



## **Annual Report and Unaudited Financial Statements**

**31<sup>st</sup> March 2018**

Company Registration Number 06886781 (England and Wales)

Charity Registration Number 1143513

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The following page does not form part of the financial statements:

Detailed analysis of income and expenditure

The Trustees present their statutory report together with the financial statements of Woman's Trust for the year ended 31 March 2018.

This report has been prepared in accordance with Part 8 of the Charities Act 2011 and constitutes a directors' report for the purposes of company legislation.

The financial statements have been prepared in accordance with the accounting policies set out on pages 26 to 27 of the attached financial statements and comply with the charity's memorandum and articles of association, applicable laws and Accounting and Reporting by Charities: Statement of Recommended Practice (SORP) applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the United Kingdom and Republic of Ireland (FRS 102), effective from accounting periods commencing 1 January 2015 or later.

**Reference and administrative information**

**Directors (Corporate Trustees)**  
(at date of approval of the  
financial statements)

Sally Field (Chair)  
Helen Hayes (Vice Chair)  
Maya Rodriguez (Treasurer)  
Anthonia Ifeanyi-Okoro (Secretary)  
Sharon Citrone  
Mariam Kemple Hardy  
Linda McHugh  
Debbie Hartley  
Nicola Peers

**Chief Executive Officer  
Principal office**

Heidi Riedel  
West End House  
37 Chapel Street  
London  
NW1 5DP

**Company registration  
number**

06886781 (England and Wales)

**Charity registration number**

1143513

**Accountant**

Kingston Smith LLP  
Devonshire House  
60 Goswell Road  
London  
EC1M 7AD

**Bankers**

CAF Bank Limited  
25 Kings Hill Avenue  
King's Hill  
West Malling  
Kent  
ME19 4TA

**Woman's Trust**

**Trustees' Report** Year to 31 March 2018

**Patrons' and Ambassadors' statements** Year to 31 March 2018

**PATRONS**



Caprice Bourret, CEO By Caprice Product

*"Woman's Trust does incredible work tackling the long term effects of domestic violence. I continue to support their work because this service is needed and valued by women in London"*



Tazeen Ahmad, TV reporter and presenter

*"Woman's Trust provides life-changing validation and counselling that can get a woman psychologically back on her feet, in order to rebuild a better life for herself and her children. This kind of help is not only priceless but also has long-lasting effects."*

**AMBASSADORS**



Marianna Zappi, singer songwriter

*"To any woman in a violent relationship, please seek help. I know it is possible to recover, to have a life after something so atrocious. Woman's Trust is there for you."*



Tee Falcone

*"The various services offered by Woman's Trust are incredibly beneficial and have changed copious women's lives for the better – together we are stronger."*

**Woman's Trust**

**Trustees' Report** Year to 31 March 2018

**Chair's foreword** Year to 31 March 2018

I am delighted to present our latest Woman's Trust Annual Report.

In common with other charities in the sector, we have had to work very hard this year to secure funding to deliver our service to the women we help. Continued cuts to statutory funding and services mean the demand for our service continues to rise, and the women who come to us have more severe mental health problems.

Against this backdrop, we have maintained our core services and demonstrated the effectiveness of what we do best – improve the lives and futures of women surviving domestic abuse. I hope you will be as heartened as we are to read about the vital services we provide and the feedback from our amazing clients.

A huge thank you to all our staff, trustees, patrons, ambassadors, volunteers, funders and our army of supporters. Without all of you, none of this would be possible

Finally, I must pay tribute to Maya Gagni, who left Woman's Trust last summer. Maya had been our Therapeutic Services Manager for over 10 years. Her dedication to helping women recover from their domestic abuse experiences is unparalleled. Instrumental in the development of our clinical services, Maya's many years hard work saw Woman's Trust survive, and grow into the organisation we are now.

Sally Field  
Chair

### ***Our Vision***

A world where women have the resources to prevent domestic violence damaging their futures.

### ***Our Mission***

To help any woman in London affected by domestic abuse to overcome the mental and emotional harm and rebuild her life, by providing women-only, client-led counselling and support services.

### **Charitable object**

Woman's Trust's charitable object is:

To relieve women and children who are being, or have been, affected by domestic abuse, through the provision of a counselling and support service.

### **Woman's Trust is special because:**

- ◆ We offer 'person-centred' counselling and therapeutic services, addressing the long term mental health and emotional impacts of domestic abuse
- ◆ we enable women to make their own choices and decisions, in their own way, in overcoming the risk and damage caused by domestic abuse
- ◆ we provide accessible services regardless of race, religion, class or culture; and
- ◆ we are expert in understanding the dynamics of domestic violence and abuse and its effects on women's lives.

Woman's Trust is a women-only organisation. It is led by members of the community it was developed to serve: women who live or work in and around London.

### **Overall aims and outcomes**

Domestic abuse has or will affect one in four women in the UK. The psychological and emotional consequences of abuse, if left unaddressed, can last a lifetime. The primary aim of our service is to enable women to rebuild their lives.

### **The services that we provide**

We aim to tackle the emotional and psychological damage caused by abuse, by providing appropriate mental health services: specialist person-centred one-to-one counselling, therapeutic support groups (both BACP accredited services), as well as self-development workshops, crisis-counselling and mother and children art therapy groups.

## Our Clients' Journey

\*Women can choose to access one or more services either simultaneously or one after the other

### Referral

Deciding on suitability for our services, and sign-posting to a range of other services to give women the support they need

### Crisis Counselling

Up to three sessions to help women in urgent need to cope while they wait for counselling

### Long Term Counselling

Up to 18 weekly 50-minute one-to-one person-centred counselling sessions with a professional volunteer counsellor, trained to understand the specific dynamics and issues associated with domestic abuse

### Therapeutic Support Groups

Eight, weekly sessions of 2 hours, where women share their stories with other women to support each other in their recovery

### Self-Development Workshops

Up to six, weekly, one day sessions designed to help women with the practical and emotional fall-out from domestic abuse, and move on with their lives

### Mother & Child Art Therapy Workshops

For mothers already engaged with counselling or support groups, weekly art therapy sessions during weekends and school holidays for themselves and their children

*"I know that I can speak to someone about my problems here, and get help"*

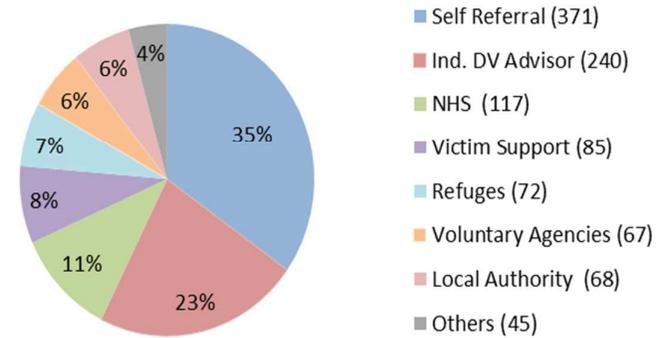
*"I have had a chance to express myself and address my issues openly without any fear"*

*"Really good quality counsellor. Compassionate, non-judgemental and insightful"*

*"Crisis counselling helped me speak my mind, especially on the things I have gone through"*

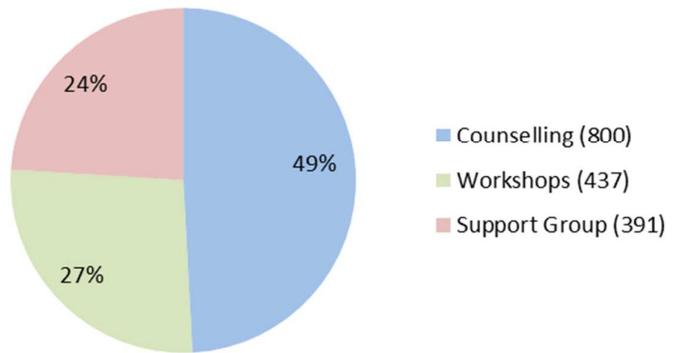
*"Keep up the excellent work. These workshops are saving and enriching my life"*

