720	17,875
Charles Hayward Foundation	7,910	35,000	27,317	15,593
Charles S French Charitable Trust		2,000	1,000	1,000
Lady Balogh Trust		3,000	555	2,445
Dudley & Geoffrey Cox Charitable Trust	1,160	14,790	15,950	-
Dr Edwards & Bishop Kings Fulham Charity		3,514	3,514	-
East End Community Foundation - The Tampon Tax Fund	5,828	-	5,828	-
Gowling WLG		1,000	1,000	-
The Shanly Foundation		1,000	1,000	-
Hyde Park Place Estate Charity		10,000	5,000	5,000
Hackney Parochial Charities	5,547	-	5,547	-
John Lewis		1,000	1,000	-
London Borough of Barking & Dagenham	4,000	-	4,000	-
London Catalyst East London Marylebone Hotel		2,000	1,538	462
Dentons	-	1,000	1,000	-
Merchant Taylors' Consolidated Charities	3,963	20,080	13,899	10,144
Axis Foundation		3,351	-	3,351
Transformation fund - Angelou		21,750	21,750	-
Lyles Local fund		1,268	1,268	-
City of London Solicitors		1,500	750	750
LB of Hammersmith & Fulham Tower Hamlet Local Community Fund		3,500	3,500	-
Strand Parishes Trust		9,640	3,361	6,279
Standing Together	2,031	-	3,667	1,833
HM Treasury Tampon Tax	18,546	24,000	32,013	10,533
London Community Foundation Tampon Tax	3,557	5,000	8,557	-
The Daisy Trust		2,000	2,000	-
Westminster Amalgamated Charity	3,086	-	3,086	-
Westminster Dept for Communities and Local Government	5,751	-	5,751	-
Wakefield & Tetley Trust	3,253	-	3,253	-
Westway Trust		2,500	2,500	-
	<u>102,572</u>	<u>379,661</u>	<u>390,026</u>	<u>92,208</u>

Woman's Trust
Notes to the Financial Statements
For the year ended 31st March 2020

Purposes of Restricted Funds

The restricted resources comprise donations and grants from individuals or organisations to be expended for the continuation of counselling projects and support groups.

16 General funds

The general funds of the charity include the following designated funds which have been set aside out of unrestricted funds by the Trustees for specific purposes:

	At 1 April 2019	Income	Expenditure	At 31 March 2020
	£	£	£	£
Designated Funds:				
Provision of counselling service - projects	15,250	15,250	15,250	15,250
Projects - operational costs	44,750	44,750	44,750	44,750
	<u>60,000</u>	<u>60,000</u>	<u>60,000</u>	<u>60,000</u>
General Funds	171,796	298,607	288,440	181,963
Total General Funds	<u>231,796</u>	<u>358,607</u>	<u>348,440</u>	<u>241,963</u>

All designated funds will be spent within 12 months.

Woman's Trust
Notes to the Financial Statements
For the year ended 31st March 2020

17 Analysis of net assets between funds

	General Funds £	Restricted Funds £	Total 2020 £
Fixed assets	6,395	-	6,395
Current assets	256,061	102,208	358,269
Creditors: amounts falling due within one year	(20,492)	(10,000)	(30,492)
	<u>241,964</u>	<u>92,208</u>	<u>334,172</u>

18 Lease commitments

At 31 March 2020 Woman's Trust had total commitments under operating leases on land and buildings as follows: The current lease ended in June 2020 and is now on a monthly rolling basis.

	2020 £	2019 £
Within one year	9,641	51,000
Within two to five years	-	9,641
	<u>9,641</u>	<u>60,641</u>

19 Related Party Transactions

There were no related party transactions in the financial year (2019:none)

Woman's Trust
Notes to the Financial Statements
For the year ended 31st March 2020

20 Prior Year Statement of Financial Activities

	Note	Unrestricted Funds £	Restricted Funds £	2019 Total Funds £
Income and endowments from:				
Donations	2	219,630	-	219,630
Charitable activities	3	154,275	400,656	554,931
Other Activities	4	3,934	-	3,934
Investment income	5	209	-	209
Total income		<u>378,048</u>	<u>400,656</u>	<u>778,704</u>
Expenditure on:				
Raising Funds	6	59,198	-	59,198
Charitable Expenditure	7	315,071	344,392	659,463
Total Expenditure		<u>374,269</u>	<u>344,392</u>	<u>718,661</u>
Net Income/(Expenditure)	9	3,779	56,264	60,043
Transfers between funds		(5,178)	5,178	-
Net Income/(Expenditure) for the Year		<u>(1,399)</u>	<u>61,442</u>	<u>60,043</u>
Total Funds as at 1st April		<u>233,195</u>	<u>41,130</u>	<u>274,325</u>
Total Funds as at 31st March	15,16	<u><u>231,796</u></u>	<u><u>102,572</u></u>	<u><u>334,368</u></u>

There are no recognised gains and losses other than those passing through the statement of financial activities account. All incoming resources and resources expended derive from continuing activities.

Woman's Trust
Notes to the Financial Statements
For the year ended 31st March 2020

This page does not form part of the statutory financial statements

	2020	2019
	£	£
<u>INCOME</u>		
Grants receivable	526,769	554,931
Gifts and donations	99,413	79,642
Fundraising events	4,490	2,948
Interest receivable	306	209
Donated counselling rooms	15,490	20,490
Donated counselling services	91,800	116,550
Other income	-	3,934
Total income	<u>738,268</u>	<u>778,704</u>
<u>EXPENDITURE</u>		
Fundraising costs (excluding staff costs)	<u>2,093</u>	<u>2,965</u>
Direct charitable costs		
Childcard and hardship	3,403	4,310
Counselling supervision	25,746	30,463
Paid counsellor and IS assessor	26,345	26,670
Room and equipment hire	49,850	42,539
Volunteer training and expenses	7,131	9,017
Workshop running expenses	19,174	13,807
Donated counselling rooms	15,490	20,490
Donated counselling services	91,800	116,550
Initial sessions cost	-	-
Other direct costs	11,557	8,835
	<u>250,496</u>	<u>272,681</u>
Staff costs		
Staff salaries (including social security)	397,935	358,741
Staff pension costs	11,815	11,060
Staff supervision	4,357	3,349
Staff recruitment	4,047	4,808
Staff training and travel	2,891	2,271
Self-employed staff & Agency staff	11,613	4,054
	<u>432,658</u>	<u>384,283</u>
Premises costs		
Rent and rates	<u>21,854</u>	<u>23,090</u>
Administration and governance costs		
Independent examiner fees	4,200	3,402
Non capitalised equipment	174	1,237
Insurance	2,762	2,620
Membership and subscriptions	2,276	1,267
Printing, postage and stationery	3,474	1,923
Telephone expenses	2,647	3,531
Web design & development	-	8,984
IT support and maintenance	7,639	6,199
Depreciation	2,828	2,567
Sundry	5,364	3,912
	<u>31,364</u>	<u>35,642</u>
Total expenditure	<u>738,465</u>	<u>718,661</u>
Net income/ (expenditure) for the year	<u>(197)</u>	<u>60,043</u>