### How Clients Accessed our Services



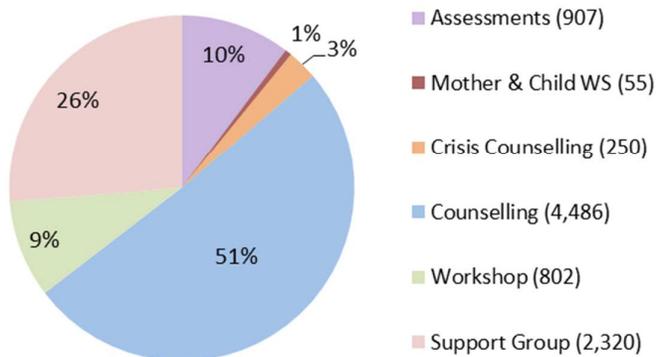
Above: Numbers of referrals and from where

### Services Women Ask For



Above: Numbers of women requesting our different services (Counselling includes Crisis, Workshops includes Mother & Child)

### Sessions Provided for Each Service



Above: Number of service sessions provided through the year

## Outcomes

Woman's Trust uses different monitoring and evaluation systems to analyse the efficacy of its clinical services. The two main evaluation systems employed by Woman's Trust are Clinical Outcomes in Routine Evaluation (CORE) for counselling and Woman's Trust own entrance and exit questionnaires (EQ) for all our services. These measures help us see the positive difference we make to women's lives.

### Crisis counselling – 73 women attended

After using this short, urgent service:

- ◆ 55% of women felt they were less at risk
- ◆ 88% of women felt safer
- ◆ 86% of women felt less overwhelmed

*"I came to Woman's Trust broken and a mess. Three sessions and I cannot believe how much has changed. I could open up and say what I'd been hiding for so long. I am looking at things in a new perspective and giving myself the chance to be happy. Without this service so many women would be alone and confused and have no-one to hear our story." (Crisis Counselling client)*

### Counselling – 455 women attended

Measures of health and well-being improved by Woman's Trust services		EQ	CORE
		% Improvement	
Healthier Lives	Trauma (PTSD)	N/A	59%
	Stress/Anxiety	96%	59%
	Depression	N/A	58%
	Self-esteem	96%	59%
	Isolation	96%	60%
	Suicidal	N/A	74%
	Self-Harming	N/A	62%
More Autonomy and Life Choices	Control over future	91%	56%
	Confidence	96%	49%
	Knowledge of own rights	91%	N/A
	Knowledge of other support	95%	N/A
Ability to function	Relationship with children	89%	N/A
	Interpersonal relationships	94%	47%
	Self-Care	96%	N/A

*"Woman's Trust gave me support in a way that I felt respected as an equal individual. My counsellor gave me the space and opportunity to process and make sense of the traumas I had experienced. I am now safe, back at University and enjoying the freedom to raise my son in a happy, loving environment."*

### **Therapeutic Support Groups – 29 groups, 161 group places attended by women**

Women were overwhelmingly positive about the impact of this service.

- ◆ 98% had improved knowledge of their rights,
- ◆ 95% felt more in control of their future
- ◆ 97% felt improvement in stress and anxiety level
- ◆ 97% felt improvement in confidence
- ◆ 94% reported better relationships with their children

*"Sharing experiences with fellow abuse survivors was an eye-opener. I realised I was not alone and that anyone could be affected. The support I got from the facilitator and friendships with other group members is invaluable. I now understand that I should not feel guilty, ashamed, or responsible for what happened to me and that I deserve better. I feel stronger, more confident and better equipped to continue my road of recovery."*

### **Self-Development Workshops – 41 workshops, 525 attendances by women**

As a result of their attendance, women reported 95% improvement in their:

- ◆ Ability to cope with their experienced of domestic abuse
- ◆ Awareness of the impact of domestic abuse

Women said, there was a 98% or more improvement in their:

- ◆ Self-esteem and confidence; and
- ◆ Feeling of isolation and interaction with others
- ◆ Skills to cope with domestic abuse; and
- ◆ Readiness to take positive steps to change their lives

*"I have a better understanding of domestic abuse, its causes and how it manifests, and most importantly about healthy relationships and keeping safe. I have not fallen into the arms of my ex or another abuser - that is the biggest outcome for me."*

**Mother and Child Art Therapy – 11 workshops, 46 attendances by mothers and 58 attendances by children**

As a result of their attendance, mothers reported:

- ◆ 100% felt less isolated;
- ◆ 100% felt more able to interact with others
- ◆ 98% felt more ready to take positive steps to change their lives

Children also reported positive impact as a result of the therapy :

- ◆ 87% felt confident
- ◆ 95% felt proud; and
- ◆ 94% felt happy

*"It has been great working together with my son. It is a positive space for a creative outlet, without distractions in the home. The workshops have really increased his confidence. He loved making the t-shirt and has probably worn it every day since. This is significant as he has been described as having low self-esteem and often would not even have a go at things. He is proud of everything he has made and we both look forward to coming."*

## **Our resources**

### ***Our staff***

Woman's Trust maintains a small core staff, recruited for specific skills and experience,

All of our staff are women, dedicated to the ethos of Woman's Trust and determined to provide women in London with the service they so desperately need.

### ***Our volunteers***

Our office team is enhanced by many similarly dedicated volunteers. Volunteers come to us for many reasons, including: for work experience; to learn about domestic abuse; to use their skills to help us help our clients; and to raise funds. We are reliant on a steady stream of these wonderful volunteers. Many go on to paid work in other charities, and some we are able to recruit into our own job vacancies. All give very positive feedback about their experience with Woman's Trust.

### ***Counsellors***

Woman's Trust's volunteer counsellors are a mix of fully qualified counsellors and part-qualified. For those part-qualified, a counsellor placement with Woman's Trust provides the required number of client-contact hours to become fully qualified. Woman's Trust provides counsellors with specialist induction training in domestic abuse issues, CPD training, and with specialist clinical supervision throughout their placement. During the year, we worked with a total of 62 volunteer counsellors and two sessional counsellors.

## **Our Partnerships**

The trusts and foundations who support us are looking for more joined-up services and we are pleased to report successful partnerships formed and continued this year: we joined the London Violence Against Women and Girls consortium; were successful in securing funding in a joint venture with Iranian & Kurdish Womens Rights; partnered with Hestia, the Employers Initiative on domestic abuse and Corporate Alliance Against Domestic Abuse, and corporate sponsors for a Tampon Tax grant; and continued our work in the Angelou partnership securing grant funding from the Transformation Fund.

## **Governance, structure and management**

### ***Governance***

Woman's Trust is constituted as a charity registered for charitable purposes with the Charity Commission (Charity Registration Number 1143513) and a company limited by guarantee (Company Registration Number 06886781).

Prior to 1 April 2013, Woman's Trust was constituted as an unincorporated charity (Charity Registration Number 1143513).

### ***Organisational structure***

Woman's Trust's ultimate decision-making body is its Trustees, working collectively as a Board. The Trustees are the Directors of the company. Any individual wishing to become a Trustee of the Woman's Trust should apply to the charity in the form required by the existing Trustees. Upon consideration of the application, the existing Trustees will approve the appointment if the applicant is successful.

Day-to-day management of Woman's Trust is delegated to an employed Chief Executive, who is in turn responsible for delegating work to staff and volunteers.

### ***Trustees***

The following Trustees served throughout the year 1 April 2017 to 31 March 2018, except where shown.

#### **Trustees**

#### **Appointed/resigned**

Sally Field (Chair)

Helen Hayes (Vice Chair)

Maya Rodriguez (Treasurer)

Sharon Citrone

Linda McHugh

Mariam Kemple Hardy

Debbie Hartley

Nicola Peers

Appointed April 2017

Anthonia Ifeanyi-Okoro (Secretary)

Appointed October 2017

Mary Dolson

Resigned July 2017

Naomi Mallick

Resigned November 2017

Brief biographical details of the Directors (Corporate Trustees) at the date of signing these accounts are given below.

**Woman's Trust**

**Trustees' Report** Year to 31 March 2018

*Sally Field - Chair*

A retired senior civil servant and NHS non-executive, formerly head of Family Law & Justice at the Ministry of Justice. Sally Field is a Director of several companies and a Company Secretary.

*Helen Hayes – Vice Chair*

Helen Hayes is a BACP Senior Accredited Counsellor and UKCP Registered Psychotherapist, with over twenty years' experience of working therapeutically with people in distress.

*Maya Rodriguez – Treasurer*

Founder and managing partner of AZR Capital Ltd, with over ten years' experience of working in the asset management industry.

*Sharon Citrone*

Head of HR at the Medical Research Council London Institute of Medical Sciences, with extensive knowledge and experience of HR practice and policy.

*Linda McHugh*

A Parole Commissioner for Northern Ireland, a former member of the audit committee of The Law Society, and a Board Member or Trustee of a number of bodies including Providence Row, the homelessness charity.

*Mariam Kemple Hardy*

Head of Campaigns at Refugee Action with extensive international and national campaigning experience. Formerly with Oxfam International as Head of Humanitarian Campaigning and Crisis Action.

*Debbie Hartley*

A senior executive in the finance industry with over 20 years in banking and investment management.

*Nicola Peers*

An experienced Marketing and Procurement Director, and Non-Exec Director. She is on the Board of a local political party, and a charity for the preservation of Blackheath.

*Anthonia Ifeanyi-Okoro - Secretary*

An experienced programme and project manager with the City of London Corporation.

### ***Trustee induction and training***

On appointment each Trustee is given a welcome pack which includes information about all Woman's Trust services, the annual financial statements, job descriptions, roles and responsibilities of Trustees, the constitution and the strategic plan.

Trustees are given an induction to the work of the service at the charity's office, spending time with members of staff who introduce the work to them. The charity provides opportunities for Trustees to attend internal specialised domestic abuse training and external training, including governance, planning and finance.

### ***Statement of Trustees' responsibilities***

The Trustees (who are also directors of Woman's Trust for the purposes of company law) are responsible for preparing the Trustees' report and financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

Company law requires the Trustees to prepare financial statements for each financial year which give a true and fair view of the state of affairs of the charitable company and of the income and expenditure of the charitable company for that period.

In preparing these financial statements, the Trustees are required to:

- ◆ select suitable accounting policies and then apply them consistently;
- ◆ observe the methods and principles in Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable to the United Kingdom and Republic of Ireland (FRS 102);
- ◆ make judgements and estimates that are reasonable and prudent;
- ◆ state whether applicable United Kingdom Accounting Standards have been followed, subject to any material departures disclosed and explained in the financial statements; and
- ◆ prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charitable company will continue in operation.

The Trustees are responsible for keeping proper accounting records that disclose with reasonable accuracy at any time the financial position of the charitable company and enable them to ensure that the financial statements comply with the Companies Act 2006. They are also responsible for safeguarding the assets of the charitable company and hence for taking reasonable steps for the prevention and

detection of fraud and other irregularities.

The Trustees are responsible for the maintenance and integrity of the corporate and financial information included on the charitable company's website. Legislation in the United Kingdom governing the preparation and dissemination of financial statements may differ from legislation in other jurisdictions.

### ***Risk management***

The Trustees have assessed the major risks to which the charity is exposed in line with the risk management policy. The policy involves an annual risk analysis which forms part of the charity's strategic planning process and the individual risk assessments of proposed new projects or developments. Annual monitoring is supplemented by update reports throughout the financial year. Where major risks are identified, the Trustees will take the appropriate action to ensure that these are mitigated. Four of the major risks are identified below.

#### **1. Financial risk**

Over recent years Woman's Trust has increased the resources spent on fundraising, and increased the range of sources of funding, to the point where we are confident of being able to maintain much of our service in the short-to-medium term. To maintain activity each year, we need to raise funds year-on-year. Funding shortfalls represent risks to the scale and scope of our work, but not to the organisation as a whole. If a major funding source is not renewed, Woman's Trust has contingency plans to make the necessary service changes should this risk materialise.

Cuts to statutory funding continue to increase competition for Trust and Foundation funding. To continue our work we have had to join together multiple short term funds that cover different services and different geographical areas.

- ◆ We maintain logs of all funding streams so that we know exactly when a funding stream ends;
- ◆ We understand the bidding process timetables, so bids to renew funds or obtain new funding are made well in advance;
- ◆ We build our annual budget based on secured funding and identify any funding gap which becomes our fundraising target for the year; and
- ◆ We continue to maintain a diversity of funding streams (31 funders this year).

## 2. Resource risk

Woman's Trust retains a very small paid workforce. Trustees recognise that a significant risk is the loss of one or two key staff, who it would be difficult to replace, or replace quickly. We have introduced some longer notice periods, and have ensured that staff development opportunities have been taken. We have documented systems, job handbooks, meetings and plans to ensure staff and volunteers can access the knowledge they would need to undertake new tasks.

## 3. Operational risk

The nature of our service, undertaking sensitive work with vulnerable clients, means that we have to manage operational risk carefully. From previous experience we knew that recruiting sufficient counsellors for our East London counselling service will remain a significant challenge.

- ◆ Our funders are aware of this issue;
- ◆ We carefully manage the waiting lists to match the available counsellor resource; and
- ◆ We use paid counsellors where needed.

## Financial review

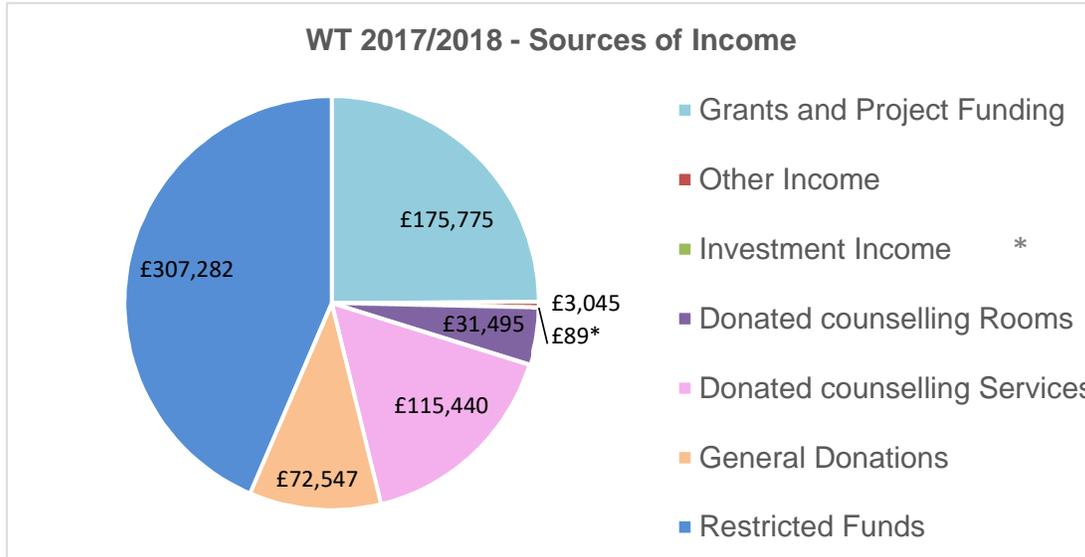
### *Financial position*

Woman's Trust's finances during 2017/18 reflect our activities:

- ◆ We are very pleased to have exceeded our fundraising target for another year, so we could deliver all our planned activity and more
- ◆ In parallel, we have kept costs tight resulting in an underspend, including managing the higher spend on counselling and support services
- ◆ We have also increased our free reserves, maintaining the sustainability of Woman's Trust at current expenditure and activity levels whilst providing a modest cushion for new projects

### Income

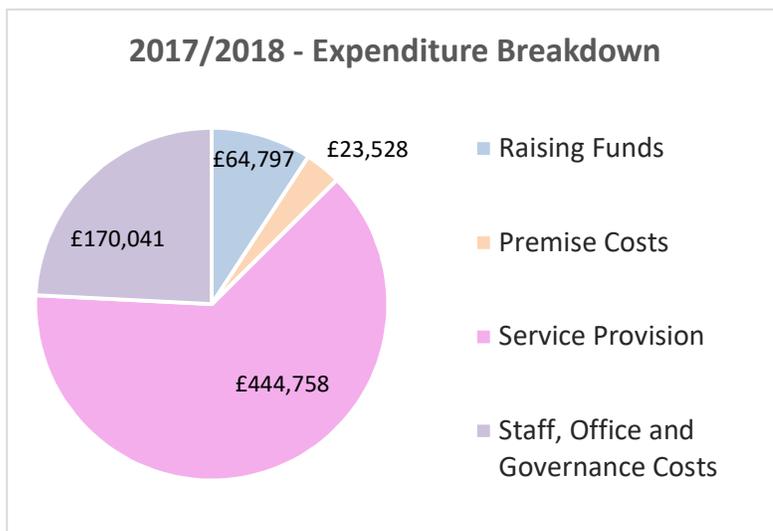
Woman's Trust received around £705,000 in total income in the year to March 2018; an increase of 5% on last year. Restricted income amounted to approximately 44% or £307,000 of Woman's Trust total income. Unrestricted income totalled about £400,000 half of which came from grants and donated project funding such as counselling services and counselling rooms.



### Expenditure

In the year to March 2018, expenditure came to about £703,000 a small increase of 8% on last year. Expenditure spent on raising funds remained stable, totalling about 9% of total expenditures this year. Our investment in Fundraising over the last three years has significantly improved our income.

All remaining funds have been spent on Charitable undertakings. For the first time, Woman's Trust has had to employ paid counsellors due to the lack of volunteers in East London and neighbouring areas. Otherwise, Trustees are happy that costs have been managed quite tightly by the charity CEO.



### ***Financial position at the end of the year***

The reserves position at the end of the year has slightly increased to £286,825. Restricted funds carried forward were £41,130, reflecting the fact that project funding is rarely aligned with financial years. The unrestricted funds stood at £245,695 at the end of the year but this includes designated funds of £60,000 set aside to cover project and core costs during 2018/2019. This leaves free reserves of £185,695 or approximately 26% of our annual running cost, roughly in line with the reserves policy below and improving on last year.

### ***Reserves policy***

The Trustees review the reserves policy annually and the calculation of the required level of reserves is an integral part of the organisation's planning and budgeting. It takes account of the risks associated with each stream of income and expenditure being different from that budgeted, the organisation's commitments and the planned activity level.

The reserves policy requires free reserves (i.e. unrestricted and non-designated reserves) to be maintained at a level which ensures that the organisation's core activity could continue during a period of unforeseen difficulty such as:

- ◆ a funding gap, possibly whilst waiting for the result of an application;
- ◆ funding short term deficits in a cash budget, when paid in arrears;
- ◆ covering unforeseen day to day operational costs, such as paying temporary staff in the absence of permanent staff;
- ◆ covering unforeseen emergency costs.

The Trustees believe that it is prudent for the financial reserve to be more than three months running costs to meet the above obligations. Our medium term objective is to move to a 6 months reserve policy.

The Trustees primarily look at free reserves to calculate the level of reserves required, but if there are restricted reserves carried forward within on-going projects these may be included within the calculation. At planned levels of expenditure, the target level of free reserves for 2017/18 was between £175,000 and £200,000 (depending on our success in maintaining /growing project funding).

Total reserves for the year were £233,195 of which £60,000 related to designated funds leaving £173,195 as general unrestricted funds.

## Going concern

The Trustees believe that the charity's financial statements should be prepared on a going concern basis for the following reasons:

- ◆ unrestricted reserves are at the level required by our reserves policy;
- ◆ budget and cash flow forecasts prepared show that Woman's Trust has sufficient funds to meet its obligations for the next nine months and we have a fundraising plan, and fundraising resource, in place to raise funding beyond that time; and
- ◆ management information systems enable timely decision making.

## Future plans

Our medium-term goals remain:

- ◆ To keep the organisation on a robust and sustainable footing, by stepping up our fundraising effectiveness and maintaining our reserves at a level in line with our reserves policy;
- ◆ To play a significant part in the provision and improvement of person-centred services to women affected by domestic abuse across London;
- ◆ To raise the awareness of funders and providers of the prevalence of domestic abuse, its impact on women's mental health, and the benefit of the person-centred approach in addressing that impact; and
- ◆ Recognising that domestic abuse is part of a larger picture which includes sexual violence and child welfare, building on our expertise to support integrated approaches to these overlapping issues.

### Public benefit statement

Woman's Trust's charitable objects are to relieve women and children who are or have been affected by domestic abuse, by providing counselling and support services.

Woman's Trust's services have the following benefits:

- ◆ improving the mental health of women affected by domestic violence, reducing the likelihood that they will suffer from depression, post-traumatic stress syndrome, suicidal ideation, or any of the other mental health conditions associated with domestic abuse;
- ◆ empowering women affected by domestic violence to function better and to make better choices, enabling them to live fuller lives through, for example, better relationships with other family members and people outside the home, improved ability to work, to control their own finances and to take an active role in society;

## Woman's Trust

### Trustees' Report Year to 31 March 2018

- ◆ contributing towards the safety and emotional health of children whose families are affected by domestic violence;
- ◆ enabling women in abusive relationships to build their knowledge of support services, social networks and personal strength so that they can mitigate risk, plan for a safer future, and understand what services are available to them.

These benefits relate directly or indirectly to several charitable purposes including the advancement of health (primarily mental health), the advancement of human rights and citizenship, the relief of poverty and of those in need. In extreme cases, this can extend to saving lives as women are empowered to overcome the danger and damage caused by domestic violence.

Woman's Trust's services are only for women who are or have been affected by domestic abuse, but are not otherwise restricted in principle. In practice, there are certain restrictions:

- ◆ beneficiaries must be able to reach our offices or points of service delivery;
- ◆ where our funding is restricted to particular local authority or other geographical areas, beneficiaries must come from those areas. This restriction varies from time to time as funders change;
- ◆ counselling is available only in certain languages (including English);
- ◆ the needs of people with childcare (or other caring) responsibilities cannot always be met.

Woman's Trust seeks to overcome these restrictions where funding is available. All services are currently free to users and therefore there is no exclusion due to simple inability to pay.

All private benefits – to our staff, suppliers and volunteers – contribute directly to achieving Woman's Trust's aims.

For these reasons, the Trustees are confident that Woman's Trust meets the public benefit requirements for charities.

The board members have referred to the Charity Commission's general guidance on public benefit in reviewing the aims and objectives of the charity, in planning future activities and, in particular, how planned activities will contribute to those aims and objectives.

The above report has been prepared in accordance with the special provisions of Part 15 of the Companies Act 2006 relating to small companies.

Signed on behalf of the Trustees:

Sally Field

Chair

Approved by the Trustees on 19 September 2018

# Independent Examiner's Report to the Trustees of The Woman's Trust

I report on the accounts of the charitable company for the year ended 31st March 2018, which comprise the Statement of Financial Activities, Balance Sheet and related notes.

The financial statements have been prepared in accordance with the accounting policies set out in notes to the accounts and comply with the charities governing document, the Charities Act 2011 and Accounting & Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK & Republic of Ireland published on 16 July 2014.

## **Respective responsibilities of trustees and examiner**

The trustees (who are also the directors of the company for the purposes of company law) are responsible for the preparation of the accounts. The trustees consider that an audit is not required for this year under section 144(2) of the Charities Act 2011 (the 2011 Act) and that an independent examination is needed.

Having satisfied myself that the charity is not subject to audit under company law and is eligible for independent examination, it is my responsibility to:

- examine the accounts under section 145 of the 2011 Act;
- to follow the procedures laid down in the general Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act; and
- to state whether particular matters have come to my attention.

## **Basis of independent examiner's report**

My examination was carried out in accordance with the General Directions given by the Charity Commissioners. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and seeking explanation from you as trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit and consequently no opinion is given as to whether the accounts present a 'true and fair view' and the report is limited to those matters set out in the statement below.

## **Independent examiner's statement**

In connection with my examination, no matter has come to my attention:

(1) which gives me reasonable cause to believe that in any material respect the requirements:

- to keep accounting records in accordance with section 386 of the Companies Act 2006;
- to prepare accounts which accord with the accounting records, comply with the accounting requirements of section 396 of the Companies Act 2006 and with the methods and principles of the Statement of Recommended Practice: applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK & Republic of Ireland published on 16 July 2014.

have not been met; or

(2) to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.

Devonshire House  
60 Goswell Road  
London EC1M 7AD

**Shivani Kothari, FCCA. DChA**  
**For and on behalf of Kingston Smith LLP**

Date: 25/10/2018

**The Woman's Trust**  
**Statement of Financial Activities**  
**(incorporating the Income & Expenditure Account)**  
**For the year ended 31st March 2018**

	Note	Unrestricted Funds £	Restricted Funds £	2018 Total Funds £	Note 19 2017 Total Funds £
<b>Income and endowments from:</b>					
Donations	2	219,482	-	219,482	210,424
Charitable activities					
Grants and project funding	3	175,775	307,282	483,057	460,796
Other Income	4	3,045	-	3,045	1,322
Investment income	5	88	-	88	237
<b>Total income</b>		<b>398,390</b>	<b>307,282</b>	<b>705,672</b>	<b>672,779</b>
<b>Expenditure on:</b>					
Raising funds					
Fundraising costs	6	64,797	-	64,797	63,968
Charitable expenditure					
Provision of counselling and support services	7	337,112	301,215	638,327	588,954
<b>Total Expenditure</b>		<b>401,909</b>	<b>301,215</b>	<b>703,124</b>	<b>652,922</b>
<b>Net Income/(Expenditure)</b>	<b>9</b>	<b>(3,519)</b>	<b>6,067</b>	<b>2,548</b>	<b>19,857</b>
<b>Transfers between funds</b>		-	-	-	-
<b>Net Income/(Expenditure) for the Year</b>		<b>(3,519)</b>	<b>6,067</b>	<b>2,548</b>	<b>19,857</b>
<b>Total Funds as at 1st April</b>		<b>236,714</b>	<b>35,063</b>	<b>271,777</b>	<b>251,920</b>
<b>Total Funds as at 31st March</b>	<b>15,16</b>	<b>233,195</b>	<b>41,130</b>	<b>274,325</b>	<b>271,777</b>

**The Woman's Trust  
Balance Sheet  
As at 31st March 2018**

	Note	2018 £	2018 £	2017 £	2017 £
<b>Fixed Assets</b>					
Tangible assets	12		3,586		5,335
<b>Current Assets</b>					
Debtors	13	4,265		4,269	
Cash in hand and at bank		<u>370,380</u>		<u>335,908</u>	
		374,645		340,177	
<b>Creditors: Amounts falling due within one year</b>	14	<u>(103,906)</u>		<u>(73,735)</u>	
<b>Net Current Assets</b>			<u>270,739</u>		<u>266,442</u>
<b>Net Assets</b>			<u><u>274,325</u></u>		<u><u>271,777</u></u>
<b>Funds</b>					
Restricted funds	15		41,130		35,063
Unrestricted funds					
- Designated funds	16		60,000		60,000
- General fund			<u>173,195</u>		<u>176,714</u>
<b>Total Funds</b>			<u><u>274,325</u></u>		<u><u>271,777</u></u>

For the year ended 31 March 2018 the company was entitled to exemption from audit under section 477 of the Companies Act ("The Act") relating to small companies.

The members have not required the company to obtain an audit of its financial statements for the financial year in question in accordance with section 476 of the Act.

The directors acknowledge their responsibilities for complying with the requirements of the Companies Act 2006 with respect to accounting records and the preparation of financial statements.

These financial statements have been prepared in accordance with the provisions applicable to companies subject to the small companies' regime.

Approved by the Trustees on 19 September 2018  
and signed on their behalf by:

**Trustee** - Sally Field

**Company Registration Number: 06886781 (England and Wales)**

**The Woman's Trust**  
**Statement of Cash Flows**  
**For the year ended 31st March 2018**

	Note	2018 £	2017 £
<b>Net Cash Inflow/(Outflow) from Operating Activities</b>	<b>A</b>	<u>36,890</u>	<u>53,567</u>
Investment income		88	237
Purchase of tangible fixed assets		(2,506)	
<b>Net Cash Inflow/(Outflow) from Returns on Investment Activities</b>		<u>(2,418)</u>	<u>237</u>
<b>Change in cash and cash equivalents in the year</b>		<u>34,472</u>	<u>53,804</u>
<b>Cash and cash equivalents at 1 April 2017</b>		335,908	282,104
<b>Cash and cash equivalents at 31 March 2018</b>	<b>B</b>	<u><u>370,380</u></u>	<u><u>335,908</u></u>

**Notes to the statements of cash flows for the year to 31 March 2018**

**A Reconciliations of net movement in funds to net cash provided by (used in) operating activities**

	2018 £	2017 £
<b>Net movement in funds</b>	2,548	19,857
<b>Adjustments for:</b>		
Depreciation	4,255	4,330
Investment income	(88)	(237)
(Increase)/ decrease in debtors	4	12,132
Increase/(decrease) in creditors	<u>30,171</u>	<u>17,485</u>
<b>Net cash (used in) provided by operating activities</b>	<u><u>36,890</u></u>	<u><u>53,567</u></u>

**B Analysis of cash and cash equivalents**

	2018 £	2017 £
<b>Total cash and cash equivalents:</b> cash at bank and in hand	<u><u>370,380</u></u>	<u><u>335,908</u></u>

**The Woman's Trust**  
**Notes to the Financial Statements**  
**For the year ended 31st March 2018**

**1 Accounting Policies**

**Accounting Convention**

The financial statements have been prepared under the historical cost convention and in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102). The company is a public benefit entity for the purposes of FRS 102 and a registered charity established as a company limited by guarantee and therefore has also prepared its financial statements in accordance with the Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (The FRS 102 Charities SORP), the Companies Act 2006 and Charities Act 2011. The financial statements are prepared in sterling, which is the functional currency of the charity. Amounts presented are rounded to the nearest pound.

**Going Concern**

The trustees have assessed whether the use of going concern is appropriate and have considered possible events or conditions that might cast significant doubt on the ability of the charitable company to continue as a going concern. The trustees have made this assessment for a period of at least one year from the date of the approval of these financial statements. In particular, the trustees have considered the charitable company's forecasts and projections and have taken account of pressures on income. After making enquiries, the trustees have concluded that there is a reasonable expectation that the charitable company has adequate resources to continue in operational existence for the foreseeable future. The charitable company therefore continues to adopt the going concern basis in preparing its financial statements.

**Critical accounting estimates and areas of judgement**

Preparation of the accounts requires the Trustees to make significant judgements and estimates.

The items in the accounts where these judgements and estimates have been made are in estimating the useful economic life of tangible fixed assets.

**Income**

Income is recognised in the period in which the charity is entitled to receipt and the amount can be measured with reasonable certainty and it is probable that the income will be received.

Grants from government and other agencies have been included as income from charitable activities where these amount to a contract for services, but as donations where the money is given in response to an appeal or with greater freedom of use, for example monies for core funding.

Donated services comprise time donated to the charity by various counsellors, and the value of these services is estimated based on the number of sessions attended.

Donated rooms comprise rooms donated to the charity by various providers, and the value is estimated based on the number of hours the rooms are reserved to provide counselling services.

**The Woman's Trust**  
**Notes to the Financial Statements**  
**For the year ended 31st March 2018**

**Resources Expended**

Expenditure is included in the statement of financial activities when incurred and includes any attributable Vat which cannot be recovered.

Charitable expenditure comprises expenditure on the charity's primary charitable purposes i.e. providing counselling and other services for women who have been subject to domestic violence.

**Tangible Fixed Assets and Depreciation**

Tangible fixed assets are stated at cost less depreciation. Depreciation is provided at rates calculated to write off the cost less estimated residual value of each asset as follows:

Furniture & Equipment      25% straight line

Assets are depreciated for a whole year in the year of acquisition and not at all in the year of disposal. Items costing less than £500 are not treated as fixed assets but instead are charged as expenses in the year in which they are purchased.

**Financial Instruments**

***Cash and***

Cash and cash equivalents include cash at banks and in hand and short term deposits with a maturity date of three months or less.

***Debtors and other receivables***

Debtors are recognised at their settlement amount, less any provision for non-recoverability. Prepayments are valued at the amount prepaid. They have been discounted to the present value of the future cash receipt where such discounting is material.

***Creditors***

Creditors and provisions are recognised when there is an obligation at the balance sheet date as a result of a past event, it is probable that a transfer of economic benefit will be required in settlement, and the amount of the settlement can be estimated reliably. Creditors and provisions are recognised at the amount the charity anticipates it will pay to settle the debt. They have been discounted to the present value of the future cash payments where such discounting is material.

**Fund Accounting**

The unrestricted general funds comprise the monies which may be used towards meeting the charitable objectives of the charity and which may be applied at the discretion of the Trustees. Within unrestricted funds, certain funds have been designated by the Trustees for specific purposes. Details of these are given in note 15 to the financial statements.

Restricted funds comprise monies raised for, or their use restricted to, a specific purpose, or contributions subject to donor imposed restrictions.

**Operating Leases**

Rentals applicable to operating leases where substantially all of the benefits and risks of ownership remain with the lessor are charged to the statement of financial activities as incurred.

**Pension Costs**

Contributions to employees' personal pension plans and to stakeholder schemes are recognised in the statement of financial activities when payable.

**The Woman's Trust**  
**Notes to the Financial Statements**  
**For the year ended 31st March 2018**

<b>2 Donations</b>	<b>Unrestricted 2018 £</b>	<b>Unrestricted 2017 £</b>
<b>The donations are made up as follows:</b>		
<b>General donations</b>	72,547	81,359
<b>Donated services</b>		
- Counselling rooms	31,495	32,225
- Counselling services	115,440	96,840
<b>Total</b>	<u>219,482</u>	<u>210,424</u>

Donated services comprise:

- Time donated to the charity by various counsellors, the value estimated based on the number of sessions attended at £30 per session.
- Rooms donated to the charity by various providers, the value estimated based on the numbers of hours (£10 per hour) for which the rooms are reserved to provide

**3 Charitable Activities**

**Charitable activities are made up of grants and project funding as follows:**

	<b>2018 £</b>	<b>2017 £</b>
City Bridge Trust	18,750	25,000
Garfield Weston Foundation	15,000	15,000
Kensington & Chelsea Social Council	6,187	8,663
Lloyds Bank Foundation, England and Wales	24,000	24,000
London Catalyst Samaritan Grant	-	1,000
NHS West London CCG	27,361	26,103
Peter Stebbings Memorial Charity	15,000	20,000
RBKC - Children and Families	26,500	26,500
The Everest Trust	5,000	4,000
The Henry Smith Charity	30,000	-
The Kensington and Chelsea Foundation	-	-
The Goldsmith's Company Charity	3,000	3,000
The Tudor Trust	-	30,000
Westway Trust	-	2,500
Edward Harvist Trust	2,977	-
Austin & Hope Pilkington Trust	1,000	-
Clarke Charitable Settlement	1,000	-
Other	-	2,000
<b>Unrestricted funds</b>	<u>175,775</u>	<u>187,766</u>

**The Woman's Trust**  
**Notes to the Financial Statements**  
**For the year ended 31st March 2018**

<b>3 Charitable Activities (continued)</b>	<b>2018</b>	<b>2017</b>
	<b>£</b>	<b>£</b>
Ajahma Charitable Trust	-	6,000
Angelou Transformation Fund	3,250	-
Big Lottery Fund - Support Groups	93,203	107,968
Big Lottery Fund - Counselling	99,238	97,824
Charles Hayward Foundation	20,000	-
Charles S French Charitable Trust	-	2,000
Co-op Community Foundation	9,123	-
East End Community Foundation	7,000	-
Edward & Bishops Kings Fulham Charity	-	5,000
Gowling WLG	-	1,000
Hackney Parochial Charities	-	-
Hackney Small Grant	14,906	14,471
Hyde Park Place Estate Charity	5,000	-
Joseph Levy Foundation	10,000	-
Kensington & Chelsea Foundation	6,000	-
Lancaster Hotel	-	3,000
LB of Hammersmith and Fulham	-	5,000
London Catalyst Samaritan Grant	-	-
Marylebone Hotel	3,000	-
Marylebone Trust Fund	2,000	-
Matrix Causes Fund	2,520	2,520
Mrs Smith & Mount Trust	5,000	-
South Hackney Parochial Charity	-	-
Strand Parishes Trust	5,155	5,295
Standing Together	-	5,000
The Daisy Trust	-	2,736
The Wakefield and Tetley Trust	-	-
West Hackney Parochial Charity	-	-
Westminster Dept for Communities and Local Government	19,387	-
Westminster Foundation	2,500	-
Westminster Amalgamated Charity	-	10,000
Zurich Community	-	5,216
	<hr/>	<hr/>
<b>Restricted funds</b>	<b>307,282</b>	<b>273,030</b>
	<hr/>	<hr/>
<b>Total</b>	<b>483,057</b>	<b>460,796</b>
	<hr/>	<hr/>
<b>4 Other Income</b>	<b>Unrestricted</b>	<b>Unrestricted</b>
	<b>2018</b>	<b>2017</b>
	<b>£</b>	<b>£</b>
<b>Other income is made up as follows:</b>		
Non-refundable counsellors' deposits	2,125	475
Training income (counselling sessions)	-	735
Other miscellaneous income (room hire)	920	112
	<hr/>	<hr/>
<b>Total</b>	<b>3,045</b>	<b>1,322</b>
	<hr/>	<hr/>

**The Woman's Trust**  
**Notes to the Financial Statements**  
**For the year ended 31st March 2018**

<b>5 Investment Income</b>	<b>Unrestricted 2018 £</b>	<b>Unrestricted 2017 £</b>
Bank interest received	<u>88</u>	<u>237</u>
<b>6 Raising funds</b>	<b>Unrestricted 2018 £</b>	<b>Unrestricted 2017 £</b>
Staff costs (note 10)	63,261	62,161
Other costs	<u>1,536</u>	<u>1,807</u>
	<u>64,797</u>	<u>63,968</u>

**The Woman's Trust**  
**Notes to the Financial Statements**  
**For the year ended 31st March 2018**

**7 Charitable Expenditure**

Charitable expenditure comprises costs associated with the provision of counselling and support services, and are classified below.

	Unrestricted Funds £	Restricted Funds £	2018 £	Unrestricted Funds £	Restricted Funds £	2017 £
<b>Direct Costs:</b>						
Staff costs (note 10)	26,302	137,258	<b>163,560</b>	38,338	131,311	<b>169,649</b>
Childcare and client hardship	1,976	2,670	<b>4,646</b>	1,293	3,252	<b>4,545</b>
Counselling supervisors and training	7,414	28,263	<b>35,677</b>	9,139	26,737	<b>35,876</b>
Paid counsellor's fees	2,419	6,481	<b>8,900</b>	-	-	<b>-</b>
Room and equipment hire	16,203	28,210	<b>44,413</b>	15,000	24,870	<b>39,870</b>
Volunteer training and expenses	2,022	10,341	<b>12,363</b>	4,042	10,576	<b>14,618</b>
Workshop expenses	6,204	9,572	<b>15,776</b>	4,731	11,569	<b>16,300</b>
Donated counselling services (note 2)	115,440	-	<b>115,440</b>	96,840	-	<b>96,840</b>
Donated counselling rooms (note 2)	31,495	-	<b>31,495</b>	32,225	-	<b>32,225</b>
Initial session costs	-	-	<b>-</b>	240	237	<b>477</b>
Paid assessor's fees	1,733	4,250	<b>5,983</b>	-	1,665	<b>1,665</b>
Other direct costs	568	5,937	<b>6,505</b>	1,026	5,904	<b>6,930</b>
	<u>211,776</u>	<u>232,982</u>	<u><b>444,758</b></u>	<u>202,874</u>	<u>216,121</u>	<u><b>418,995</b></u>
<b>Premises Costs:</b>			<b>-</b>			<b>-</b>
Rent and rates	23,528	-	<b>23,528</b>	22,986	-	<b>22,986</b>
<b>Administrative costs:</b>						
Staff costs (note 10)	92,061	36,411	<b>128,472</b>	67,668	40,405	<b>108,073</b>
Office overheads	-	31,822	<b>31,822</b>	494	30,296	<b>30,790</b>
Governance costs (note 8)	9,747	-	<b>9,747</b>	8,110	-	<b>8,110</b>
<b>Total</b>	<u><u>337,112</u></u>	<u><u>301,215</u></u>	<u><u><b>638,327</b></u></u>	<u><u>302,132</u></u>	<u><u>286,822</u></u>	<u><u><b>588,954</b></u></u>

**The Woman's Trust**  
**Notes to the Financial Statements**  
**For the year ended 31st March 2018**

<b>8 Governance Costs</b>	<b>Unrestricted 2018 £</b>	<b>Unrestricted 2017 £</b>
Accountancy	3,300	3,300
Staff costs (note 10)	6,447	4,810
<b>Total</b>	<u><u>9,747</u></u>	<u><u>8,110</u></u>

**9 Net Movement in Funds**

This is stated after charging:

	<b>2018 £</b>	<b>2017 £</b>
Staff costs (note 10)	361,741	344,693
Independent examiner's fees (including VAT)	3,300	3,300
Depreciation	4,255	4,330
Operating lease rentals	<u>24,262</u>	<u>26,286</u>

**10 Staff Costs**

	<b>2018 £</b>	<b>2017 £</b>
Staff costs during the year were as follows:		
Wages and salaries	320,492	303,461
Social security costs	21,913	21,400
Employer's pension contributions	9,229	6,893
	<u>351,634</u>	<u>331,754</u>
Self employed staff	2,607	3,715
Other staff related costs (training, supervision, and	6,280	5,008
Staff recruitment	1,220	4,216
	<u><u>361,741</u></u>	<u><u>344,693</u></u>
	<b>2018 £</b>	<b>2017 £</b>

Staff costs by function were as follows:

Fundraising	63,261	62,161
Provision of counselling and support services	171,125	169,649
Administration	120,908	108,073
Governance	6,447	4,810
	<u><u>361,741</u></u>	<u><u>344,693</u></u>

**The Woman's Trust**  
**Notes to the Financial Statements**  
**For the year ended 31st March 2018**

**10 Staff Costs (continued)**

No employee earned £60,000 per annum or more (including benefits) during the year (2017: none).

The average number of employees during the year was 18 (2017: 15).

The key management personnel of the charity in charge of directing and controlling, running and operating the charity on a day to day basis comprise the Trustees, the Chief Executive, the Fundraising and Development Manager and the Therapeutic Services Manager and Deputy Therapeutic Services Manager . The total remuneration (including taxable benefits but excluding employer's pension contributions) of the key management personnel for the year was

No Trustee received any remuneration in respect of their services as a trustee during the year (2017: none). No expenses were reimbursed to Trustees during

**11 Taxation**

Woman's Trust is a registered charity and therefore is not liable to income tax or corporation tax on income derived from its charitable activities, as it falls within the various exemptions available to registered charities.

**12 Tangible Fixed Assets**

	<b>Furniture &amp; Equipment</b>
<b>Cost</b>	
At 1 April 2017	63,934
Additions	<u>2,506</u>
At 31 March 2018	<u><b>66,440</b></u>
<b>Depreciation</b>	
At 1 April 2017	58,599
Charge for the year	<u>4,255</u>
At 31 March 2018	<u><b>62,854</b></u>
<b>Net Book Value</b>	
At 31 March 2017	<u>5,335</u>
<b>At 31 March 2018</b>	<u><u><b>3,586</b></u></u>

**13 Debtors**

	<b>2018</b>	<b>2017</b>
	<b>£</b>	<b>£</b>
Debtors and prepayments	495	531
Accrued income	<u>3,770</u>	<u>3,738</u>
	<u><u>4,265</u></u>	<u><u>4,269</u></u>

**The Woman's Trust**  
**Notes to the Financial Statements**  
**For the year ended 31st March 2018**

**14 Creditors: amounts falling due within one year**

	<b>2018</b>	<b>2017</b>
	<b>£</b>	<b>£</b>
Accruals	4,813	6,768
Deferred income	75,143	49,250
Other creditors	23,950	17,717
<b>Total</b>	<u><u>103,906</u></u>	<u><u>73,735</u></u>

Deferred income represents funds received in advance from Garfield Weston £15k, Didymus £4k, The London Catalyst £3k, Newham Seed Fund £4,472, Lancaster London £3k, Wakefield & Tetley Trust £8k, The Daisy Trust £2,008, Dr E & B Kings Fulham charity £5,663 and Henry Smith £30k to be spent on Woman's Trust activities.

	<b>2018</b>	<b>2017</b>
	<b>£</b>	<b>£</b>
Amount brought forward	49,250	25,881
Released in year	(49,250)	(25,881)
Deferred in year	<u>75,143</u>	<u>49,250</u>
<b>Amount carried forward</b>	<u><u>75,143</u></u>	<u><u>49,250</u></u>

**The Woman's Trust**  
**Notes to the Financial Statements**  
**For the year ended 31st March 2018**

**15 Restricted Funds**

	At 1 April 2017 £	Income £	Expenditure £	At 31 March 2018 £
Ajahma Charitable Trust	4,500	-	4,500	
Angelou Transformation Fund		3,250	3,250	-
Big Lottery Fund – East London Counselling	12,543	99,238	111,781	-
Big Lottery Fund – Support Groups	6,071	93,203	83,745	15,529
Charles Hayward Foundation		20,000	9,307	10,693
Charles S French Charitable Trust	2,000		2,000	-
Co-op Community Foundation		9,123	9,123	-
East End Community Foundation	-	7,000	7,000	-
Gowling WLG	1,000		1,000	-
Hackney Small Grant	23	14,906	14,929	-
Hyde Park Place Estate charity		5,000	5,000	-
Joseph Levy Foundation		10,000	10,000	-
Kensington & Chelsea Foundation		6,000	6,000	-
LB of Hammersmith & Fulham	5,000		5,000	-
Matrix Causes Fund	-	2,520	2,520	-
Marylebone Hotel		3,000	3,000	-
Marylebone Trust Fund		2,000	2,000	-
Mrs Smith & Mount Trust	-	5,000	2,891	2,109
Strand Parishes Trust		5,155	5,155	-
Standing Together	1,557		1,557	-
The Albert Hunt Trust	-			-
The Daisy Trust	702	-	702	-
Westminster Amalgamated Charity	1,667		1,667	-
Westminster Dept for Communities and Local Government	-	19,387	6,588	12,799
Westminster Foundation		2,500	2,500	-
	<u>35,063</u>	<u>307,282</u>	<u>301,215</u>	<u>41,130</u>

**The Woman's Trust**  
**Notes to the Financial Statements**  
**For the year ended 31st March 2018**

**15 Restricted Funds (continued)**

Purposes of Restricted Funds

The restricted resources comprise donations and grants from individuals or organisations to be expended for the continuation of counselling projects and groups

**16 General funds**

The general funds of the charity include the following designated funds which have been set aside out of unrestricted funds by the Trustees for specific purposes:

	<b>At 1 April 2017 £</b>	<b>Income £</b>	<b>Expenditure £</b>	<b>At 31 March 2018 £</b>
Provision of counselling service - projects	22,500	25,250	22,500	25,250
Projects - operational costs	37,500	34,750	37,500	34,750
	<u>60,000</u>	<u>60,000</u>	<u>60,000</u>	<u>60,000</u>
General Funds	176,714	338,390	341,909	173,195
Total General Funds	<u>236,714</u>	<u>398,390</u>	<u>401,909</u>	<u>233,195</u>

**The Woman's Trust**  
**Notes to the Financial Statements**  
**For the year ended 31st March 2018**

**17 Analysis of net assets between funds**

	<b>General Funds £</b>	<b>Restricted Funds £</b>	<b>Total 2018 £</b>
Fixed assets	3,586	-	3,586
Current assets	286,871	86,273	373,144
Creditors: amounts falling due within one year	<u>(57,262)</u>	<u>(45,143)</u>	<u>(102,405)</u>
	<u><u>233,195</u></u>	<u><u>41,130</u></u>	<u><u>274,325</u></u>

**18 Lease commitments**

At 31 March 2018 Woman's Trust had total commitments under operating leases on land and buildings as follows:

	<b>2018 £</b>	<b>2017 £</b>
Within one year	51,000	51,000
Within two to five years	<u>60,641</u>	<u>111,641</u>
	<u><u>111,641</u></u>	<u><u>162,641</u></u>

**The Woman's Trust**  
**Statement of Financial Activities**  
**(incorporating the Income & Expenditure Account)**  
**For the year ended 31st March 2018**

**19 Prior Year Statement of Financial Activities**

	Note	Unrestricted Funds £	Restricted Funds £	2017 Total Funds £
<b>Income and endowments from:</b>				
Donations	2	210,424	-	210,424
Charitable activities	3	187,766	273,030	460,796
Other Activities	4	1,322	-	1,322
Investment income	5	237	-	237
<b>Total income</b>		<u>399,749</u>	<u>273,030</u>	<u>672,779</u>
<b>Expenditure on:</b>				
Raising Funds	6	63,968	-	63,968
Charitable Expenditure	7	302,132	286,822	588,954
<b>Total Expenditure</b>		<u>366,100</u>	<u>286,822</u>	<u>652,922</u>
<b>Net Income/(Expenditure)</b>	9	33,649	(13,792)	19,857
<b>Transfers between funds</b>		-	-	-
<b>Net Income/(Expenditure) for the Year</b>		<u>33,649</u>	<u>(13,792)</u>	<u>19,857</u>
<b>Total Funds as at 1st April</b>		<u>203,065</u>	<u>48,855</u>	<u>251,920</u>
<b>Total Funds as at 31st March</b>	15,16	<u><u>236,714</u></u>	<u><u>35,063</u></u>	<u><u>271,777</u></u>

There are no recognised gains and losses other than those passing through the statement of financial activities account. All incoming resources and resources expended derive from continuing activities.

**The Woman's Trust**  
**Detailed analysis of income and expenditure**  
**For the year ended 31st March 2018**

**This page does not form part of the statutory financial statements**

	<b>2018</b>	<b>2017</b>
	<b>£</b>	<b>£</b>
<b><u>INCOME</u></b>		
Grants receivable	483,057	460,796
Gifts and donations	62,291	75,085
Fundraising events	10,256	6,274
Interest receivable	88	237
Donated counselling rooms	31,495	32,225
Donated counselling services	115,440	96,840
Donated goods		1,322
Other income	3,045	-
<b>Total income</b>	<b><u>705,672</u></b>	<b><u>672,779</u></b>
<b><u>EXPENDITURE</u></b>		
Fundraising costs (excluding staff costs)	<b><u>1,536</u></b>	<b><u>1,808</u></b>
<b>Direct charitable costs</b>		
Childcare and hardship	4,646	4,545
Counselling supervision	44,577	35,876
Room and equipment hire	44,413	39,870
Volunteer training and expenses	12,363	14,618
Workshop running expenses	15,776	16,300
Donated counselling rooms	31,495	32,225
Donated counselling services		96,840
Donated goods	115,440	-
Initial sessions cost	5,983	2,142
Other direct costs	6,505	6,930
	<b><u>281,198</u></b>	<b><u>249,346</u></b>
<b>Staff costs</b>		
Staff salaries (including social security)	342,405	324,861
Staff pension costs	9,229	6,893
Staff supervision	4,100	4,248
Staff recruitment	1,220	4,216
Staff training and travel	2,180	760
Self-employed staff	2,607	3,715
	<b><u>361,741</u></b>	<b><u>344,693</u></b>
<b>Premises costs</b>		
Rent and rates	<b><u>24,262</u></b>	<b><u>26,286</u></b>
<b>Administration and governance costs</b>		
Independent examiner fees	3,300	3,300
Non capitalised equipment	2,131	825
Insurance	2,554	2,540
Membership and subscriptions	2,074	1,752
Printing, postage and stationary	2,290	3,915
Telephone expenses	4,542	5,512
IT support and maintenance	5,338	3,999
Depreciation	4,255	4,330
Sundry	7,903	4,616
	<b><u>34,387</u></b>	<b><u>30,789</u></b>
<b>Total expenditure</b>	<b><u>703,124</u></b>	<b><u>652,922</u></b>
<b>Net income/ (expenditure) for the year</b>	<b><u>2,548</u></b>	<b><u>19,857</u></b>